

coop deals®

JUL 31 - AUG 20, 2024



on-the-go protein

While you're taking in the best of what summer has to offer, enjoy a protein-rich snack with delicious flavors like peanut butter and chocolate chips. GoMacro is a woman-owned company, and our delicious MacroBars are perfect for your next outdoor adventure. Find them on sale at the co-op!



INCLUSIVE TRADE PARTNER

3 / \$7

Gomacro
Organic Macrobar

2-2.5 oz., selected varieties

SAVE 33%

INCLUSIVE TRADE PARTNER

Siete Family Foods is a Hispanic-owned and mission-based company passionate about making and sharing real food.



2 / \$7

Siete
Grain-free Cookies

4.5 oz., selected varieties

SAVE 27%



2 / \$4

C2O
Coconut Water
17.5 fl. oz., selected varieties

SAVE 28%



3.29

Nature's Path
Organic
Frozen Waffles
7.4 oz., selected varieties

SAVE 23%

COOPERATIVELY OWNED



4.99

Organic Valley
Large Free-range
Brown Eggs
1 doz.

SAVE 23%



Community
FOOD CO-OP
good local food

50
YEARS



1.29

Chobani
Greek Yogurt
SPECIAL ORDERS ONLY
5.3 oz. each, case of 12
894700-010069



INCLUSIVE TRADE PARTNER

Painterland Sisters is a woman-owned company. We make delicious yogurt and work with our partner farms to care for their land, animals and workers.



2.29 Painterland Sisters
Organic Icelandic-style
Skyr Yogurt
5.3 oz., selected varieties
SAVE 30%



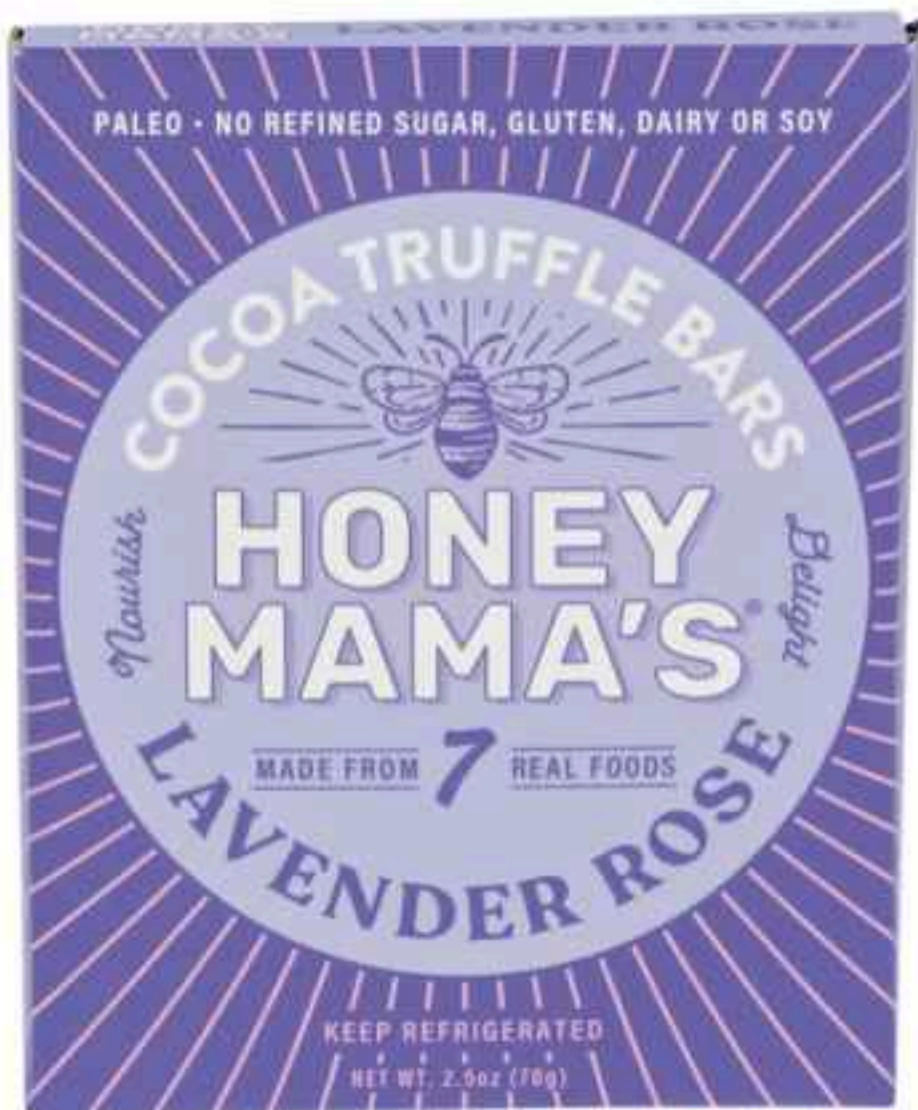
2.19
Cocojune
Organic
Coconut Yogurt
4 oz., selected
varieties



3.29
Stumptown
Cold Brew Coffee
with Oatly
11 oz., selected varieties



3.29
Goodbelly
Organic Probiotic
Drinks
32 fl. oz., selected
varieties



3.99
Honey Mama's
Truffle Bars
2.5 oz., selected varieties
SAVE 33%



2/\$7
Koia
Plant-based
Protein Drink
12 fl. oz., selected
varieties



4.99
Straus Family
Creamery
Organic Plain
Whole Milk Yogurt
32 oz.

COOPERATIVELY OWNED



5.79
Organic Valley
Stringles
Mozzarella Cheese
Sticks
8 oz.
SAVE 32%



6.49
Just
Plant-based Egg
16 oz.

Get a great start to the day at the co-op.



4/\$5

Siggi's
Skyr Yogurt
4-5.3 oz., selected varieties

SAVE 30%



4/\$5

Siggi's
Triple Cream Yogurt
4 oz., selected varieties

SAVE 30%



3/\$5

Siggi's
Plant-based Yogurt
5.3 oz., selected varieties



4.99

Siggi's
Skyr Yogurt
24 oz., selected varieties

crafted
with less

Less of everything else
means more room for
the good stuff.



5.49

Miyoko's Creamery
Organic Pourable
Plant Milk Mozzarella
16 oz.
857554-005490

SAVE 30%



6.49

Health-Ade
Organic Kombucha
SPECIAL ORDERS ONLY
48 oz. each, case of 6
811184-030918

handcrafted for every mood

Organic, sustainably sourced, premium grade beans
to create the most delicious handcrafted coffees for
every mood.

8.99

Chameleon Cold Brew
Organic Coffee Concentrate
32 fl. oz.
851220-003414



3.79

Good Karma
Unsweetened Flaxmilk
64 fl. oz.
829462-001178

Enjoy a refreshing pick-me-up from the co-op.

delicious
dairy-free
goodness

Make a better table for all your family and friends with **Kite Hill**. Crafted from real ingredients, our dairy-free foods deliver crave-worthy tastes and textures that nourish both body and soul.



4.29
Kite Hill
Dairy-free Greek
Style Yogurt
16 oz.
850017-819320



3.79
Kite Hill
Dairy-free
Sour Cream
8 oz.
856624-004753



5.99
Kite Hill
Dairy-free
Cream Cheese
8 oz.,
selected varieties



5.99
Kite Hill
Dairy-free Filled
Pasta
9 oz., selected varieties



4.79
So Delicious
Organic
Unsweetened
Coconutmilk
64 fl. oz.
744473-912056

INCLUSIVE TRADE PARTNER

Three Trees is a woman-owned company with a passion for creating nutritious, plant-based beverages using the wonders of the forest to provide clean ingredients.



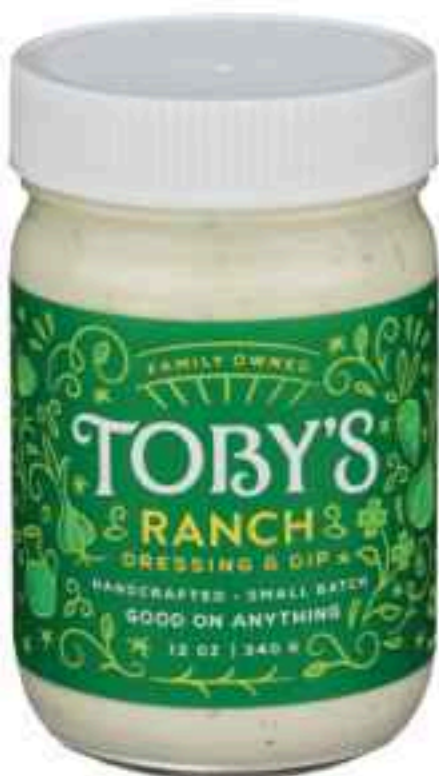
4.99
Sambazon
Organic Acai
Superfruit Packs
14.1 oz., selected
varieties



4.99
Just
Folded Plant-
based Eggs
8 oz.



5.49 Three Trees
Organic Plant-based Milk
28 fl. oz., selected varieties



4.99
Toby's
Dressing or Dip
12 oz., selected varieties
SAVE 33%



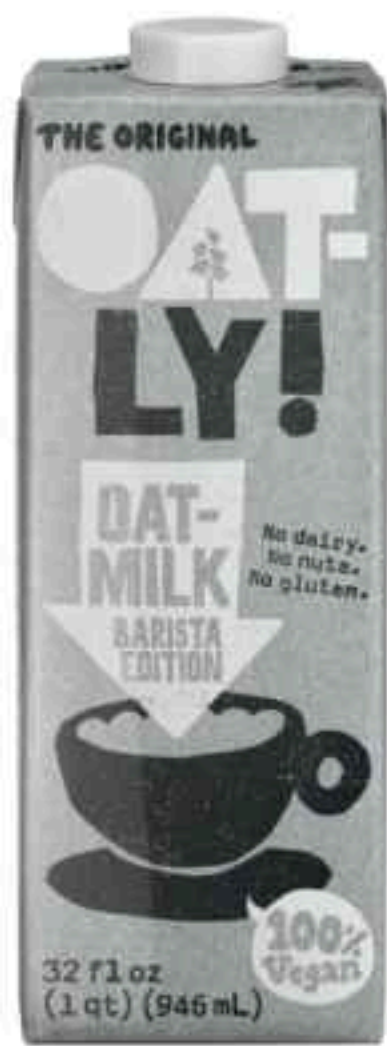
7.99
Woodstock
Organic Filled
Pasta
20 oz., selected varieties



8.49
Cappello's
Grain-free Pizza
SPECIAL ORDERS ONLY
12 oz. each, case of 6
859553-004375

Find easy meal offerings at the co-op.

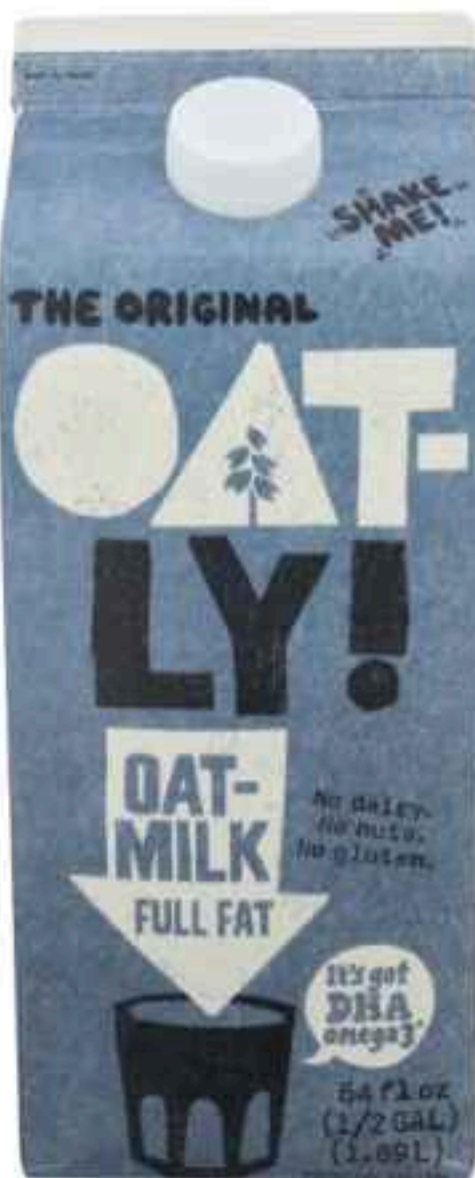
Some items may not be available at all stores or on the same days



3.79
Oatly
Barista Edition
Oatmilk
32 fl. oz
190646-650070



3.99
Oatly
Non-dairy
Frozen Dessert
1 pt., selected varieties



4.49
Oatly
Oatmilk
64 fl. oz.,
selected varieties



4.49
Oatly
Oatmilk Creamer
29.7 fl. oz.,
selected varieties

check it oat

Look! Innovative, plant-based products hanging out in this Co+op Deals flyer trying to get the attention of forward-thinking shoppers who might be interested in delicious products made from ... wait for it ... oats. Find out more at oatly.com.



2/\$5
Stahlbush Island
Farms
Frozen Vegetables
10 oz., selected varieties



2/\$6 Amy's
Burritos
5.5-6 oz., selected varieties
SAVE 30%



4.49
JonnyPops
Frozen Bars
8.25 fl. oz., selected
varieties

regeneratively raised, lifetime grazed

Our regenerative practices restore ecosystems and promote biodiversity. Enjoy 100% grass-fed beef that's sustainably raised for a healthier planet and future that tastes delicious too. Join the Re-Generation!

7.49
Thousand Hills
100% Grass-fed Ground
Beef 80% Lean 20% Fat
16 oz.



4.99
Talenti
Gelato or Sorbetto
1 pt., selected varieties

The co-op has something for everyone.

Some items may not be available at all stores or on the same days



4.49
Quorn
Meatless Nuggets
10.6 oz.
833735-000065



4.99
Dr. Praeger's
Veggie Burgers
SPECIAL ORDERS ONLY
10 oz. each, case of 6
080868-000107

experience India

INCLUSIVE TRADE PARTNER

Deep Indian Kitchen is owned by a third-generation Indian American family. We pride ourselves on being an authentic, restaurant-quality brand. All items are family recipes made from scratch.



2/\$10

Deep Indian Kitchen
Entrée
9 oz., selected varieties



The co-op makes it easy to make delicious meals.
Celebrate the joy of food together.



2/\$8
Annie's
Organic Dressing
8 fl. oz., selected varieties
SAVE 41%



2/\$5
Westbrae
Organic Beans
15 oz., selected varieties



6.99
Sir Kensington's
Classic Mayonnaise
12 fl. oz.
048001-013605



4.99
Lucini Italia
Everyday Balsamic Vinegar
16.9 oz.
648505-302559

Stock up on great ingredients from the co-op.

Some items may not be available at all stores or on the same days



2/\$7
Annie's Organic Cheddar Cheesy Puffs
4 oz.
013562-496587
SAVE 40%



2/\$8
Annie's Organic Bunny Grahams or Crackers
7.5 oz., selected varieties




4.49
Annie's Organic Fruit Snacks
7 oz.
SAVE 49%




2/\$8
Cascadian Farm Organic Cereal, Granola or Granola Bars
6.2-14.4 oz., selected varieties

←
organically delicious


School is back in session, and there's no better way to crush your day than with down-to-earth, wholesome goodness. Discover the latest snacks and meals from **Annie's** and **Cascadian Farm**.




2.19
Near East Original Rice Pilaf
6.09 oz.
072251-001051




3.29
Jeff's Garden Organic Non-pareil Capers
6 oz.
073214-007509




1.19
Koyo Ramen
2-2.1 oz., selected varieties




everyday low price
3.99
Field Day Organic Original Applesauce
4 pk.-4 oz.
042563-603908



everyday low price
4.99
Field Day Organic Peanut Butter
18 oz., selected varieties




5.39
Little Northern Bakehouse Gluten-free Bread
16-17 oz., selected varieties



11.99
Truff Black Truffle Infused Hot Sauce
SPECIAL ORDERS ONLY
6 oz. each, case of 6
860000-468503

Enjoy good food from the co-op.

Some items may not be available at all stores or on the same days

 <p>2.29</p> <p>So Delicious Coconutmilk 32 fl. oz., selected varieties</p> <p>SAVE 34%</p>	 <p>5.49</p> <p>Maranatha Organic Peanut Butter <i>SPECIAL ORDERS ONLY</i> 16 oz. each, case of 6 051651-092326</p>	<p>INCLUSIVE TRADE PARTNER</p>  <p>6.99</p> <p>Catalina Crunch Keto Cereal 9 oz., selected varieties</p> <p>Catalina Crunch is a diverse-owned brand. Our products satisfy your sweet tooth but aren't loaded with sugar and empty carbs.</p>
 <p>2/\$5</p> <p>Epic Meat Bars 1.3-1.5 oz., selected varieties</p>		
 <p>2.79</p> <p>Nutpods Dairy-free Creamer 11.2 fl. oz., selected varieties</p>	 <p>3.79</p> <p>Dream Ricemilk 32 fl. oz., selected varieties</p>	<p>COOPERATIVELY OWNED</p>  <p>10.99</p> <p>Equal Exchange Organic Breakfast Blend Coffee per pound in bulk</p>

 <p>2/\$5</p> <p>Santa Cruz Organic Lemonade or Limeade 32 fl. oz., selected varieties</p>	 <p>3.99</p> <p>Santa Cruz Organic Sensible Sippers Juice <i>SPECIAL ORDERS ONLY</i> 32 oz. each, case of 6 036192-793994</p>	 <p>3.99</p> <p>Santa Cruz Organic Apple Sauce 23 oz. 036192-122916</p>	 <p>5.99</p> <p>Santa Cruz Organic Peanut Butter 16 oz., selected varieties</p>	<p>family-favorite organic products</p> <p>Get ready for back-to-school season with 100% organic products from Santa Cruz Organic! Whether it's a glass of lemonade, Sensible Sippers Apple Juice, a cup of applesauce or a peanut butter sandwich, Santa Cruz Organic will make your family happy!</p>
--	---	--	---	--



3/\$5
Steaz
Organic Green
Tea
16 fl. oz., selected
varieties



1.99
Essentia
Ionized Water
50.7 fl. oz.
657227-000506
SAVE 33%



3/\$5
Kind
Bars
1.4 oz., selected varieties



2.39
Proud Source
Rocky Mountain
Spring Water
25.3 fl.oz.
853303-007005



2/\$5
Ardor Energy
Organic Sparkling
Water
12 fl. oz., selected
varieties

INCLUSIVE TRADE PARTNER



Alo Drink is an Asian-owned company. We source non-GMO aloe vera plants from sustainable farms in Thailand and provide rural communities with economic value.

2/\$4
Alo
Aloe Vera Juice Drink
16.9 fl. oz., selected varieties



3.99
R.W. Knudsen
Organic Blueberry
Pomegranate Juice
32 fl. oz.
074682-107791



5.99
Izze
Sparkling Juice
Drink
6 pk.-8.4 fl. oz. cans,
selected varieties



13.99
Four Sigmatic
Organic Mushroom
Coffee
SPECIAL ORDERS ONLY
12 oz. each, case of 8
816897-020195



scoop up the savings in bulk!



2.39
Organic Yellow
Popcorn
SPECIAL ORDERS ONLY
25 lbs in bulk
086011-003285



3.49
Walnut Halves
& Pieces
per pound in bulk



2.99
Organic Green
Lentils
per pound in bulk

The co-op has great variety in the bulk section.

Some items may not be available at all stores or on the same days



Kettle Brand
Potato Chips

4.25-5 oz., selected varieties

SAVE 35%

2.79



back-to-school snacks

INCLUSIVE TRADE PARTER

Simple Mills is a woman-owned company. Try our better-for-you versions of everybody's favorite treats! Made with purposeful ingredients and nothing artificial, these snacks provide taste and nutrition that both adults and kids adore.

3.99

Simple Mills

Crackers or Cookies

4-5.5 oz., selected varieties



2.79

Angie's
Boomchickapop
Popcorn

4.5-7 oz., selected varieties

SAVE 38%



3.99

Hu

Organic
Chocolate Bars

2.1 oz., selected varieties

classic snacks since 1960



Back to Nature sparked the natural foods movement when we started selling granola at a small health food store in California. We've been perfecting our classic snacks ever since.

2/\$7

Back to Nature
Crackers

3.2-8.5 oz., selected varieties



2/\$7

SAVE 36%

Waterloo
Sparkling Water

8 pk.-12 fl. oz. cans,
selected varieties
(pictured variety not
available in stores)



Delicious snacks are at the co-op.

Some items may not be available at all stores or on the same days

2/\$3

Vermont
Smoke &
Cure
Meat Stick
1 oz., selected
varieties



snacking satisfaction

INCLUSIVE TRADE PARTNER

Partake Foods is a Black-owned company. Craving chocolate or something with a hint of spice? Make your pantry and their lunchboxes a joy to open with Partake's nostalgic cookie flavors. It's anytime snacking you can feel good about.

4.49

Partake Foods
Cookies
5.5 oz., selected varieties



3.99

SkinnyDipped
Dipped Nuts
3.5 oz., selected varieties



4.79

Late July
Salsa
15.5 oz., selected
varieties



12.99

Ener-C
Vitamin C Drink
Mix
30 ct., selected varieties
SAVE 35%

protein with benefits



Power up with Four Sigmatic's Organic Plant-based Protein enhanced with functional mushrooms and superfoods. Enjoy delicious vanilla bean and cacao with 18 grams of protein per serving and zero artificial flavors.

29.99

Four Sigmatic
Organic Plant-based
Protein Powder
21.16 oz., selected varieties



2/\$6

Garden of Eatin'
Tortilla Chips
5.5 oz., selected varieties

Find supplements and snacks at the co-op.

Some items may not be available at all stores or on the same days



10.49

Acure
Brightening
Day Cream
1.7 oz.

SAVE 43%



5.99

Acure
Brightening
Facial Scrub
4 fl. oz.

SAVE 35%



7.49

Acure
Seriously Soothing
24hr Moisture Lotion
8 fl. oz.

SAVE 42%



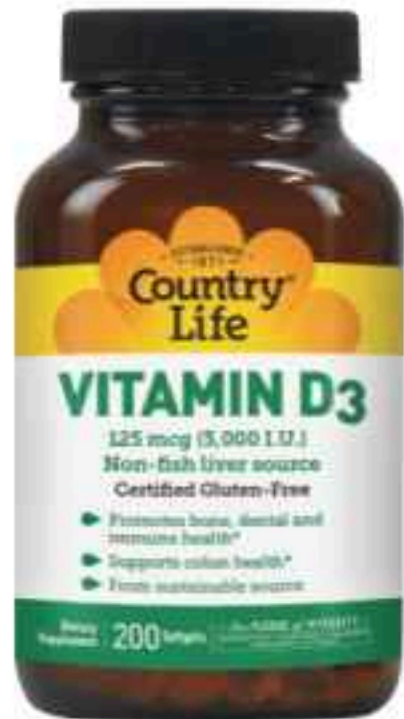
2/\$10

Acure
Shampoo or
Conditioner
8 fl. oz., selected varieties

SAVE 46%

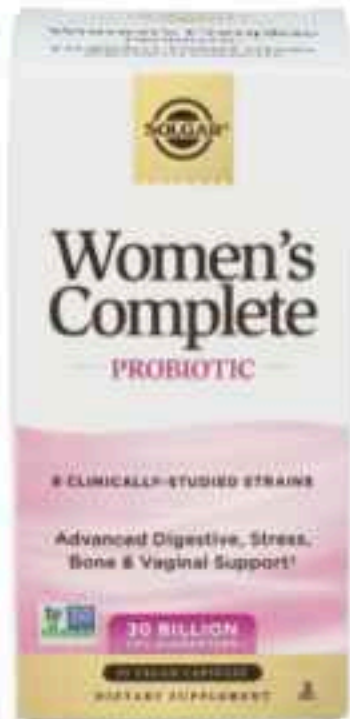
products
with purpose

Our award-winning skin and hair products are solutions-driven and age/gender agnostic. Our formula philosophy is underpinned by the belief that as a key factor in whole-body wellness, hair and skin deserve products with clean clinical performance.



14.49

Country Life
Vitamin D3
5000IU
200 ct.
015794-058083



16.49

Solgar
Women's Complete
Probiotic
30 ct.
810122-620044

beat the bloat

Feel your best before and after you eat, no matter what's on the menu. America's #1 selling digestive enzymes break down large meals and reduce occasional gas and bloating.

18.99

Enzymedica
Digest Gold
45 ct.

SAVE 42%



INCLUSIVE TRADE PARTNER



Moon Valley Organics is a woman-owned company. We make body care products with a passion to live ethically and sustainably.

4.99

Moon Valley Organics
Foaming Hand Soap
8.8 fl. oz., selected varieties



Find all your wellness items at the co-op.

Some items may not be available at all stores or on the same days

*better scents
for every body*

Everyone loves real, good stuff — like plant-based cleansers and moisturizers, plus pure essential oils. It's body care that brings good feels and good smells for the whole family.



2/\$6

Everyone
Hand Soap
12.75 fl. oz.,
selected varieties

SAVE 43%



6.99

Everyone
3-in-1 Soap
32 fl. oz.,
selected varieties

SAVE 39%



6.99

Everyone
Kids 3-in-1 Soap
32 fl. oz.,
selected varieties

SAVE 39%



7.99

Everyone
Lotion
32 fl. oz., selected
varieties

SAVE 41%



Nourish your wellness routine.
Feel revitalized.

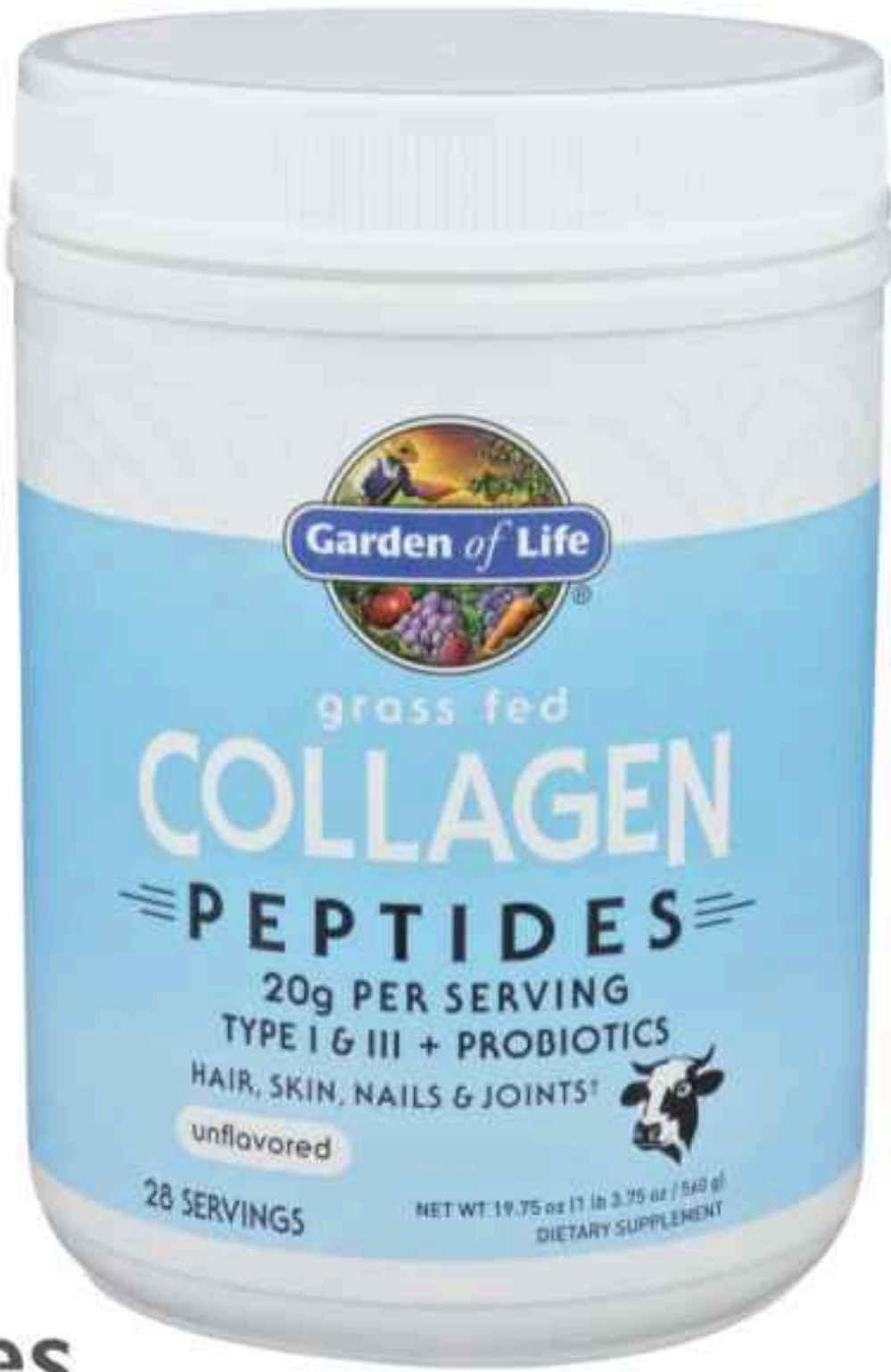
*grass-fed
collagen peptides*

One scoop conveniently delivers 20 grams of collagen peptides and is great for anyone looking to improve skin elasticity, nail and hair strength and joint mobility.

32.99

Garden of Life
Unflavored Collagen Peptides
19.75 oz.

SAVE 30%



23.99

Simply Tera's
Organic Unsweetened
Whey Protein
12 oz.

850628-002586

The co-op has products to support a busy lifestyle.

Some items may not be available at all stores or on the same days

INCLUSIVE TRADE PARTNER



RADIUS is a woman-owned company. We use recycled materials to create sustainable toothpastes, flosses and other daily-use objects.

3.29
Radius
Sponge Floss
Peppermint
55 yd.
085178-001868

INCLUSIVE TRADE PARTNER



ECOS is a Black- and woman-owned company that believes everyone has a right to a healthy home. We create cleaning products that protect the health and wellness of people, pets and the planet.

2/\$7
Ecos
Liquid Dish Soap
25 fl. oz., selected varieties



4.79
Desert
Essence
Toothpaste
6.25 oz., selected
varieties
SAVE 30%



8.49
The Honey Pot
Intimate Wipes
30 ct., selected varieties



8.49
Humble
Plastic-free
Deodorant
SPECIAL ORDERS ONLY
2.65 oz.
810074-860048



13.49
Bass
Large Square
Paddle Hairbrush
Each
736473-100090



3.99
Tom's of Maine
Spearmint Floss
32 yds.
077326-980309
SAVE 31%



5.49
Tom's of Maine
Mouthwash
16 fl. oz.
SAVE 30%



5.99
Tom's of Maine
Whole Care
Toothpaste
4 oz., selected varieties
SAVE 32%



7.99
Tom's of Maine
Deodorant
3.25 oz., selected varieties
SAVE 36%

*choose us,
give back*

Tom's of Maine donates 10% of our profits in the form of funding and product donations to nonprofit organizations that work in the areas of climate change and the environment, health and well-being and disaster relief.

Find brands you love at the co-op.



2/\$7
Seventh Generation
Liquid Dish Soap
19 fl. oz., selected varieties
SAVE 30%



5.99
Seventh Generation
Fabric Softener
Sheets
80 ct., selected varieties



12.99
Seventh Generation
4X F&C Liquid
Laundry Detergent
50 fl. oz.
732913-228270



12.99
Seventh Generation
Liquid Laundry
Detergent
90 fl. oz., selected varieties

clean with purpose

Using the power of plant science, **Seventh Generation** creates products that get the job done and are safer for your family. From renewable plant-based ingredients to more sustainable packaging, our products redefine what it means to clean with purpose.



1.79
Sappo Hill
Glycerine
Creme Soap
3.5 oz., selected varieties



2.69
Green Forest
White Facial Tissue
175 ct.
063668-382048



3.69
Repurpose
Compostable
Plates or Bowls
20 ct., selected varieties

get back-to-school ready

Alba Botanica wants you to get back-to-school ready with skincare that's cruelty-free with no sulfates, artificial colors, parabens or synthetic fragrances.



4.79
Alba Botanica
Cream Shave
8 oz., selected varieties
SAVE 34%



6.99
Alba Botanica
Acnedote Pimple
Patch
40 ct.
SAVE 36%



6.99
Alba Botanica
Acnedote Face
& Body Scrub
8 oz.
SAVE 36%



11.99
Alba Botanica
Very Emollient
Body Lotion
32 fl. oz.
724742-003692
SAVE 36%

Find cleaning and body care brands at the co-op.

Some items may not be available at all stores or on the same days

Community FOOD CO'OP

Downtown
1220 N. Forest Street
7 am to 9 pm

Cordata
315 Westerly Road
7 am to 9 pm

Shop Online
communityfood.coop

360-734-8158



fresh from the fridge

Our refrigerated protein snacks are made with freshly ground nut butter, organic honey and 20+ superfoods — plus they have a cookie dough-like texture you'll love.

2/\$5

Perfect Bar Protein Bars
1.94-2.5 oz., selected varieties



18.99

Nordic Naturals Nordic Berries Citrus Multi Gummies
120 ct.
SAVE 30%



Scan the QR code to learn more about the quality and values represented by these symbols.



PWNW0824A

Some items may not be available at all stores or on the same days.

