All your favorite brands

Fantastic Fall Savings!

Look for more than 70 coupons throughout the store.



Present one coupon per two items purchased. Limit of one coupon per shopping trip. Expires 10/31/24.

save with coop deals.

Annie's

Any two frozen pizza bagels or poppers

Any graham sandwiches item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

USDA

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Back Roads Granola

Any 10-39.2 oz. granola or oats item



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

save with cop deals.

Back to Nature

Any two cookies or crackers



Present one coupon per two items purchased. Limit of four coupons per shopping trip. **Expires 10/31/24.**

save with **COOP** deals.

Beyond Good

Any two 2.64 oz. bars

Bio-K 6 x 3.5 FL OZ. (104 ML) BOTTLES (21 FL O

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Any 6-pack item

save with coop deals.

Biokleen

Any 64 fl. oz. 3X concentrated laundry liquid

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Biosil

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with **COOP** deals.

Boiron

Any ColdCalm baby liquid or kids pellets



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Bubbies

Any condiment, pickles or sauerkraut item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



Chameleon

Any 32 fl. oz. cold-brew

save with coop deals.



Present one coupon per two items purchased. Limit of 20 coupons per shopping trip. **Expires 10/31/24.**

save with cop deals.

Choice Organics

Any two 16 ct. bagged tea

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

coffee concentrate



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

Any manuka honey item



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Any two items



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with **COOP** deals.

Any two 3 oz. bars



Present one coupon per two items purchased. Limit of 20 coupons per shopping trip. **Expires 10/31/24.**

save with coop deals.

Any two jars or pouches



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Endangered Species Chocolate

Any 3 oz. bar



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Epsoak

Any Epsom salts



save with **COOP** deals.

Essentia Water

Any two 15.2 fl. oz. hydroboost items



Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 10/31/24.**

save with coop deals.

Food Should **Taste Good**

Any 5.5 or 11 oz. item

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



Four Sigmatic

Any box of elixir mixes or



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

Four Sigmatic

\$2.00 off

Any box of instant coffee, latte or cacao or 12 oz. coffee

save with coop deals.

save with coop deals.

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

mushroom blends



USDA

save with coop deals.

Garden of Life

Any organic herb item



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

GoodPop

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Guayaki Yerba

Any 15.5 fl. oz. can



Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 10/31/24.**

save with coop deals.

Herb Pharm

Any item (excluding breath refreshers)

save with coop deals.



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 10/31/24.**

save with coop deals.

Any 2.2 oz. bar or hunk or baking chips

If You Care

Any item



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



Immaculate

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 10/31/24.**

save with coop deals.

Jolly Llama

Any item





save with coop deals.

Kerrygold

Any 7 oz. cheese block



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with **COOP** deals.

Any aloe item



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Koia

Any two 12 fl. oz. protein shakes



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with cop deals.

\$2.00 off 2

Lightlife

Any two plant-based meat or tempeh items



save with coop deals.

Made in Nature

Any two 3-8 oz. dried fruit items

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 10/31/24.**

save with coop deals.

Manitoba **Harvest**

Any protein powder or fiber item



Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 10/31/24.**

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Eat Meati

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



\$1.00 off

Melt Organic

Any organic plant butter



Natural Factors

\$2.00 off

save with coop deals.

Any 90 ct. ginger, DGL or Whole Earth & Sea or Natural Factors Probiotics

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

NATURE'S BAKERY

FIGBAR

Blueberry

Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 10/31/24.**

save with coop deals.

\$1.00 off

Nature's Bakery

Any 6-10 ct. item



Present one coupon per item purchased. Limit of 15 coupons per shopping trip. **Expires 10/31/24.**

save with coop deals.

\$1.00 off

NOW

Any letter vitamin or mineral item

Present one coupon per item purchased. Limit of six coupons per shopping trip. **Expires 10/31/24.**

_ _ _ _ _ _

save with coop deals.



Nutpods

Any refrigerated creamer or cold brew coffee



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

\$1.00 off

Pirate's Booty

Any 4 oz. bag

Present one coupon per item purchased, Limit of six coupons

per shopping trip. Expires 10/31/24.

save with coop deals.

\$1.50 off

Once Again

Any 12 or 16 oz. almond butter



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



Present one coupon per two items purchased. Limit of four coupons per shopping trip. **Expires 10/31/24.**

save with coop deals.

\$1.00 off 2

Pop & Bottle

Any two 8 or 11 fl. oz lattes



Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 10/31/24.**

save with **COOP deals**.

\$2.00 off

Radius

Any item (excludes pet care)

SEPTEMBER/OCTOBER 2024



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

Any 18 oz. bread



Present one coupon per three items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Siggi's

Any three 5.3 oz. plant-based coconut blends



Present one coupon per item purchased, Limit of one coupon per shopping trip. Expires 10/31/24.

save with coop deals.

Simply Organic

Any extract or flavoring



Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 10/31/24.**

save with coop deals.

Simply Tera's

Any protein powder



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with **COOP** deals.

SkinnyPop any 4.4-5.3 oz. item Flaxseed

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Spectrum

Any Spectrum Essentials item



Stonewall

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Kitchen

Any fruit spread, jam or jelly item



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals. **Stonyfield Organic**

> Any 32 oz. yogurt (excludes Greek yogurt)



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Strong Roots

Any two frozen vegetable or potato items

SEPTEMBER/OCTOBER 2024



The Honey Pot

coupons per shopping trip. Expires 10/31/24.

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Ultima Replenisher

Any 3.7 oz. 30 serving tub



Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 10/31/24.**

save with coop deals.

Tony's **Chocolonely**

Any 4 oz. or larger item



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Wedderspoon

Any drops, lozenges or pops



save with **COOP** deals.

Any 500 ml. coconut water



WEST



save with coop deals.

Wild Carrot **Herbals**

Any item (excludes lip balms) save with coop deals.



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

Tillamook

Any cheese item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.



Wildvine

Any two items



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.

Woodstock

Any nut or seed butter

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



\$2.00 off

Woodstock

Any packaged nuts, seeds or dried fruit



Present one coupon per two items purchased. Limit of one coupon per shopping trip. Expires 10/31/24.

save with coop deals.

Woodstock

Any two condiments (excludes hot sauce)



Present one coupon per two items purchased. Limit of one coupon per shopping trip. Expires 10/31/24.

save with coop deals.

Yachak Organic

Any two 16 fl. oz. items



save with coop deals.

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 10/31/24.** Any item



save with cop deals.

Flackers

Any 4-5 oz. item



save with coop deals.

T-Relief

Any item



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

Present one coupon per two items purchased. Limit of one coupon per shopping trip. Expires 10/31/24.

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 10/31/24.**

save with coop deals.

Rainbow Light

Any multivitamin capsules

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

save with coop deals.



Natural Vitality

Any Calm item



save with coop deals.

Woodstock

Any two banana waters

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

SEPTEMBER/OCTOBER 2024