

All your favorite brands –

# Savings for the Holiday Season!

Look for over 65 coupons throughout the store.



find savings throughout the store!



save with **coop deals.**

**\$1.00 off**

**Amore**  
Any cooking pastes or ready-to-eat vegetables

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00 off 2**

**Annie's**  
Any two boxes of GrassFed or SuperMac mac and cheese

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**Artisan Tropic**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00 off**

**Artisana Organics**  
Any 8 oz. or 14 oz. jar

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00 off**

**Aura Cacia**  
Any essential oil

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$5.00 off**

**Barlean's**  
Any 16 oz. liquid item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**Beekeeper's Naturals**  
Any item (excludes single serve items)

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**BelGioioso**  
Any cheese wedges or boards

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off 2**

**Beyond Meat**  
Any two breakfast sausages or patties

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**

find savings throughout the store!



save with **coop deals.**

**80¢ off**

**Bionaturae**  
Any fruit spread or nectar

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00 off**

**Boiron**  
Any Oscillo 12 dose

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**75¢ off**

**Canyon Bakehouse**  
Any frozen item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**Cappello's**  
Any cookie dough or biscuits

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**ChildLife Essentials**  
Any item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**Cocomels**  
Any coconut candy or bites

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$4.00 off**

**Comvita**  
Any manuka honey item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**Dr. Bronner's**  
Any 30 oz. coconut oil

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**Eco Lips**  
Any lip balm

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**EO**  
Any lotion, body oil or hand cream

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**

find savings throughout the store!



save with **coop deals.**

**\$1.00** off

**Epic**  
Any 14 oz. broth or  
11 oz. fat item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00** off

**Essentia Water**  
Any 50.7 fl. oz. water

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**75¢** off

**Essential Baking Company**  
Any bread item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00** off 2

**Every Man Jack**  
Any two items  
(excludes travel sizes)

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00** off

**Everyone**  
Any 8 oz. or 32 oz. lotion

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00** off

**Explore Cuisine**  
Any pasta item

Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$4.00** off

**Floradix**  
Any item

Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**50¢** off

**Food For Life**  
Any English muffin

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00** off

**Frontier Co-op**  
Any bottled spice,  
herb or extract

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$3.00** off

**Garden of Life**  
Any kids supplement  
(excludes baby items)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**

find savings throughout the store!



save with **coop deals.**

**75¢ off**

**Happy Family Brands**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**Himalaya**  
Any oral care item  
(excludes travel sized items)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.50 off**

**Hu**  
Any bar, 4 oz. hunks  
or baking chips

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**Jason Naturals**  
Any soap, bath or  
hair care item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**70¢ off**

**Jovial**  
Any Einkorn cookie  
or cracker

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$3.00 off**

**Juniper Ridge**  
Any item

Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**50¢ off**

**Kirk's**  
Any bar of soap

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00 off 2**

**Laird Superfood**  
Any two items

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00 off**

**Little Secrets**  
Any multi-serve item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.50 off 2**

**Made In Nature**  
Any two 3 oz.-8 oz.  
dried fruit items

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$5.00 off**

**Mineral Fusion**  
Any cosmetic or nail item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00 off**

**Natural Factors**  
Any Pharma Gaba, full-size  
Suntheanine or full-size  
Tranquil Sleep

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00 off 2**

**Numi**  
Any two items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00 off**

**Oregon's Wild Harvest**  
Any capsule, extract  
or tonic

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**Orgain**  
Any ready-to-drink 4-pack

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00 off**

**Organic Prairie**  
Any 12 oz. summer  
sausage

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**Organicville  
or Sky Valley**  
Any item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off 2**

**Pacific Foods**  
Any two 16.1 oz.  
or 16.3 oz. soup cans

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**ParmCrisps**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**

find savings throughout the store!



save with **coop deals.**

**\$2.00 off**

**PlusCBD**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off 2**

**Poppi**  
Any two 12 fl. oz. cans

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**50¢ off**

**Probar**  
Any meal bar

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.50 off 2**

**Purely Elizabeth**  
Any two hot cereals

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**50¢ off**

**REBBL**  
Any 12 fl. oz. beverage

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$4.00 off**

**RidgeCrest Herbals**  
Any bottle

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00 off**

**Sir Kensington's**  
Any item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.50 off 2**

**Snack Factory**  
Any two bags

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**50¢ off**

**South Of France**  
Any item  
(excludes travel sizes)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00 off**

**Sukin**  
Any item  
(excludes travel sizes)

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 12/31/24.**

find savings throughout the store!



save with **coop deals.**

**\$1.00 off**

**SunButter**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**The Grandpa Soap Co.**  
Any item  
(excludes travel sizes)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**Traditional Medicinals**

Any Smooth Move capsules or Throat Coat lozenges

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**Vita Coco**

Any 33.8 fl. oz. coconut milk or water

Present one coupon per item purchased. Limit of six coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.50 off**

**Wedderspoon**

Any drops, pops, lozenges or throat spray

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$3.00 off**

**Weleda**

Any facial care item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**50¢ off**

**White Mountain**

Any Bulgarian yogurt

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$1.00 off**

**Wholesome**

Any agave, corn syrup or molasses item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00 off 2**

**Woodstock**

Any two 8 oz. or 10 oz. frozen fruit items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

**\$2.00 off 2**

**Yachak Organic**

Any two 16 fl. oz. items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**