

coop deals

APR 2 - APR 15, 2025

follow your gut

A REFRESHING MOMENT

Enjoy the spring weather and relax with an Olipop in hand. They're the perfect beverage for busy days of spring cleaning or enjoying outdoor activities. Olipop is full of prebiotics and comes in a variety of fun flavors. Grab some at the co-op while they're on sale!



2/\$4

Olipop
Prebiotic Sodas
12 fl. oz. can, selected varieties
SAVE 20%



2/\$6

Safe Catch
Elite Wild Tuna
5 oz.
859480-006077
SAVE 14%



5.99

Sir Kensington's
Mayonnaise
12 fl. oz., selected varieties
SAVE 37%



7.99

Woodstock
Organic Filled Pasta
20 oz., selected varieties
SAVE 20%



Community
FOOD CO-OP
good local food

50
YEARS



3.79

Oatly
Barista Edition
Oatmilk
32 oz.
190646-640019



4.49

Oatly
Oatmilk Creamer
32 fl. oz., selected
varieties



4.49

Oatly
Oatmilk
64 fl. oz., selected varieties



4.49

Oatly
Non-dairy
Frozen Dessert
1 pt., selected varieties

all the Oatlys

Oatly is the original oatmilk! And now seems like a really good time to get some of our perfectly creamy and delicious oatmilks, oat creamers and nondairy frozen desserts into your fridge and/or freezer. Wow, no cow!



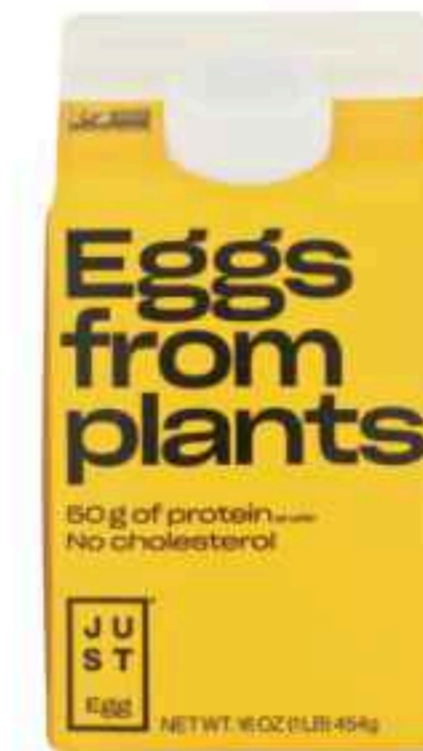
2/\$7

Koia
Plant-based
Protein Drinks
12 fl. oz., selected
varieties



5.99

Immaculate
Organic
Cinnamon Rolls
17.5 oz.
665596-013010
SAVE 40%



6.49

Just
Plant-based Egg
16 oz.
191011-001275



power of plant-based

Califia Farms is on a mission to create a future where plants replace dairy, without compromise. Califia produces innovative, healthy and great-tasting plant-based alternatives to dairy.

4.49

Califia Farms
Oatmilk
48 fl. oz., selected varieties



4.49

Chobani
Oatmilk
52 fl. oz.
818290-017031

The co-op has delicious nondairy options.



2/\$4

**Icelandic Provisions
Strawberry Skyr**
SPECIAL ORDERS ONLY
5.3 oz. each, case of 12
854074-006037



4/\$5

**Noosa
Yogurt**
4.5 oz, selected
varieties

ridiculously creamy

Make everyday smoother with Wallaby organic slow-crafted whole milk yogurt! Each serving has 15 grams of protein.

6.49

**Wallaby Organic
Greek Yogurt**
SPECIAL ORDERS ONLY
32 oz. each, case of 6
795709-085112



4.99

**Violife
Just Like Feta**
8 oz.
810934-030239

SAVE 33%



6.49

**Diestel
Sliced Deli Meat**
6 oz. each, case of 10
7-07330-37646-0

cheese you'll melt over

COOPERATIVELY OWNED

Whether you're craving parmesan, feta, sliced provolone or raw sharp cheddar, there's a delicious, flavorful **Organic Valley** cheese for nearly every occasion. And they're all made with organic milk from pasture-raised cows. Enjoy!



4.49

**Organic Valley
Shredded Parmesan
Cheese**
4 oz.
093966-002287



4.99

**Organic Valley
Cheese Slices**
6 oz., selected varieties
SAVE 32%



4.99

**Organic Valley
Feta Cheese**
8 oz.
093966-213010
SAVE 33%



6.99

**Organic Valley
Grassmilk Raw
Cheddar Cheese**
8 oz., selected varieties

Fill the fridge with selections from the co-op.



2/\$5

Health-Ade
Organic Kombuchas
16 fl. oz., selected varieties

SAVE 37%



great buttery taste

Rich, buttery flavor perfect for spreading on toast, bagels and more.

5.99

Earth Balance
Organic Whipped
Buttery Spread

13 oz.

033776-011710



6.49

Alexandre Family Farm
Organic 100% Grass-fed Kefir

28 oz.

854442-007482

simple plant-based ingredients



By shifting from animal to plant-based meat, we can positively impact four growing global issues: human health, climate change, constraints on natural resources, and animal welfare. Go beyond the basic with Beyond Meat.

7.49

Beyond Meat
Plant-based Sausages
14 oz., selected varieties



4.99

Mt Vikos
Feta Cheese

6 oz.

665291-006539

SAVE 41%

All your breakfast staples are at the co-op.

INCLUSIVE TRADE PARTNER

Grain Trust is a Hispanic-owned company that creates three-minute dishes with ethically sourced grains from farmers who earn living wages.



2/\$8 Grain Trust
Frozen Rice Sides
30 oz., selected varieties
SAVE 31%



2/\$5
Stahlbush Island Farms
Frozen Vegetables
10 oz., selected varieties



4.49
Quorn
Alt Meat Nuggets
or Patties
10.6 oz.



4.99
Rudi's
Organic Bread
22 oz., selected varieties



4.49
Goodpop
Frozen Novelties
9-13.2 fl. oz., selected varieties



11.99
Wyman's
Wild Blueberries
SPECIAL ORDERS ONLY
3 lbs each, case of 6
079900-001691



keep it real

Made with organic goodness, our ice cream delivers bold flavor without compromise. No artificial flavors, just real ingredients you can trust.

8.99

Alden's Organic
Ice Cream
1.5 qts., selected varieties



4.99

Ben & Jerry's
Ice Cream or Non-dairy
Frozen Dessert
15.2-16 fl. oz., selected varieties

Find frozen treats at the co-op.



2/\$5

Westbrae
Organic Beans
15 oz., selected varieties



5.29

Emerald Cove
Sun Dried Kombu
1.76 oz
023547-300211



2.19

KOYO
Ramen Cups
2-2.1 oz., selected varieties



7.99

Rao's Homemade
Pasta Sauce
24 oz., selected varieties



2/\$6

Annie's
Organic Mac & Cheese
6 oz., selected varieties
SAVE 30%



Tasty meals begin at the co-op.

Cook it how you like it.



3.79

Pacific Foods
Organic Broth
32 fl. oz., selected varieties



4.99

Bonne Maman
Fruit Spread
13 oz., selected varieties



5.99

Better than Bouillon
Organic Broth Base
8 oz., selected varieties



2/\$6

Muir Glen
Organic Tomatoes
28 oz., selected varieties
SAVE 40%



7.99

Carbone
Pasta Sauce
SPECIAL ORDERS ONLY
24 oz. each, case of 6
850024-735002



17.99

Napa Valley
Naturals
Organic Extra
Virgin Olive Oil
25.4 fl. oz.
786969-010051
SAVE 31%

The co-op makes homemade meals easy.



3.79

Bob's Red Mill
Unbleached White
All-purpose Flour
SPECIAL ORDERS ONLY
5 lbs. each, case of 8
039978-533012



6.49

Bob's Red Mill
Organic Flour
5 lbs.
039978-029911



7.49

Bob's Red Mill
Gluten-free 1-to-1
Baking Flour
44 oz.
039978-044532



7.99

Bob's Red Mill
Super-fine
Almond Flour
16 oz.
039978-053817



*it starts
with good
ingredients*

At **Bob's Red Mill**, we know nothing tastes as delicious as homemade food made with good ingredients. That's why we take special care with our premium flours, your key to the best flavor and texture. Homemade perfection, every time.



6.49

Madhava
Organic Agave
Nectar
SPECIAL ORDERS ONLY
23.5 oz. each, case of 6
078314-112351



6.99

Lily's
Baking Chips
9 oz., selected varieties



6.99

Simple Mills
Baking Mixes
9-12.9 oz., selected
varieties

always organic, simply delicious



COOPERATIVELY OWNED

Simply Organic offers pure, organic cinnamon — an essential ingredient for your kitchen. We also proudly support the fight against food insecurity in North America through the Simply Organic Giving Fund.

4.99

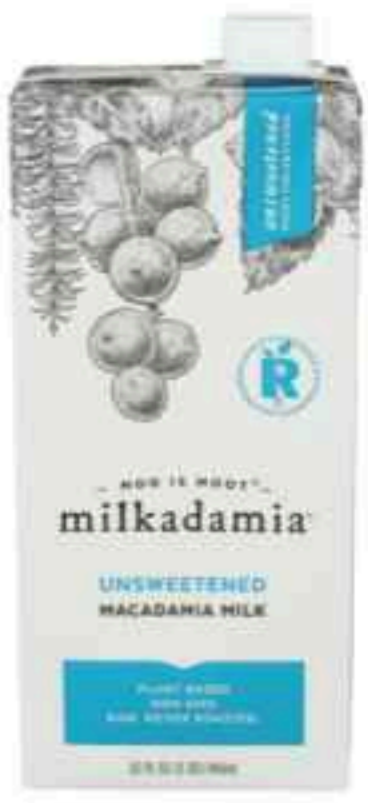
Simply Organic
Cinnamon
2.45 oz.



6.99

Sweetleaf
Stevia
Sweetener
2 fl. oz., selected
varieties

The co-op has your baking needs covered.



3.99
Milkadamia
Macadamia Milk
32 fl. oz., selected
varieties



5.99
Santa Cruz Organic
Dark Roasted
Peanut Butter
16 oz., selected varieties



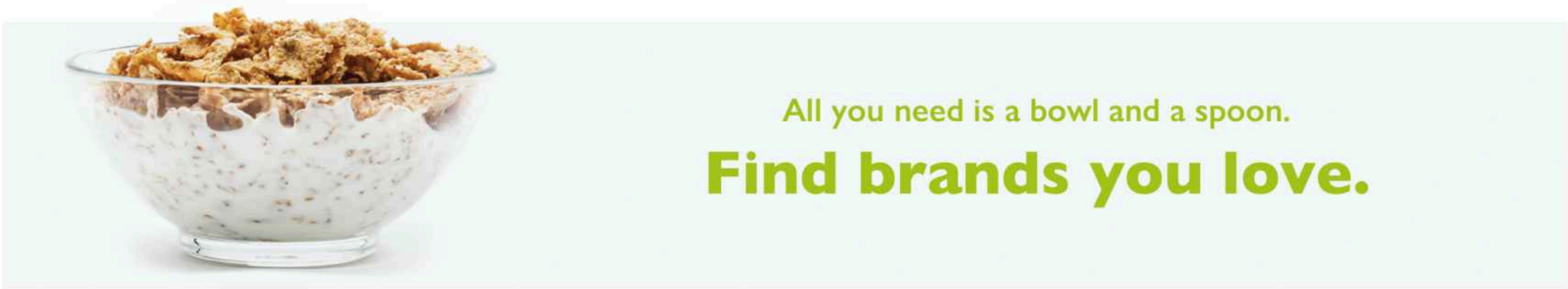
cereal you can love

Deliver the goodness moms and kids both love. Mom's Best provides healthy options with whole grains and no artificial flavors. Puffins are Non-GMO Project verified and a good source of fiber.

4.49

Barbara's or Mom's Best Cereals

10-14 oz., selected varieties



All you need is a bowl and a spoon.

Find brands you love.

taste the obsession

INCLUSIVE TRADE PARTNER

As a Certified B Corp and women-owned business, Purely Elizabeth is here to help you thrive on your wellness journey by creating foods to obsess over.

5.49

Purely Elizabeth Granola

8-12 oz., selected varieties



2/\$4

Rxbar Protein Bars
SPECIAL ORDERS ONLY
1.83 oz. each, case of 12
857777-004201

The co-op has something for everyone.

Some items may not be available at all stores or on the same days

food with purpose

Whether you're craving sweet flavors or a bar packed with greens, PROBAR Meal is the perfect on-the-go companion! Blended for maximum nutrient density, they'll make you feel satisfied all day.

2.29

Probar Meal Bar

3 oz., selected varieties



2/\$6

Boulder Canyon Potato Chips
5.25-6.5 oz., selected varieties

SAVE 30%



2/\$8

Barnana Organic Plantain Chips

5 oz. each, case of 6
857682-003863



the bake shop way

Delight in Tate's Bake Shop's cookies, combining a homemade taste with uniquely crispy and deeply delicious flavor!

4.99

Tate's Bake Shop Cookies

5.5-7 oz., selected varieties

scoop up the savings in bulk!



2.69

Organic Garbanzo Beans
per pound in bulk



6.99

Organic Pitted Prunes
per pound in bulk



7.99

Organic Walnut Halves & Pieces
per pound in bulk

On-the-go snacks are at the co-op.



4.79

**Garden of Eatin'
Tortilla Chips**
16 oz., selected varieties



fuel your adventure

Vermont Smoke & Cure meat sticks are perfect for any on-the-go adventure. From beef and pork to turkey, enjoy premium, protein-packed, savory flavors in every bite. Convenient, delicious and satisfying!

3 / \$5

**Vermont Smoke & Cure
Meat Sticks**
1 oz., selected varieties



3.79

Pipcorn
Heirloom Snacks
SPECIAL ORDERS ONLY
4.5 oz. each, case of 12
854934-004852



3.99

**Lundberg Family Farms
Organic Rice Cakes**
5-10.5 oz., selected varieties



4.49

**Loacker
Wafer Cookies**
7.76-8.82 oz., selected varieties



less sugar, sweet life

LILY'S Sweets are so delicious you won't believe they have no sugar added. Did you know salt actually makes things taste sweeter? Look no further for a sweet surprise.

2 / \$6

**Lily's
Chocolate Bars**
2.8-3 oz., selected varieties



4.99

**Kettle Brand
Potato Chips**
13 oz., selected varieties

Bring home great snacks from the co-op.



2/\$6

**Siete
Potato Chips**
5.5 oz, selected varieties



a moment of joy in every bite

Inspire your taste buds with chocolate that's made the way it was truly meant to be. When any occasion calls for chocolate, we've got you covered.

2/\$6

**Endangered Species
Chocolate Bars**
3 oz., selected varieties



3.69

**Vita Coco
Coconut Water**
33.8 fl. oz., selected varieties



3.99

**R.W. Knudsen
Organic Blueberry
Pomegranate Juice**
32 fl. oz.
074682-107791



5.99

**Izze
Sparkling Juice
Drink**
6 pk.-8.4 fl. oz. cans,
selected varieties
(pictured variety not
available in stores)

soda's back, but better

Founded by Allison and Stephen Ellsworth, poppi combines fruit juice, prebiotics and 5 grams of sugar to create a delicious soda.

2/\$4

**Poppi
Prebiotic Sodas**

SPECIAL ORDERS ONLY
12 fl. oz each, case of 12
709586-514856, 709586-514870



2/\$8

**Waterloo
Sparkling Water**
8 pk.-12 oz. cans, selected varieties



Fizzy and flavorful beverages are at the co-op.



6.29

**Manitoba Harvest
Hemp Hearts**
8 oz.



*better soil, better
supplements*

Gaia Herbs' Turmeric is grown in Nicaragua using regenerative agroforestry practices. Feel the difference of finely crafted herbs.

19.99

**Gaia Herbs
Turmeric Supreme**
60 ct. , selected varieties



Feel your best this spring.

Supplement the longer days.

INCLUSIVE TRADE PARTNER

Wishgarden Herbs is a woman-owned company. We source organic and sustainable herbs from fair trade and family-owned farms.



15.99

**Wishgarden Herbs
Kick-Ass Immune
Activator**
2 fl. oz.



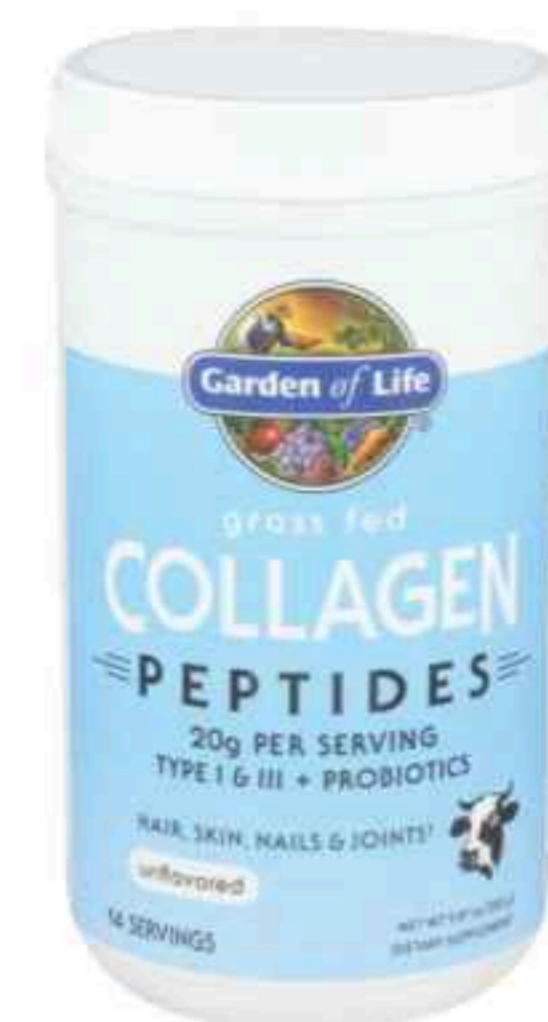
9.99

**Hyland's Naturals
Calms Forte
Sleep Aid**
100 ct.



20.99

**Smarty Pants
Organic Kids
Multi & Omegas
Gummies**
120 ct.



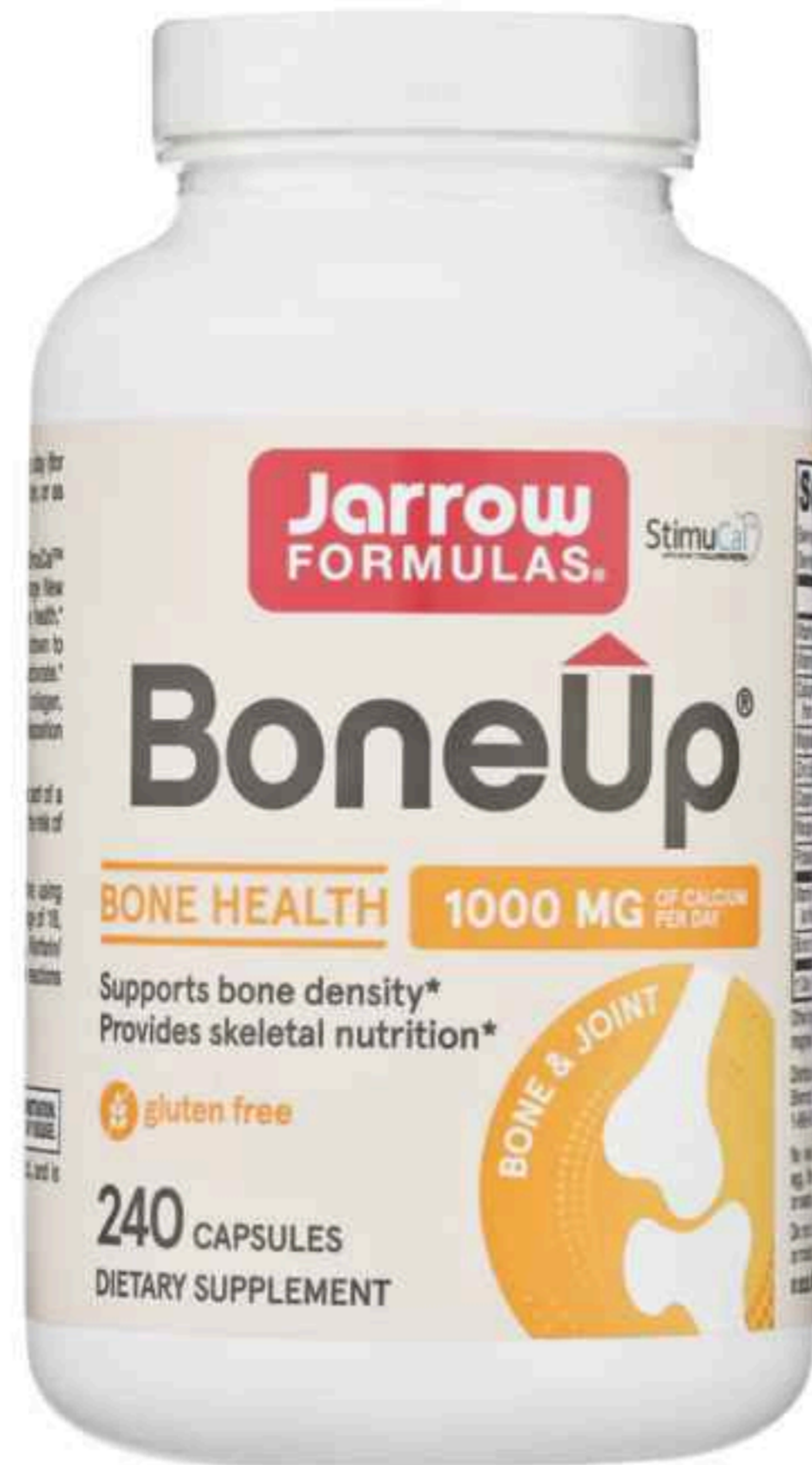
16.99

**Garden of Life
Unflavored Collagen
Peptides**
9.87 oz.

Find all your wellness items at the co-op.



20.99
 Nordic Naturals
 Ultimate Omega
 60 ct.



comprehensive bone health formula

Our BoneUp product uses clinically studied StimuCal™ which is a naturally derived source of calcium hydroxyapatite, shown to support bone mineral density.

24.99

Jarrow Formulas
 BoneUp
 240 ct.



31.99
 Four Sigmatic
 Organic Plant-based
 Protein Powder
 16.9-21.16 oz., selected
 varieties

enhance your supplement routine

Targeted formulas made with tested ingredients support healthy iron levels, whole-body wellness and age-specific needs providing trusted support. We have 50 years of expertise and are Certified B Corp.



11.99
 Megafood
 Magnesium 300
 60 ct.



17.99
 Megafood
 Turmeric Curcumin
 60 ct.



17.99
 Megafood
 Blood Builder
 60 ct.



19.99
 Megafood
 Women's 55+
 Advanced Multivitamin
 60 ct.

Trusted brands are at the co-op.

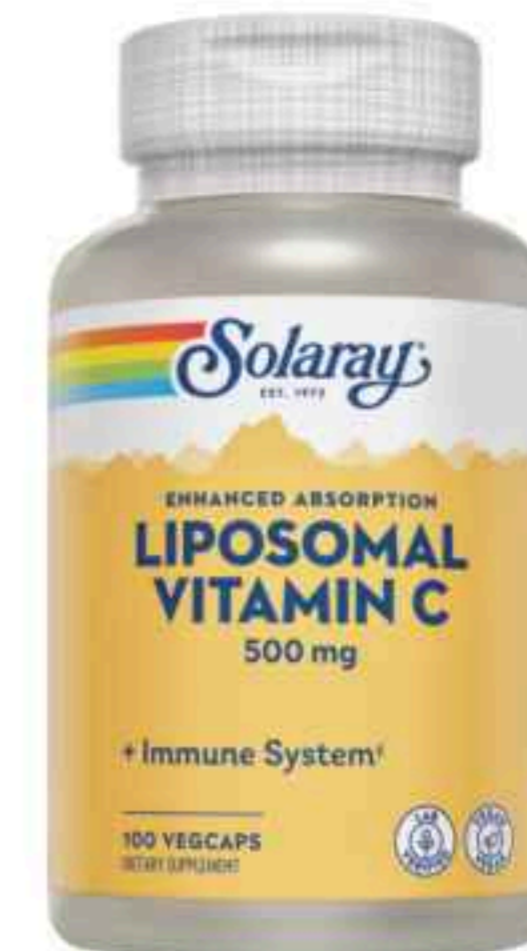
because quality matters



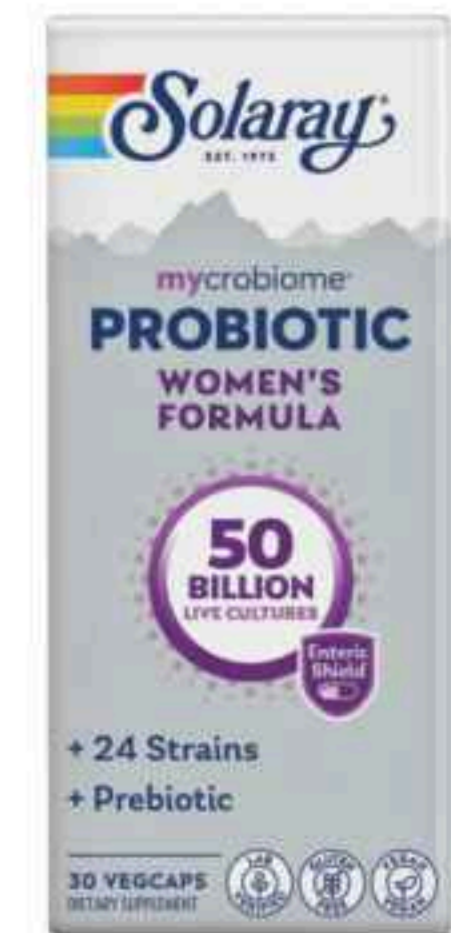
16.99
Solaray
Magnesium
Glycinate 350mg
120 ct.



22.99
Solaray
D-Mannose with
CranActin
60 ct.



23.99
Solaray
Liposomal
Vitamin C 500mg
100 ct.



35.99
Solaray
MycrobioMe
Women's Probiotic
30 ct.

Solaray has become the trusted name in vitamins because our passion has always been simple and singular: to support you with the most efficacious, clean ingredients under the sun to enhance your wellness journey.



3.79
DrTung's
Smart Floss
30 yd.
019373-711215



8.49
Hibar
Deodorant
2.25 oz., selected
varieties



34.99
Dr. Hauschka
Rose Day Cream
1 oz.



9.99
Green Forest
Bathroom Tissue
12 ct.
063668-353864

clean living starts here

INCLUSIVE TRADE PARTNER
ECOS is a Black- and woman-owned company. Our plant-powered, hypoallergenic laundry sheets don't just fight stains — they also help you care for your home and the planet. A better choice today for a brighter tomorrow.

11.99
Ecos
Laundry Detergent Sheets
50 ct.
749174-095374



3.99
Mrs. Meyer's
Dish Soap
SPECIAL ORDERS ONLY
16 fl. oz. each, case of 6
808124-121034

The co-op has all your home and body care items.

Some items may not be available at all stores or on the same days



6.49

Acure Shampoo or Conditioner
8 fl. oz., selected varieties



TEA TREE OIL WHITENING PLUS TOOTHPASTE
COOL MINT
FLUORIDE FREE
SLS FREE
GLUTEN FREE
VEGAN
6.25 OZ NET WT. 176 G



TEA TREE OIL & NEEM TOOTHPASTE
WINTERGREEN
FLUORIDE FREE
SLS FREE
GLUTEN FREE
VEGAN
6.25 OZ NET WT. 176 G

fluoride-free toothpaste

Brush away impurities and keep breath fresh with the power of botanicals. Our toothpastes are Non-GMO Project verified and free of fluoride for your peace of mind.

4.79

Desert Essence Toothpaste
6.25 oz., selected varieties



4.49

Mrs. Meyer's Hand Soap
SPECIAL ORDERS ONLY
12.5 oz. each, case of 6
808124-111042



10.99

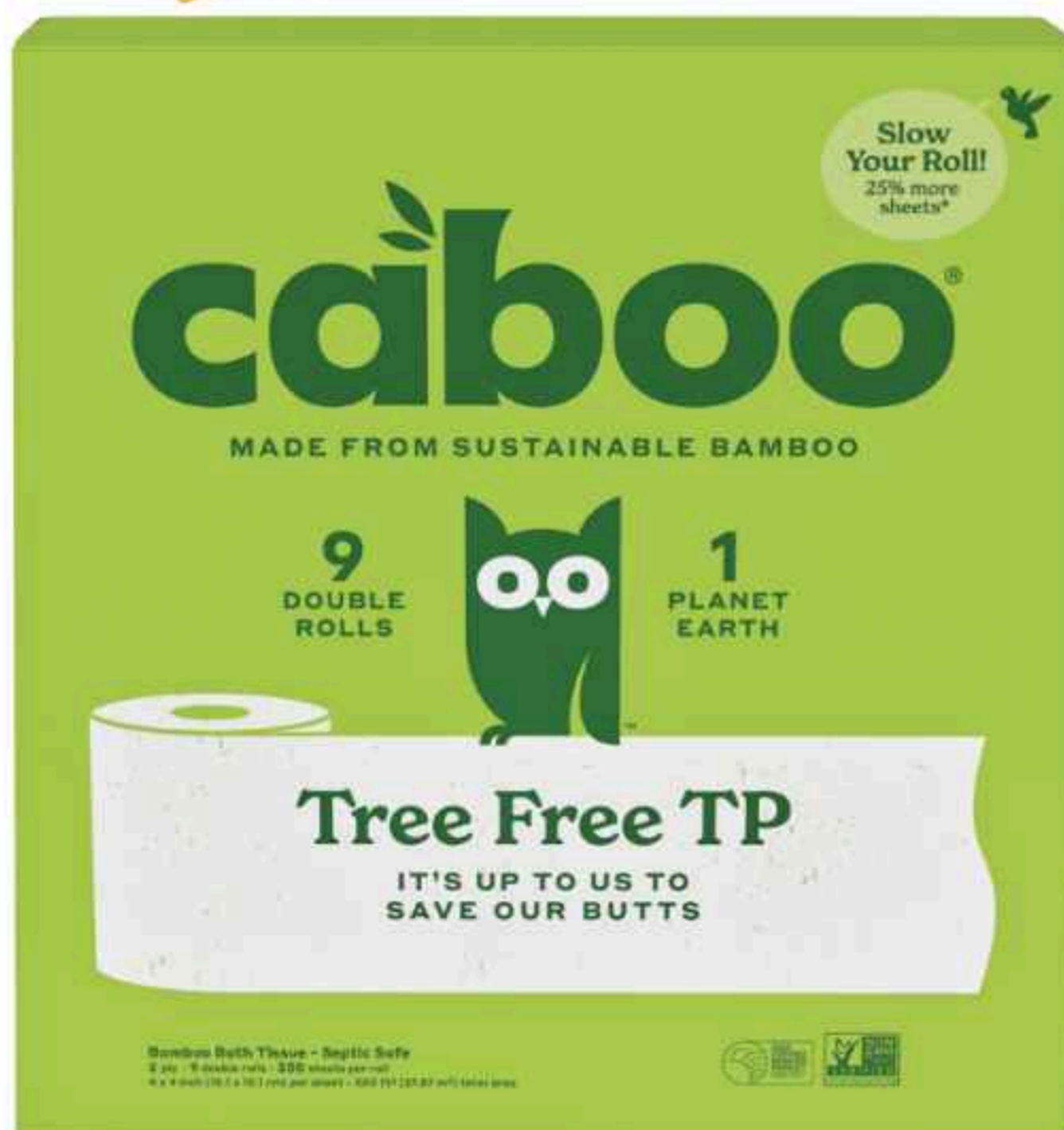
Life-Flo Pure Magnesium Oil
8 fl. oz.
645951-405308



13.99

Weleda Skin Food Cream
2.5 fl. oz.
4001638-098595

tree-free bamboo bath tissue



Great TP without the tree! Caboo tree-free bath tissue is soft, strong and plastic-free, and way better for the earth. Made from sustainable bamboo, Caboo tree-free household products save trees.

7.99

Caboo 300-sheet Bamboo Bath Tissue Rolls
9 ct.



9.99

Jason Body Wash
30 fl. oz., selected varieties

Safe, sustainable products are at the co-op.

Community FOOD CO OP

Downtown

1220 N. Forest Street
7 am to 9 pm

Cordata

315 Westerly Road
7 am to 9 pm

Shop Online

communityfood.coop

360-734-8158



use less plastic



Dr. Bronner's Pure-Castile Soap Refill Carton is the same, great Magic Soap — with a smooth, rich lather and fresh, clean rinse. Made with a nourishing blend of organic oils. Uses 82% less plastic than one of our 32 oz. recycled bottles!

10.99

Dr. Bronner's Soap Refill
32 fl. oz., selected varieties

SAVE 39%



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



PWNW0425A