

coop deals

MAY 1 - MAY 21, 2024

fresh start

Gather ingredients for a delicious smoothie to start your day.

Evolution's Cold-Pressed Organic Juice is on sale at the co-op!



6.99

Evolution Fresh Organic Orange Juice
59 fl. oz.

SAVE 30%



2/\$3

Justin's Organic Peanut Butter Cups
1.4 oz., selected varieties

SAVE 35%



2/\$5

Perfect Bar Protein Bars
2.2-2.5 oz., selected varieties

SAVE 28%



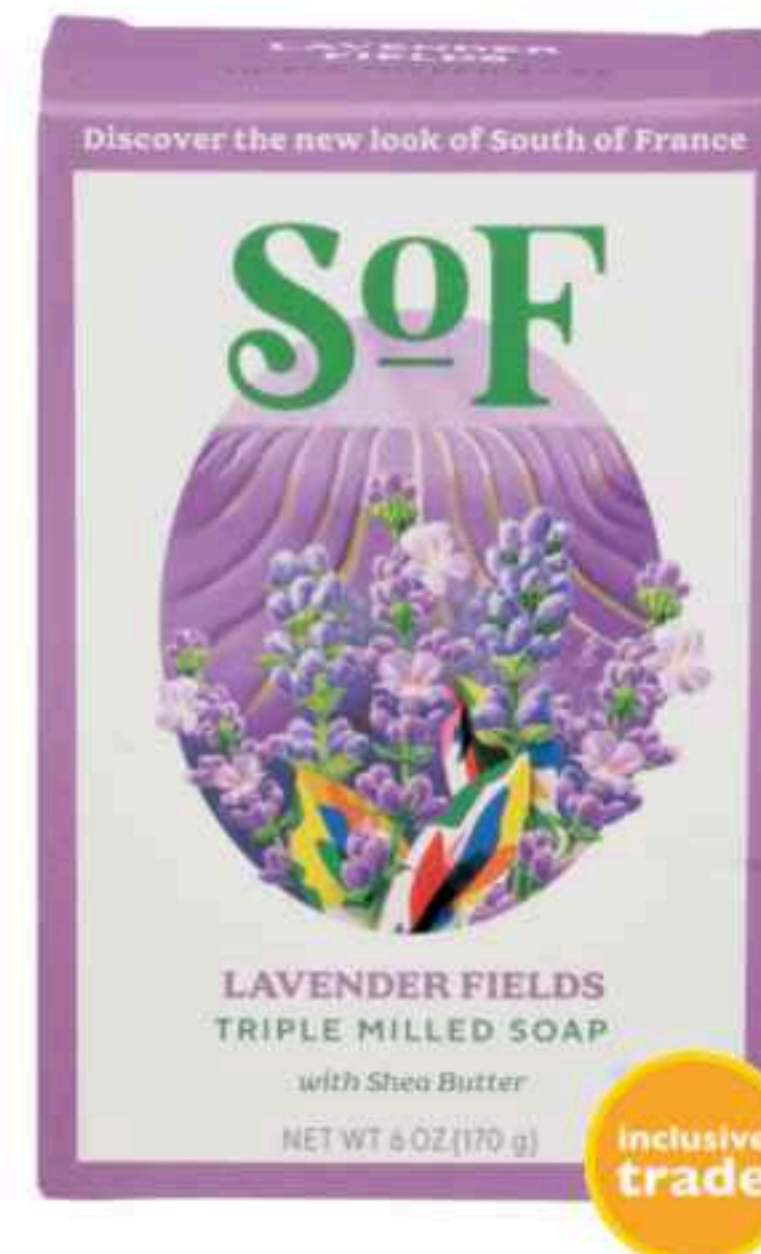
4.99

So Delicious Dairy-free Frozen Dessert

1 pt., selected varieties
SAVE 27%

INCLUSIVE TRADE PARTNER

South of France is a women-owned company. We still kettle cook small batches of our soap using a traditional Marseille recipe.



2/\$6

South of France Bar Soap
6 oz., selected varieties

SAVE 33%

COOPERATIVELY OWNED



9.99

Equal Exchange Organic Mind, Body & Soul Coffee
per pound in bulk

SAVE 17%



Community
FOOD CO-OP
good local food

50
YEARS



4.99

**Forager Project
Organic Vanilla Bean
Cashewmilk Yogurt**
24 oz., selected varieties



*honest,
ethical food*

We're committed to improving the lives of people, animals and the planet through food — working with small family farms to bring you delicious eggs and butter you can trust.

2/\$7

**Vital Farms
Butter**
8 oz., selected varieties



2/\$3

**Siggis
Skyr Yogurt**
4-5.3 oz., selected varieties

COOPERATIVELY OWNED



5.79

**Organic Valley
Stringles
Mozzarella Sticks**
8 oz.

SAVE 32%

phenomenal dairy-free taste



Made with simple, organic ingredients and no added oils or gums. Traditionally cultured for a subtle, tangy flavor and creamy texture. Spread it on your bagel or use it as a substitute in your favorite recipe.

4.49

**Miyoko's Creamery
Organic Plant Milk
Cream Cheese**
8 oz.

SAVE 34%



2.79

**Kevita
Kombucha &
Probiotic Drinks**
15.2 oz, selected varieties



The co-op has everything for a great breakfast.



3.79

The Greek Gods
Greek Yogurt
24 oz., selected varieties



power of plant-based

Califia Farms is on a mission to create a future where plants replace dairy with innovative, healthy and great-tasting plant-based alternatives.

5.99

Califia Farms
Original Oatmilk
48 fl. oz.



5.99

Flax4Life
Muffins
14 oz., selected varieties



3.59

Green Valley
Organic
Lactose-free
Sour Cream
12 oz.

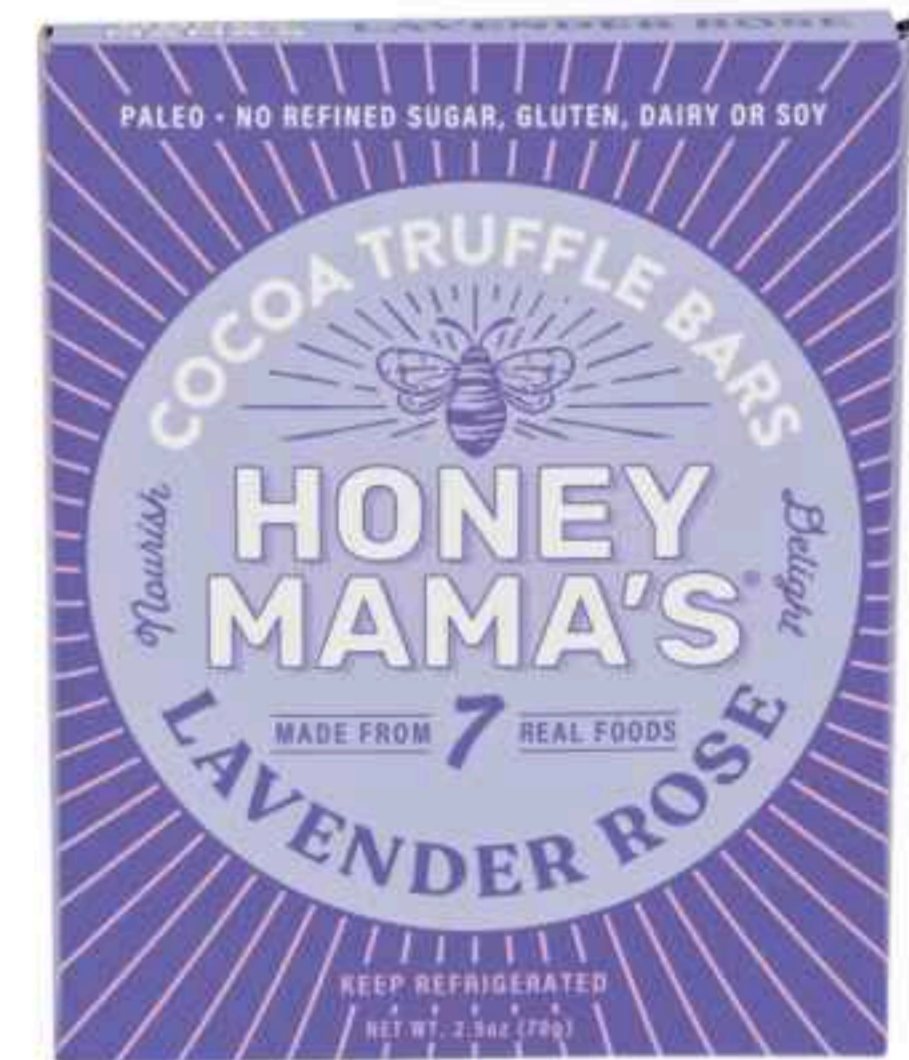


it's a brew-tiful thing

Our organic, sustainably sourced, specialty grade beans make the smoothest, boldest cold brew you've ever had!

8.99

Chameleon Cold Brew
Organic Coffee Concentrate
32 fl. oz.



3.99

Honey Mama's
Cocoa Truffle Bar
2.5 oz., selected varieties

SAVE 33%

The co-op has something for everyone.

INCLUSIVE TRADE PARTNER

Tucson Tamale started from a Mexican American family tradition and has turned into award-winning tamales.



5.49 Tucson Tamale Tamales
10-11 oz., selected varieties



6.49 Starlite Cuisine Frozen Plant-based Appetizers
12-14 oz., selected varieties



2/\$8 Cascadian Farm Organic Frozen Potatoes
12-16 oz., selected varieties



5.49 Food For Life Organic Sprouted Whole Grain Bread
24 oz.



7.99 Cappello's Almond Flour Pasta
9-12 oz, selected varieties

Udi's certified gluten free



Easy and delicious familiar favorites without compromising taste or nutrition.

4.29

Udi's Gluten Free Hot Dog Buns or Hamburger Buns
10.4-14.4 oz., selected varieties

inclusive trade

Shop inclusive trade!

We're pleased to offer great deals on brands and products that are women-, Black-, Indigenous-, people of color- (POC), LGBTQIA+-, persons with disabilities- and veteran-owned.

Find convenient meal options at the co-op.



6.49

**Van Leeuwen
Ice Cream**
14 oz., selected varieties

more love, more euphoria

There are so many ways to enjoy Ben & Jerry's. We cover our bases but then go further, with something for everyone. Go ahead, give it a swirl...

4.99

**Ben & Jerry's
Ice Cream**
1 pt., selected varieties



Enjoy a sweet treat from the co-op.

Stay cool out there!



4.49

**JonnyPops
Organic Popsicles**
14.8 oz, selected varieties
SAVE 36%



3.29

**Nature's Path
Organic
Frozen Waffles**
7.4 oz., selected varieties



2/\$8

**Cascadian Farm
Organic Frozen
Fruit**
8-10 oz., selected varieties
SAVE 41%



Enjoy frozen treats at the co-op.

COOPERATIVELY OWNED



2/\$3
Simply Organic
Seasoning or Dip
Mixes
.53-1.5 oz.,
selected varieties



COOPERATIVELY OWNED



4.49
Organic Valley
Shredded Cheese
6 oz., selected varieties



7.49
Thousand Hills
100% Grass-fed Ground
Beef 80% Lean 20% Fat
16 oz.



2/\$4
De La Calle!
Organic Probiotic
Tepache Drink
12 oz., selected varieties
SAVE 39%



7.99
Beyond Meat
Plant-based
Ground Beef
16 oz.



2/\$7
Siete
Grain-free
Cookies
4.5 oz.,
selected varieties



3.79
Siete
Tortilla Chips
5 oz.,
selected varieties
SAVE 37%



3.99
Siete
Grain-free
Taco Shells
5.5 oz.
SAVE 39%



7.99
Siete
Grain-free
Tortillas
7 oz.



*backyard asada
essentials*

INCLUSIVE TRADE PARTNER

Siete is a Mexican American food brand, rooted in family, that makes delicious, heritage-inspired products with thoughtfully selected ingredients. From tortillas and taco shells to chips and cookies, Siete has something for every occasion! ¡Buen provecho!

Shop the co-op for summer meals.

Never miss your **favorite deals**



coop deals®

Download the App!



Find your closest food co-ops

See what's on sale

Never miss your favorite deals

Scan the QR codes to
download the Co+op
Deals app!



Scan the QR code to get the Co+op Deals app!



2/\$7

Dr. Bronner's
Organic Chocolate Bars
2.93 oz., selected varieties

SAVE 34%



14.99

Dr. Bronner's
Organic Whole Kernel
Virgin Coconut Oil
30 fl. oz.

*Regenerative
Organic Certified®*

The highest standard for climate-friendly farming, good for you and the planet! **Dr. Bronner's** is proud to source Regenerative Organic Certified® ingredients for Magic All-One Chocolate and Virgin Coconut Oil — grown right for a rich, full flavor!



2/\$8

Annie's
Dressing or
Vinaigrette
8 fl. oz., selected
varieties

SAVE 41%



6.49

Bachan's
Japanese
Barbecue Sauce
16-17 fl. oz., selected
varieties

SAVE 30%



14.99

California Olive
Ranch
Global Blend Extra
Virgin Olive Oil
25.4 fl. oz.

better-for-you ramen soup

These organic, gluten-free, Japanese-style noodles and instant gourmet broth make the perfect quick, flavor-packed meal -- ready in just four minutes! Add your favorite protein and veggies for a complete meal.

2/\$3

Lotus Foods
Rice Ramen
2.8 oz., selected varieties

SAVE 35%



9.99

Primal Kitchen
Pure Avocado Oil
16.9 fl. oz.

The co-op has great deals on great ingredients.

INCLUSIVE TRADE PARTNER



A Dozen Cousins is a diverse-owned company. We create authentic food from cultural recipes made with wholesome ingredients.

2/\$6

A Dozen Cousins Ready-to-Eat Beans
10 oz., selected varieties

fan favorite polenta

Ancient Harvest is the #1 brand of heat-and-eat polenta! Our polenta is organic, Non-GMO Project Verified and ready in minutes. Enjoy this traditional Italian favorite!



2/\$5

Ancient Harvest Organic Polenta
18 oz.



3/\$7

Near East Couscous Mix or Rice Pilaf
5.6-6.75 oz., selected varieties



2.79

Tasty Bite Organic Ready to Heat Basmati Rice
8.8 oz.

COOPERATIVELY OWNED



4.99

Plant Boss Organic Plant-based Crumbles
SPECIAL ORDERS ONLY
3.35 oz. each, case of 6
089836-160119

from Italy with love

Bionaturae Durum Semolina pasta is 100% organic and is crafted by a fifth-generation family of pasta artisans who mastered the art of pasta making over a century ago.



2.79

Bionaturae Organic Pasta
16 oz., selected varieties

INCLUSIVE TRADE PARTNER

Chickapea is a woman-owned company providing nutritious, convenient family meal options.



3.29

Chickapea Organic Chickpea Pasta
8 oz., selected varieties
SAVE 34%

Find fixings for every meal at the co-op.

good food 
that does good

Clif Bar was born on a bike and built with athletes in mind. Today we make organic, plant-based energy bars — and not just for performance. We thoughtfully craft our foods to help energize any moment, big or small.



3/\$5

Clif Bars
2.4 oz.,
selected varieties



2/\$3

Luna Bars
1.69 oz.,
selected varieties



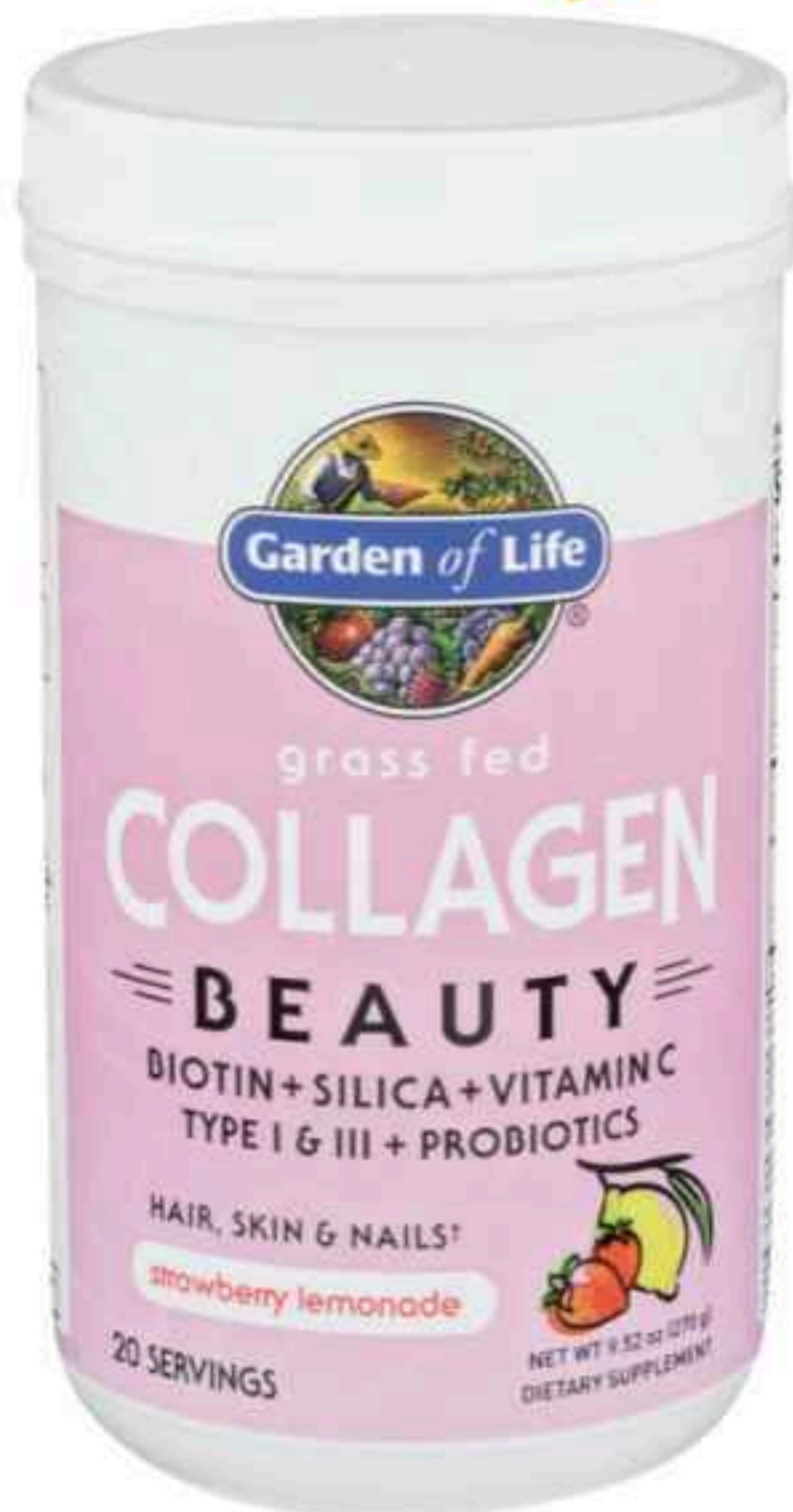
2/\$4

Clif Builders Protein Bars
2.4 oz.,
selected varieties



5.99

Clif Organic Zbar
6 bars x 1.27 oz.



 the power of collagen

Support skin elasticity, nail and hair strength, and joint mobility with Grass-fed Collagen Peptides

25.99

Garden of Life
Grass Fed Collagen Beauty
Powder
9.52 oz.

SAVE 30%



2/\$4

Essentia
Ionized Water
50.7 fl. oz.

SAVE 33%



4.49

Barbara's
Cereal
10-14 oz., selected varieties

scoop up the savings in bulk!



2.59

Organic Black Beans
SPECIAL ORDERS ONLY
25 pounds in bulk
026938-326296



3.49

Organic Sunflower Seeds
SPECIAL ORDERS ONLY
25 pounds in bulk
026938-613983



7.99

Organic Medjool Dates
SPECIAL ORDERS ONLY
11 pounds in bulk
026938-916831

Fuel up for summer at the co-op.



2/\$7

Celestial Seasonings
Herbal Tea
20 ct., selected varieties



3.79

West Life
Organic Soymilk
32 fl. oz.



4.49

Nature's Bakery
Fig Bars
6pk.-2 oz., selected varieties

SAVE 31%



3.79

Nature's Path
Organic
Blueberry
Cinnamon Flax
Oatmeal
11.2 oz



6.99

R.W. Knudsen
Just Tart
Cherry Juice
32 fl. oz.



15.99

Pamela's
Gluten-free
Pancake & Baking
Mix
4 lb.



4.49

Crofter's
Organic Premium
Fruit Spread
16.5 oz., selected varieties

SAVE 34%



2/\$10

Kashi
Cereal
9.5-16.3 oz., selected varieties



5.49

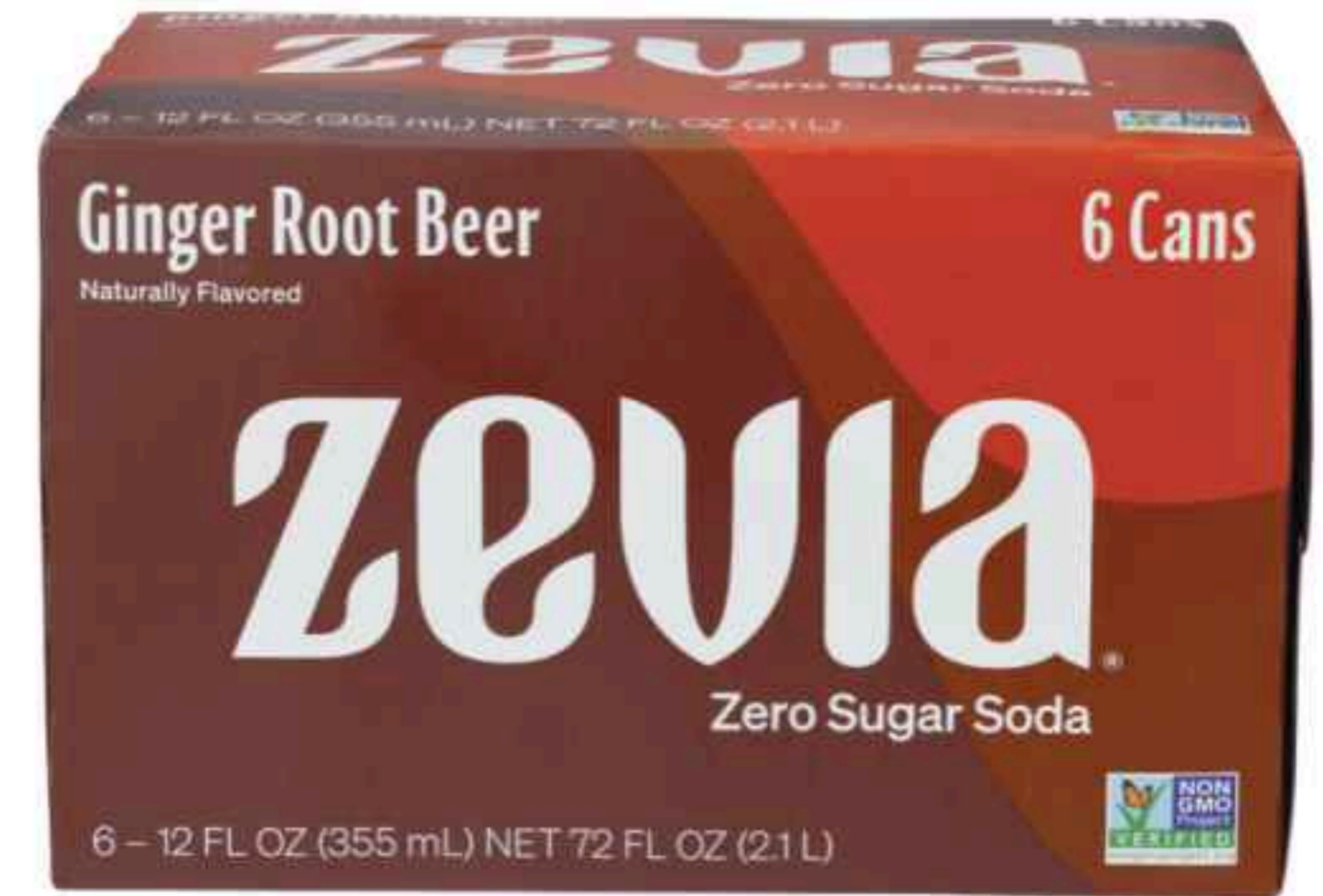
Maranatha
Organic Peanut Butter
SPECIAL ORDERS ONLY
16 oz. each, case of 6
051651-092326

The co-op has delicious breakfast options.



2/\$5

**Endangered Species
Chocolate Bars**
3 oz., selected varieties



5.49

**Zevia
Zero Calorie Soda**
6 pk.-12 fl. oz. cans, selected varieties



4.49

**Mi-Del
Gluten-free
Cookies**
8-10 oz., selected
varieties



our best-selling sparkling water

Stock up on Nixie Sparkling Water, an award-winning line of delicious, certified organic beverages with the mission to eliminate sugar, single-use plastic bottles and toxic-forever chemicals.



4.49

**Nixie
Organic Sparkling Water**
8 pk.-12 fl. oz. cans, selected varieties
SAVE 38%



4.79

**Unreal
Chocolate Cups,
Bars or Gems**
3.4-5 oz., selected varieties

Summer snacks and beverages are at the co-op.

2/\$3

Vermont
Smoke &
Cure
Uncured
Pepperoni
Turkey Stick
1 oz.



*delicious food,
purposeful ingredients*

INCLUSIVE TRADE PARTNER

Simple Mills is a woman-owned company. We make food designed to help diversify diets and agriculture. We partner with farmers directly, invest in our sourcing regions and design for diverse ingredients.

3.99

Simple Mills
Crackers or Cookies
4.25-5.5 oz., selected varieties



2.79

Sesmark
Rice Thins
3.2-4.25 oz., selected
varieties



3.49

Unique Snacks
Pretzels
11 oz., selected varieties
SAVE 30%



dark chocolate joy and delight



Chocolove is the epitome of chocolate craftsmanship. Ethically sourced and made with the finest ingredients, each bite delivers a rich, velvety experience perfect for everyday indulgence. Share the love.

2.79

Chocolove
Chocolate Bars
3-3.2 oz., selected varieties



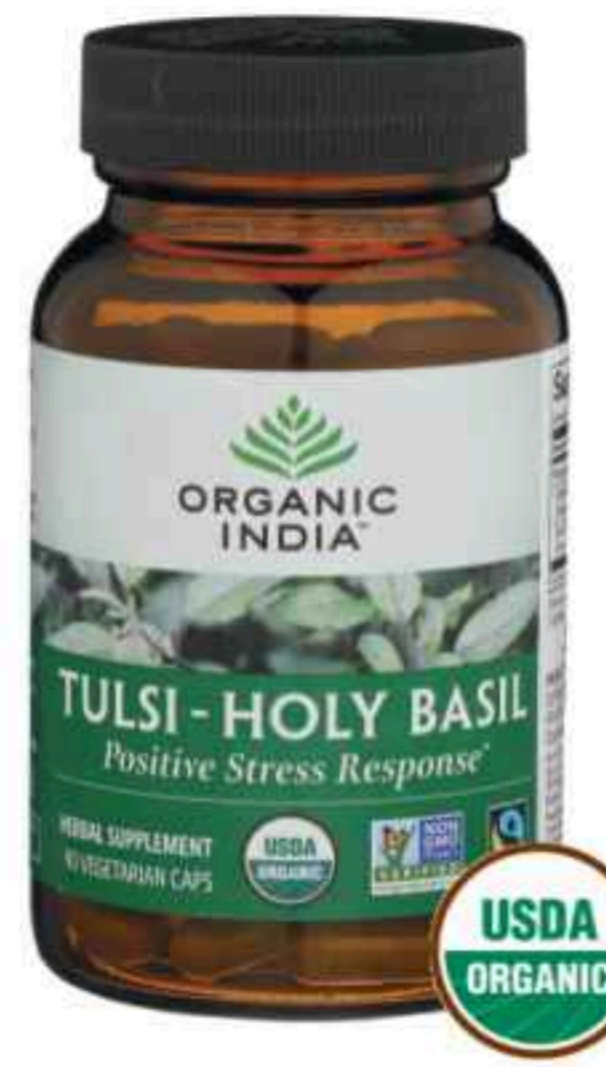
5.49

Lily's
Chocolate
Peanut Butter Cups
3.2 oz.

Find delicious snack options at the co-op.

organic and fair trade herbs

Organic India herbs are sourced through fair and direct trade, benefiting both farmer and consumer. Every product is an extension of the meaningful work taking place on each farm, offering consumers the opportunity to add purpose to their purchase.



15.99
Organic India
Tulsi Holy Basil
90 ct.
SAVE 36%



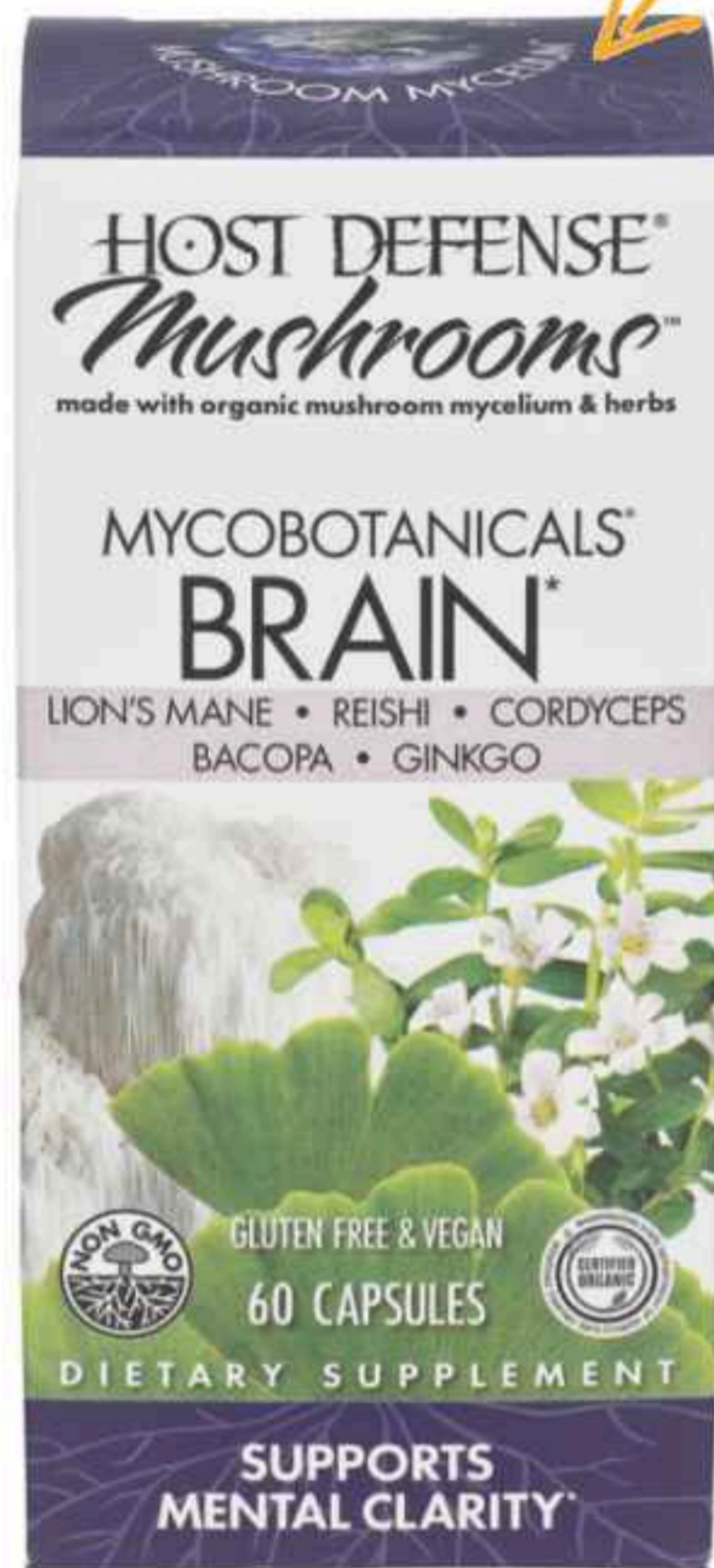
13.99
Organic India
Moringa
90 ct.
SAVE 39%



13.99
Organic India
Triphala
90 ct.
SAVE 36%



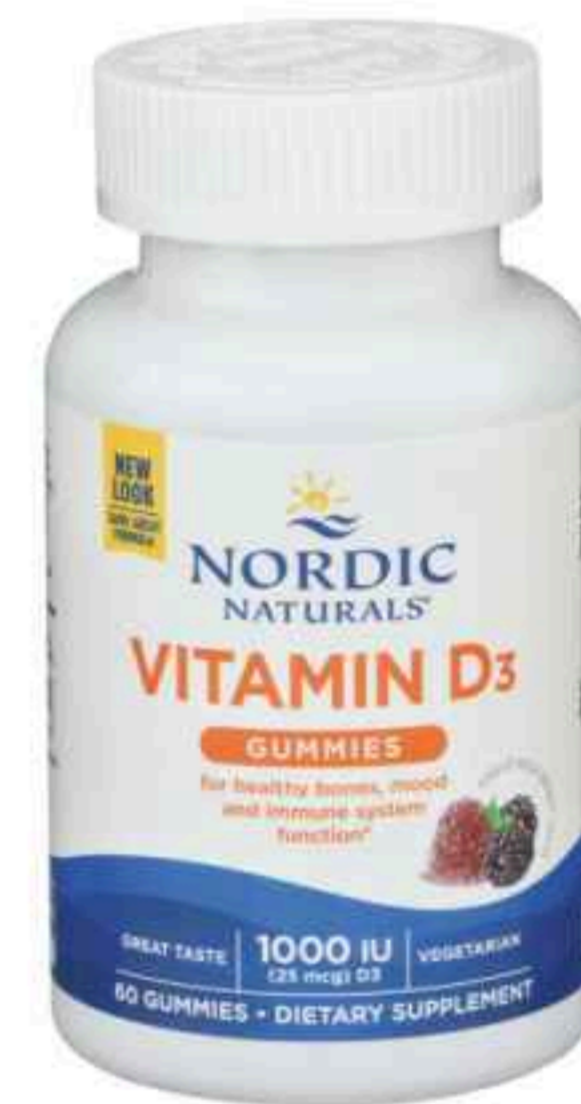
15.99
Organic India
Liver Kidney
90 ct.
SAVE 37%



find your focus

This fan-favorite formula provides cognitive benefits to help you stay sharp. Lion's mane, "The Smart Mushroom," reishi, cordyceps and herbs promote brain health and memory. It's a no brainer!

23.99
Host Defense
MycoBotanicals Brain
60 ct.



10.99
Nordic Naturals
Vitamin D3 Gummies
60 ct.



13.99
Weleda
Original Skin Food
Cream
2.5 fl. oz.



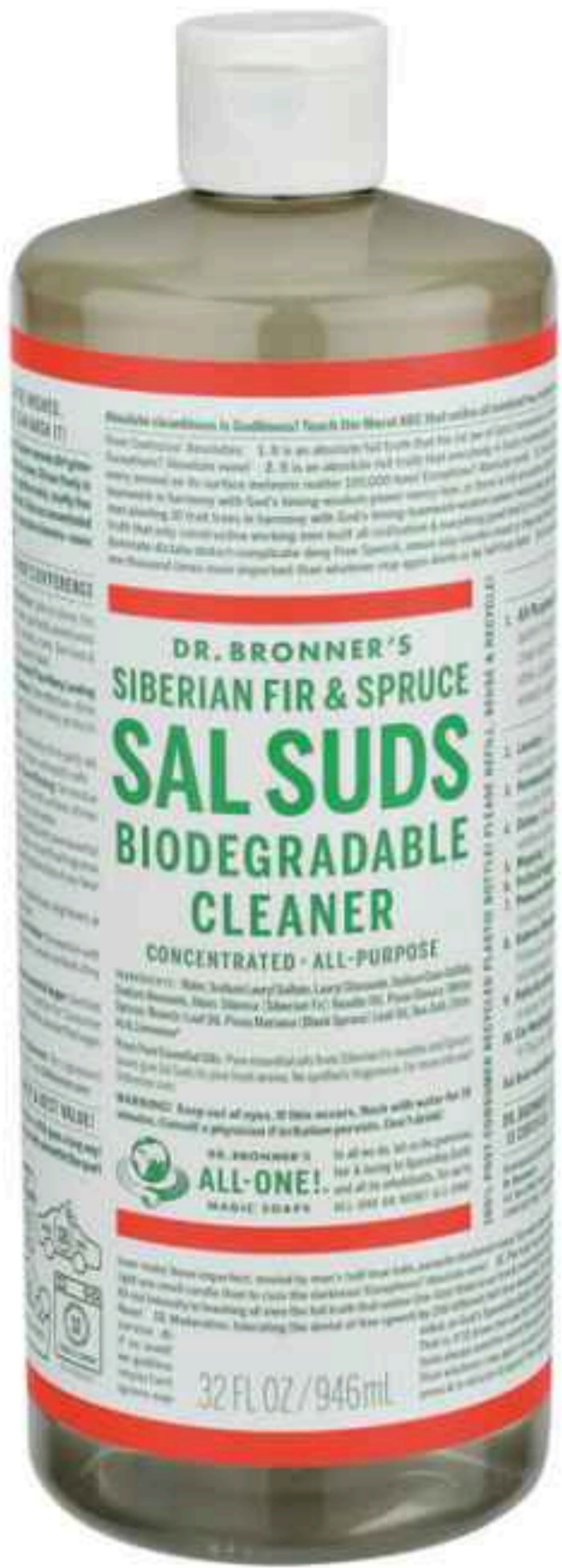
13.99
Emergen-C
Vitamin C
Drink Mix
SPECIAL ORDERS ONLY
30 ct., case of 3
076314-302031



29.99
Evanhealy
Organic Rosehip
Treatment Facial
Serum
SPECIAL ORDERS ONLY
.5 fl. oz.
817835-010339

The co-op has terrific deals on wellness items.

Some items may not be available at all stores or on the same days



9.99

Dr. Bronner's Sal Suds
32 fl. oz.



pure plants, true benefits

COOPERATIVELY OWNED

Add our most popular essential oil, lavender, to your bedtime routine. Use in a diffuser to create a spa-like experience and inspire relaxation. Made from pure botanicals and sustainably sourced.

6.79

Aura Cacia Lavender Essential Oil
.5 fl. oz.

SAVE 38%



Summer is here!

Feel fresh and energized.

deep rooted beauty care



Guided by nature and the knowledge that all beauty begins with the Earth, Avalon Organics brand is vegan and biodegradable, contains organic ingredients and has no GMOs.

7.49

Avalon Organics Shampoo or Conditioner
11 fl. oz., selected varieties

SAVE 35%



9.99

Woodstock Lump Hardwood Charcoal
8.8 lb.

SAVE 33%

Get ready for summer at the co-op.

Community FOOD CO OP

Downtown

1220 N. Forest Street
7 am to 9 pm

Cordata

315 Westerly Road
7 am to 9 pm

Shop Online

communityfood.coop

360-734-8158



planet-approved sunscreens

INCLUSIVE TRADE PARTNER

Badger is a woman-owned company. Our sunscreens use only the cleanest ingredients. Every formula is safe for coral reefs, manufactured with 100% solar power, and certified cruelty-free.

11.49

Badger

Mineral Sunscreen

2.9 fl. oz., selected varieties

SAVE 32%



inclusive trade



2/\$7

C2O
Coconut Water
33.8 fl. oz.

SAVE 30%



4.49

Kettle Brand
Potato Chips
13 oz., selected varieties

SAVE 34%



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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