

coop deals®

SEP 18 - OCT 1, 2024

a pantry staple

Perfect for so many recipes, Bionaturae's Strained Tomatoes are an ingredient you'll want to keep stocked in the pantry. Make homemade pizza, soup or sauces with these organic tomatoes grown on small Italian family farms.



3.29

Bionaturae

Organic Strained Tomatoes
24 oz.

SAVE 23%



2/\$7

Blue Diamond
Almondmilk
64 fl. oz.

SAVE 22%



3.99

Harmless Harvest
Organic Coconut
Water
16 fl. oz.

SAVE 27%



2/\$8

Cascadian Farm
Organic Frozen
Potatoes
12-16 oz., selected
varieties

SAVE 30%



2/\$8

Mary's Gone
Crackers
Organic Crackers
5-6.5 oz., selected
varieties

SAVE 27%



2/\$3

Larabar
Fruit & Nut Bars
1.6-1.7 oz., selected varieties

SAVE 35%



Community
FOOD CO-OP
good local food

50
YEARS



3.29

Stumptown Cold Brew Coffee w/ Oatly
11 oz.



4.49

Nancy's Organic Yogurt
32 oz., selected varieties



4/\$5

remarkably thick,
deliciously simple

Deliciously rich and creamy, made with only milk and live active yogurt cultures. The possibilities are as endless as your imagination. Good things start here.

Fage Greek Yogurt
5.3 oz., selected varieties
SAVE 37%




5.49

Bitchin' Sauce Almond Dip
7-8 oz., selected varieties



5.99

Miso Master Organic Mellow White Miso
8 oz.
023547-400553



6.99

Miyoko's Creamery Fresh Vegan Mozz
8 oz.
857554-005322

made with sunshine

What are pasture-raised eggs, you ask? They're eggs from hens raised with respect by family farmers. Proudly crack them open for breakfast or bake into your favorite fall recipe.



5.99

Vital Farms Large Pasture-raised Grade A Eggs
1 doz.

INCLUSIVE TRADE PARTNER

GT's Living Foods is LGBTQIA+-owned and a leader in fermented foods. We are proud to remain a family-owned and operated company.

2/\$6

GT's Kombucha
16 fl. oz., selected varieties



Find all your breakfast fixings at the co-op.

Some items may not be available at all stores or on the same days



3.79

Hodo
Organic Firm
Tofu

SPECIAL ORDERS ONLY
10 oz. each, case of 6
850565-007156



2.69

Woodstock
Organic Frozen Vegetables

10 oz., selected varieties



4.79

Lifeway
Organic Kefir

SPECIAL ORDERS ONLY
32 fl. oz. each, case of 6
017077-072328



4.49

Rumiano
Organic Block
Cheese

8 oz., selected varieties
SAVE 36%



2.69

Woodstock
Organic Frozen Vegetables


10 oz., selected varieties



5.49

Food for Life
Organic Sprouted
Whole Grain
Bread

24 oz.
073472-001202



7.99

Woodstock
Organic Filled
Pasta

20 oz., selected varieties



5.49

Food for Life
Organic Sprouted
Whole Grain
Bread

24 oz.
073472-001202

all the Oatlys!

Oatly is the original oatmilk! And now seems like a really good time to get some of our perfectly creamy and delicious oatmilks, oat creamers and non-dairy frozen desserts into your fridge and/or freezer. Wow, no cow!



4.49

Oatly
Low Fat Oatmilk

64 fl. oz.



4.49

Oatly
Oatmilk

64 fl. oz.



4.49

Oatly
Oatmilk Creamer

29.7 fl. oz., selected varieties



4.49

Oatly
Non-dairy
Frozen Dessert

1 pt., selected varieties

The co-op has dairy and dairy-free favorites.

Some items may not be available at all stores or on the same days

cheese that
makes a
difference

COOPERATIVELY OWNED

Organic Valley cheeses are made with quality milk from small family farms that protect over 400,000 acres of organic farmland. So, you can feel good about indulging in every delicious variety, from Raw Sharp Cheddar to sliced Provolone.



4.99

Organic Valley
Feta Cheese
8 oz.

SAVE 33%



4.99

Organic Valley
Cheese Slices
6 oz., selected varieties

SAVE 32%



5.99

Organic Valley
Stringles
Mozzarella
Cheese Sticks
8 oz.



6.99

Organic Valley
Grassmilk Raw
Cheddar Cheese
8 oz.,
selected varieties



3.29

Tofurky
Plant-based Deli
Slices
5.5 oz., selected varieties



3.99

Daiya
Dairy-free Shreds
7.1 oz., selected
varieties

SAVE 31%



4.49

So Delicious
Organic
Coconutmilk
Creamer
32 fl. oz.
744473-941247



1.89

crafted with less

All our skyr and plant-based, dairy-free products are made with simple ingredients and no artificial anything. Deliciously satisfying, Siggi's makes the perfect breakfast or snack option.

Siggi's
Plant-based Yogurt
5.3 oz., selected varieties



3.99

Petit Pot
Organic French Dessert
2 pk.-4 oz., selected varieties

SAVE 31%

Discover something delicious at the co-op.

Some items may not be available at all stores or on the same days



4.49

Pacific Foods
Organic Soup
32 fl. oz., selected varieties



8.99

taste the
difference

Experience the rich, creamy goodness of Alden's Organic ice cream. Made with premium organic ingredients, every bite offers flavor you can feel good about. Treat yourself today!

Alden's Organic
Ice Cream
48 fl. oz., selected varieties



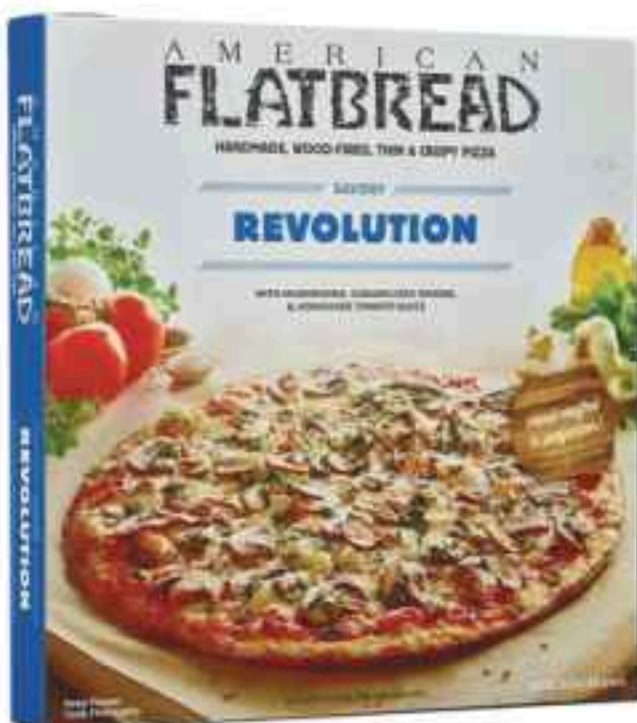
2/\$4

Dr. McDougall's
Soup or Noodle
Cups
1.3-3.4 oz., selected
varieties



4.39

Beyond Meat
Plant-Based
Breaded Chicken
Tenders
8 oz.
810057-290299



9.99

American
Flatbread
Pizza
16.61-18.62 oz.,
selected varieties

plant-based, great taste



7.49

Gardein offers a wide variety of plant-based proteins with great taste and texture. Non-GMO project verified and always vegan.

Gardein
Plant-based Meat
Substitutes
14.7-15 oz., selected varieties



5/\$5

Justin's
Almond Butter
1.15 oz., selected varieties

Find yummy frozen favorites at the co-op.

Some items may not be available at all stores or on the same days



3.79
Siete
Tortilla Chips
5-7.5 oz., selected varieties
SAVE 37%



2/\$4
Siete
Refried Beans
16 oz., selected varieties
SAVE 33%



3.99
Siete
Enchilada Sauce
15 oz., selected varieties
SAVE 33%



7.99
Siete
Grain-free
Tortillas
7 oz., selected varieties

*celebrate
heritage
with Siete*

INCLUSIVE TRADE PARTNER

Siete is a Mexican American food brand, rooted in family, that creates heritage-inspired products using thoughtfully selected ingredients — like organic beans, avocado oil and almond flour!



2/\$6
Annie's
Macaroni &
Cheese
6 oz., selected varieties
SAVE 30%



2/\$6
Maya Kaimal
Organic Everyday
Entrees
10 oz., selected varieties
SAVE 37%



5.99
Izze
Sparkling Juice
Drink
6 pk.-8.4 fl. oz. cans,
selected varieties

*sustainably sourced,
expertly roasted*

COOPERATIVELY OWNED

Equal Exchange is committed to sourcing from democratically organized small farmer cooperatives. Our coffee is sourced with care for surrounding ecosystems and supports long-term partnerships that keep small family farms thriving!



9.99
Equal Exchange
Organic Coffee
12 oz., selected varieties



5.49
Woodstock
Organic Pickles
24 fl. oz., selected varieties

The co-op has the brands you love.

Some items may not be available at all stores or on the same days



5.49

Primal Kitchen Dip

SPECIAL ORDERS ONLY
11.5 oz. each, case of 6
840224-600118



5.49

Primal Kitchen Dressing or Marinade

8 fl. oz., selected varieties

SAVE 38%



7.99

Primal Kitchen Avocado Oil Mayo

12 fl. oz., selected varieties

SAVE 31%



9.99

Primal Kitchen Pure Avocado Oil

16.9 fl. oz.
863699-000191

made for real food

Primal Kitchen dressings, condiments and dips are crafted with premium, real ingredients and delicious flavor that elevates the real foods you love. Dress salads, marinate meats, spread on sandwiches and dip fresh veggies!



3.79

Pacific Foods Organic Oat Beverage

32 fl. oz.
052603-065702



5.99

Madhava Organic Unrefined Coconut Sugar

16 oz.
078314-216004



6.99

Lakewood Organic Pineapple Juice

32 fl. oz.
042608-459057

savory flavors with clean ingredients



KOYO Ramen

2-2.1 oz., selected varieties

SAVE 33%

Kickstart your umami adventure with KOYO's Ramen packets. Our organic noodles are baked, not fried, with a savory broth free from preservatives.

5 / \$5



2 / \$6

Celestial Seasonings Herbal Tea

20 ct., selected varieties

SAVE 33%

Stock up on pantry essentials at the co-op.

Some items may not be available at all stores or on the same days



6.99

Rishi
Organic Tea
SPECIAL ORDERS ONLY
15 ct., case of 6
741391-973817

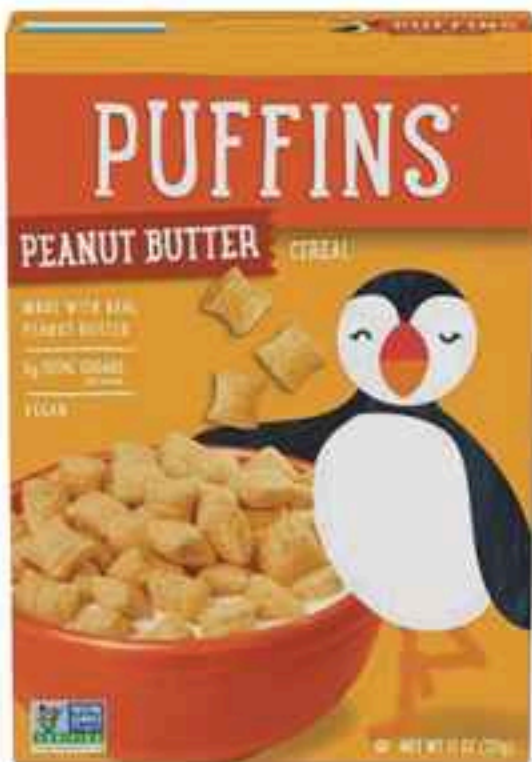


drink Yachak = plant trees

We're committed to providing a purely natural and organic source of energy that helps protect the trees, communities and species of the Amazon rainforest. Each can sold supports Amazon reforestation with the help of OneTreePlanted.

2/\$4

Yachak Organic
Yerba Mate
16 fl. oz., selected varieties



4.49

Barbara's
Cereal
10-14 oz., selected
varieties



6.49

Grandy Organics
Coconola
9 oz., selected varieties



6.49

La Tourangelle
Garlic Infused Oil
8.45 oz.



whole wheat biscuits

Simple goodness for your day. Crafted from just three ingredients, Kashi® Autumn Wheat is packed with fiber and whole grains to satisfy hunger and make you smile.

4.49

Kashi
Organic Cereal
9.5-14 oz., selected varieties
SAVE 34%

INCLUSIVE TRADE PARTNER

Chomps is a diverse-owned company. We make on-the-go protein snacks from sustainably sourced proteins.

2/\$4

Chomps
Meat Sticks
1.15 oz., selected varieties



inclusive trade

Satisfy your snack cravings at the co-op.

Some items may not be available at all stores or on the same days



2/\$5

Chocolove
Chocolate Bars
3-3.2 oz., selected varieties



3/\$5
Steaz
Organic Green
Tea
16 fl. oz., selected
varieties



2/\$7

Terra
Vegetable Chips
5 oz., selected varieties
SAVE 30%



3.99
Taza
Organic
Chocolate Bars
2.5 oz., selected
varieties



4.99
Late July
Salsa
15.5 oz., selected
varieties



5.49
Tate's Bake Shop
Cookies
7 oz., selected varieties



3.79
Late July
Organic Tortilla Chips
7.4-10.1 oz., selected varieties



4.49
Unreal
Chocolate Cups, Bars
or Gems
3.2-5 oz., selected varieties

The co-op has snacks for any occasion.

Some items may not be available at all stores or on the same days

no alcohol, ammonia
or parabens

Made with 8 organic herbal
plant extracts, the ingredients
in our permanent hair gel are
perfectly synergized to achieve
your hair goals.



13.99

Herbatint
5N Light
Chestnut Hair
Color Gel
4.56 oz.



13.99

Herbatint
2N Brown
Hair Color
Gel
4.56 oz.



13.99

Herbatint
3N Dark
Chestnut Hair
Color Gel
4.56 oz.



13.99

Herbatint
1N Black
Hair Color
Gel
4.56 oz.



2/\$7

DrTung's
Smart Floss
30 yd., selected varieties
SAVE 34%



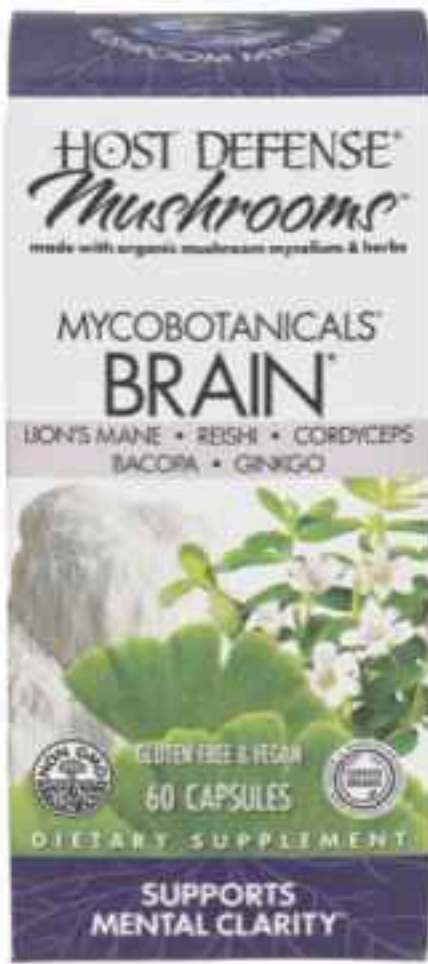
4.49

Mrs. Meyer's
Hand Soap
SPECIAL ORDERS ONLY
12.5 fl. oz. each, case 6
808124-111042



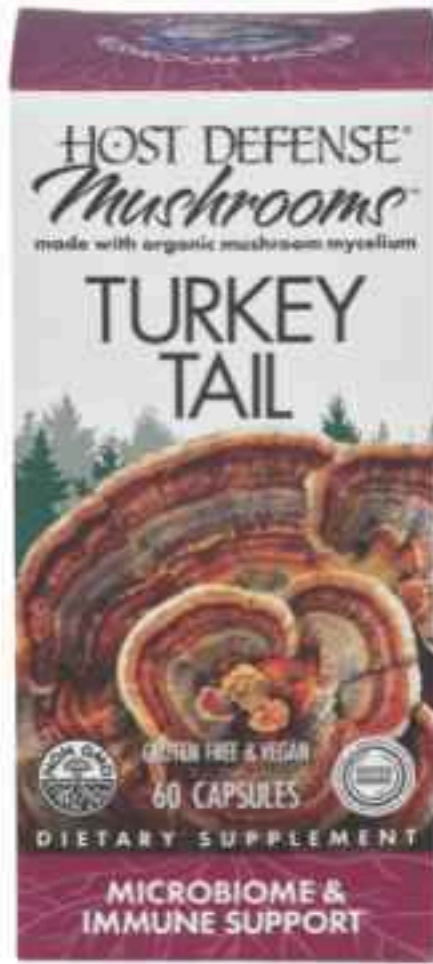
9.99

Life-Flo
Magnesium Oil
Spray
8 fl. oz.



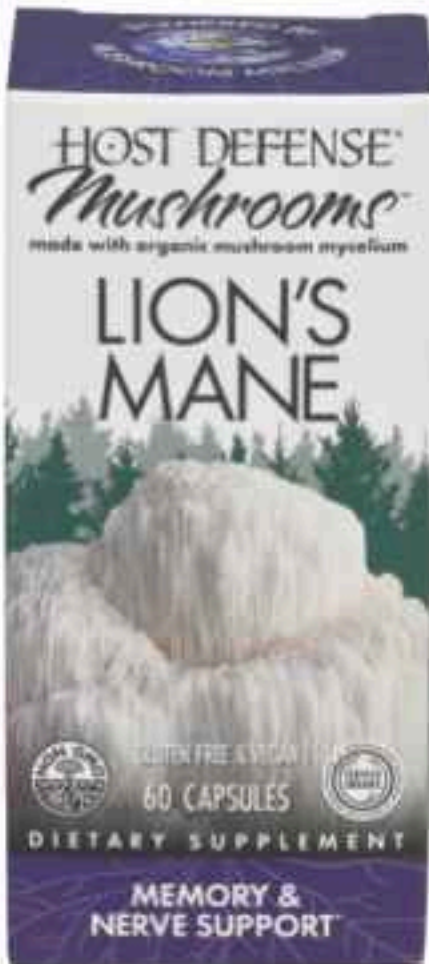
23.99

Host Defense
MycoBotanicals
Brain
Supplement
60 ct.



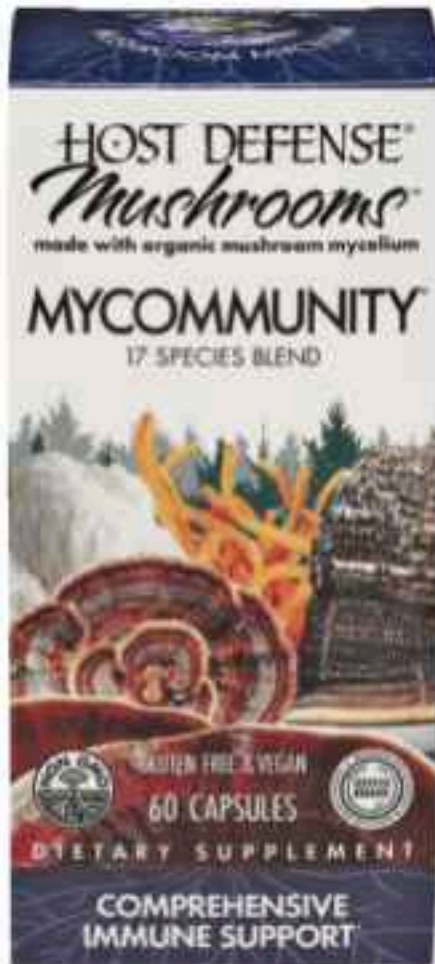
25.99

Host Defense
Turkey Tail
Mushroom
Supplement
60 ct.



25.99

Host Defense
Lion's Mane
Mushroom
Supplement
60 ct.



30.99

Host Defense
MyCommunity
Mushroom
Supplement
60 ct.

powered
by mushroom
mycelium

Founded by renowned mycologist Paul Stamets, **Host Defense** specializes in products powered by organic mushroom mycelium responsibly grown on their farm in the USA. They use eco-conscious packaging and are 110% climate positive, offsetting 10% MORE carbon than they produce.

Find all your wellness products at the co-op.

Some items may not be available at all stores or on the same days



2/\$6
Goldthread
Plant-based Tonic
10.5 fl. oz.
854004-006380
SAVE 30%



4.29
Happy Family
Organics
Yogis
1 oz., selected varieties



prioritize your well-being

Yogi wellness teas are formulated with delicious taste and helpful benefit in mind. From soothing and floral to fruity and invigorating, all Yogi teas are organic and blended with intention.

3.99
Yogi
Organic Herbal Tea
16 ct., selected varieties



7.99
Xlear
Nasal Spray
1.5 fl. oz.
700596-000001
SAVE 31%



8.99
Booda Organics
All-in-One Daily
Moisturizer
2.3 oz.
753182-230917
SAVE 31%

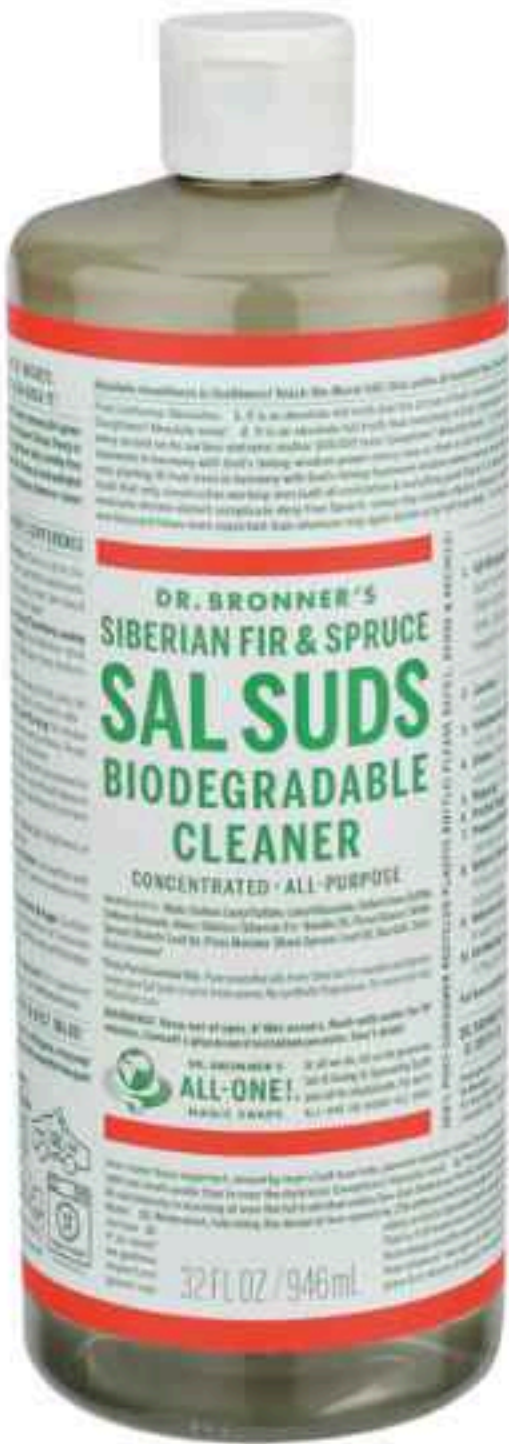


11.99
Natural Factors
DGL Licorice
Chews
90 ct.
068958-045085

soothes dry skin fast

Borage Therapy helps in reversing a deficiency of gamma linolenic acid (GLA), a critical omega-6 that helps soothe dry skin. Awarded the National Eczema Association Seal of Approval.

8.99
Shikai
Borage Therapy Lotion
8 fl. oz.
081738-402021
SAVE 38%



10.99
Dr. Bronner's
Sal Suds
32 fl. oz.

All your wellness supplements are at the co-op.

Some items may not be available at all stores or on the same days

Community FOOD CO'OP

Downtown
1220 N. Forest Street
7 am to 9 pm

Cordata
315 Westerly Road
7 am to 9 pm

Shop Online
communityfood.coop

360-734-8158



nutritious and delicious

Snacking is made easy with KIND. These gluten-free bars are nutritious, delicious and perfect for guilt-free snacking at any time of the day!



3 / \$5 Kind Bars
1.4 oz., selected varieties



2.29
Vita Coco
Coconut Water
16.9 fl. oz.
898999-010007
SAVE 30%



2.29
Essentia
Ionized Water
50.7 fl. oz.
657227-000506



Scan the QR code to learn more about the quality and values represented by these symbols.



PWNW0924B

Some items may not be available at all stores or on the same days.

