

coop deals

NOV 29 - DEC 19, 2023

more bacon, please

Hardwood smoked bacon is here to transform a sandwich, scramble or skillet for a delicious meal. Applegate Naturals® Sunday Bacon® is antibiotic-free and on sale, so visit the co-op for this sizzling deal today!



4.69

**Applegate
Sunday Bacon**
8 oz.

SAVE 31%



2/\$3

**Muir Glen
Organic Tomatoes**
14.5-15 oz.,
selected varieties

SAVE 40%



3.99

**White Mountain
Organic Bulgarian
Yogurt**
16 oz.

SAVE 27%



2/\$6

**Maya Kaimal
Organic Everyday
Dal Entrees**
10 oz., selected varieties

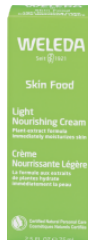
SAVE 37%



4.49

**Nature's Path
Organic
Gluten
Free Oatmeal**
11.3 oz., selected varieties

SAVE 23%



13.99

**Weleda
Skin Food Light
Nourishing
Cream**
2.5 oz

SAVE 26%



Cooperatively Owned

4.99

**Equal Exchange
Organic
Chocolate Chips**
10 oz., selected varieties

SAVE 29%



Community
FOOD CO-OP
good local food

50
YEARS



3.79

Organic Valley
Cream Cheese
8 oz.,
selected varieties



4.49

Organic Valley
Parmesan
Cheese
4 oz.,
selected varieties



4.49

Organic Valley
Shredded Cheese
4-6 oz.,
selected varieties



5.49

Organic Valley
Raw Cheese
8 oz., selected varieties



*organic
and delicious*

At **Organic Valley**, we produce nourishing food on small organic family farms where families manage the care of animals and the Earth. Our products are always organic and a delicious choice for your holiday dish.



2.79

Hail Merry
Snack Cups
1.5 oz., selected varieties



7.49

Woodstock
Organic Filled Pasta
20 oz., selected varieties



7.99

Evolution Fresh
Fruit Juices
59 fl. oz., selected varieties



2/\$5

Kevita
Organic Probiotic
Drink
15.2 fl. oz., selected
varieties



2/\$5

Nasoya
Organic Tofu
Extra Firm
14 oz.



3.49

Nancy's
Organic Cultured
Cream Cheese
8 oz.

Ingredients for delicious meals are at the co-op.

INCLUSIVE TRADE PARTNER



Foodies Vegan is a woman-owned company that specializes in making Pumfu, a meat/tofu alternative made from organic pumpkin seeds.

4.99

**Foodies Vegan
Pumfu**

8 oz., selected varieties



4.99

**Talenti
Gelato**

1 pt., selected varieties

INCLUSIVE TRADE PARTNER



Starlite Cuisine is a multi-generational, diverse-owned company that makes great-tasting, convenient vegan products.

5.99

**Starlite Cuisine
Frozen Plant-based
Appetizers**

12-14 oz., selected varieties

SAVE 33%



5.49

**Natural Sea
Premium Cod
Sticks or Fillets**

8 oz.



4.99

**Miyoko's Creamery
Organic Plant Milk Cheese
Spread**

8 oz., selected varieties

SAVE 33%

*we love to
cook for you*

At **Amy's**, we source the best organic ingredients and take the time to perfect our recipes to make sure each bite tastes delicious.



2/\$8

**Amy's
Soup**
14-14.7 oz.,
selected varieties



2/\$6

**Amy's
Burritos**
5.5-6 oz.,
selected varieties

SAVE 30%



5.99

**Amy's
Frozen Meals**
8.25-10.3 oz.,
selected varieties



8.99

**Amy's
Pizza**
12-13 oz.,
selected varieties

The co-op has something for the whole family.



2/\$6

Equal Exchange Organic Chocolate Bars
2.8-3.5 oz., selected varieties



6.49

Equal Exchange Organic Hot Cocoa Mix
12 oz., selected varieties



2/\$7

Equal Exchange Organic Tea
20 ct., selected varieties

SAVE 36%



9.99

Equal Exchange Organic Coffee
10-12 oz., selected varieties



*sustainably sourced,
expertly roasted*

COOPERATIVELY OWNED

Equal Exchange continues to build a more equitable and sustainable way of bringing delicious products to your table. Our coffee is thoughtfully sourced from innovative farmer cooperatives and organically grown with care for the surrounding ecosystem. Our worker-owned cooperative supports long-term partnerships that help keep small farming families thriving!



2/\$7

R.W. Knudsen Organic Very Veggie Juice
32 fl. oz., selected varieties



4.99

Udi's Gluten-free Bread and Bagels
12-14.3 oz., selected varieties



5.99

Pamela's Gluten-free Pancake & Baking Mix
24 oz.

SAVE 39%

100% plant based, 100% delicious



Our nut-free Oatmeal Chocolate Chip MacroBar® combines gluten-free oats, a dash of vanilla and organic chocolate chips for a just-sweet-enough flavor that will leave you satisfied and energized!

2/\$5

Gomacro Organic Macrobar
2-2.3 oz., selected varieties



6.49

Food For Life Organic Ezekiel 4:9 Original Cereal
16 oz.



everyday low price

20.99

Field Day Organic Grade A Dark Color Maple Syrup
32 fl. oz.

Great morning meals start at the co-op.

INCLUSIVE TRADE PARTNER

Miss Jones Baking Co. is a woman-owned company. We make baking mixes and frosting without artificial flavors or hydrogenated oils.



5.49 Miss Jones Baking Co. Frosting
11.29 oz., selected varieties



4.49
Wholesome Organic Brown Sugar
24 oz., selected varieties
SAVE 31%



5.49
Endangered Species Oatmilk Dark Chocolate Baking Chips
10 oz.



6.49
Bob's Red Mill Organic Flour
5 lbs.



everyday low price
6.99
Field Day Organic All-purpose Flour
5 lbs.



7.49
Navitas Organics Cacao Powder
8 oz.



4.99
Pamela's Organic Gluten Free Chocolate Cake Mix
21 oz.
SAVE 36%

only the best

Simple, natural ingredients you could find in your kitchen are brought together under the highest-quality standards.

4.99

Bonne Maman Preserves

SPECIAL ORDERS ONLY
13 oz. each, cases of 6
088702-015638, 088702-015652



INCLUSIVE TRADE PARTNER



Simple Mills is a woman-owned company. We make grain-free products that are nutrient-dense and delicious, with nothing artificial — ever.

7.49
Simple Mills Gluten Free Brownie Mix
12.9 oz.

The co-op has what you need for holiday baking.



6.49

Equal Exchange
Organic Dark Hot
Cocoa
12oz



2/\$8

Santa Cruz
Organic
Apple Sauce
23 oz., selected varieties



3.79

Bar Harbor
Smoked Skinless
Boneless Sardine
Fillets
6.7 ounce



6.99

Lakewood
Organic Pineapple
Juice
32 fl. oz., selected
varieties



6.99

Rao's Homemade
Pasta Sauce
24 oz., selected varieties
SAVE 36%



11.99

Truff
Black Truffle
Infused Hot Sauce
6 oz., selected varieties



every kitchen's favorite staple

From our California farmers and wonderful partner growers in Argentina, Chile and Portugal, this artfully balanced and blended extra virgin olive oil makes a perfect go-to for everyday cooking.

9.99

California Olive Ranch
Global Blend Extra Virgin
Olive Oil
16.9 fl. oz.



2/\$6

Safe Catch
Elite Wild Tuna
5 oz.

scoop up the savings in bulk!



2.29

Organic
Yellow Popcorn
per pound in bulk



6.49

Organic
Walnut Halves
& Pieces
per pound in bulk



7.99

Organic
Roasted &
Salted Pistachios
per pound in bulk

Shop in bulk at the co-op.



a time to share

SCAN FOR HOLIDAY RECIPES

Whether you're planning to entertain guests, mixing seasonally inspired cocktails or looking for something new to make for the holidays, go to grocery.coop (or just scan the QR code) and find a host of ideas to get your mouth watering. From appetizers to comforting soups and stews to festive drinks, the co-op has all the ingredients you'll need.



2.29

The Mountain Valley Water
33.8 fl. oz.,
selected varieties



2.79

Sesmark Rice Thins
3.2-4.25 oz.,
selected varieties



3.29

Pacific Foods Organic Almond Beverage
32 fl. oz.,
selected varieties

Regenerative Organic Certified®!



The highest standard for farming! Our coconuts are grown in healthy, biodiverse, carbon-rich soil by well-treated, fairly paid farmers. A rich and nutty flavor, great for body care, too!

14.99

Dr. Bronner's Organic Whole Kernel Virgin Coconut Oil
30 fl. oz.



3.49

Divina Stuffed Grape Leaves
7 oz.

SAVE 42%



4.99

Maille Mustard
7.3-7.5 oz.,
selected varieties

Enjoy great food from the co-op together.



2/\$4

**Little Secrets
Crispy Wafers**
1.4 oz., selected varieties

real. delicious. chocolate.

This year, ESC celebrates 30 years of giving forward. Our dedication has never wavered from creating delicious chocolate with responsibly sourced ingredients. We give 10% of profits forward to protecting species, habitats and humanity around the globe.



2.49

**Good Health
Peanut Butter
Filled Pretzels**
5 oz.

2/\$5

**Endangered Species
Chocolate Bars**
3 oz., selected varieties



3.79

**Late July
Tortilla Chips**
7.5-7.8 oz.,
selected varieties



3.29

**Let's Do Organic
Organic Sweet
Condensed Milk**
7.4 oz

simplified snacking the Swedish way



Starting with a few simple ingredients, Wasa crispbreads are baked to perfection and deliver a hearty crunch. Available in 10 varieties, Wasa crispbreads are the perfect canvas for any toppings. Certified non-GMO and carbon neutral.

2/\$6

**Wasa
Crispbread**
9.5-9.7 oz., selected varieties



5.99

**Reed's
Ginger Brew**
4 pk.-12 fl. oz. bottles,
selected varieties



3.99

**Newman's Own
Fig Newmans**
10 oz., selected varieties
SAVE 31%

Grab your favorite snacks at the co-op.



3/\$5

Justin's
Organic Nut Butter Cups
1.32-1.4 oz., selected varieties



merry 'n' bold

Make great memories around the bold taste of Kettle Brand.

2/\$6

Kettle Brand
Potato Chips
4.25-5 oz., selected varieties
SAVE 30%



3.99

Tony's Chocolonely
Chocolate Bars
6.35 oz., selected varieties



3.79

Hu
Organic
Chocolate Bar
2.1 oz., selected varieties

SAVE 31%

so real, it's unreal

Everything UNREAL makes is according to three standards: it has to taste UNREAL. It has to be made with simple ingredients and it has to have way less sugar!

4.49

Unreal
Chocolate Gems
and Bars

3.4-5 oz., selected varieties



2/\$7

Blue Diamond
Nut Thins
4.25 oz., selected varieties

Find a sweet or savory treat at the co-op.



2.49 Green Forest
Facial Tissue
175 ct.



7.99
Biokleen
Bac-Out
Bathroom
Cleaner
32 oz.



10.99
Biokleen
Liquid Laundry
Detergent
64 fl. oz., selected
varieties



7.99
Hyland's Naturals
Kids Cold &
Cough
4 fl. oz., selected
varieties



12.99
Nordic Naturals
Lemon Omega-3
Fish Oil
60 ct.



12.99
Zand
Elderberry Zinc
Gummies
60 ct.



19.99
Enzymedica
Digest Gold
45 ct.
SAVE 39%



20.99
Gaia Herbs
Organic Black
Elderberry Nighttime
Syrup
5.4 oz.
SAVE 30%



29.99
Host Defense
Organic
MyCommunity
Comprehensive
Immune Support
60 ct.



winter warm-up

SPICED HOT COCOA

Serves 2. Prep time: 5 minutes active; 7 minutes total.

scan for more recipes



2 tablespoons raw cocoa
1 teaspoon ground cinnamon
½ teaspoon ground ginger
½ teaspoon ground turmeric
¼ teaspoon ground black pepper
¼ teaspoon ground cardamom
¼ teaspoon ginseng powder (optional)
2 cups almond milk or other milk
2 tablespoons maple syrup

1. In a small pot, combine the cocoa, cinnamon, ginger, turmeric, black pepper, cardamom and ginseng (if desired). Whisk to mix well.
2. Whisk in the milk then the maple syrup.
3. Place over medium heat and stir until the cocoa is hot, but not boiling, about 2 minutes. Serve immediately.

Find health and vitality support at the co-op.



29.99

Garden of Life
Dr. Formulated Probiotics
Women's Once Daily
30 ct., selected varieties
SAVE 32%

Pure-Castile bar soap

Soft, smooth lather moisturizes face-body-hands-hair! Made with certified organic oils to nourish skin. Plant-based and biodegradable bar soap, wrapped in post-consumer recycled (PCR) paper, cleans body-mind-soul!

2/\$7

Dr. Bronner's
Pure Castile Bar Soap
5 oz., selected varieties



3.99

Organic India
Tulsi Tea
18 ct., selected varieties



6.49

Bach
Rescue Remedy
Pastilles
35 ct., selected varieties
SAVE 41%



2/\$10

Andalou Naturals
Shampoo or
Conditioner
11.5 fl. oz., selected
varieties
SAVE 44%

pure plants, true benefits



COOPERATIVELY OWNED

Make the holidays magical with Aura Cacia's Relaxing or Warming Mineral Bath packets — a serene gift made with pure, sustainably sourced essential oils of the highest quality and fine-textured salts and minerals.

2/\$5

Aura Cacia
Mineral Bath
2.5 oz., selected varieties



2/\$6

Choice Organics
Tea
16 ct., selected varieties
SAVE 37%

Find sustainably sourced products at the co-op.

Community FOOD CO OP

Downtown

1220 N. Forest Street
7 am to 9 pm

Cordata

315 Westerly Road
7 am to 9 pm

Shop Online

communityfood.coop

360-734-8158



4.49

Miyoko's Creamery
Organic Plant Milk
Cream Cheese
8 oz., selected varieties



5.49

Maranatha
Organic Peanut Butter
SPECIAL ORDERS ONLY
16 oz. each, case of 6
051651-092326



4.49

Annie's
Organic Graham
Crackers
14.4 oz., selected varieties
SAVE 36%



5.99

Lily's
Baking Chips
9 oz., selected varieties
SAVE 36%



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.

