

coop deals

APR 16 - APR 29, 2025

*simmered to
perfection*

A REFRESHING MOMENT

Cozy nights, busy dinners or family gatherings are all made better with a comforting bowl of soup. And with Imagine Foods chicken broth, you can transform simple ingredients and make a delicious meal. Find it on sale at the co-op!



2/\$7

Imagine
Organic Broths
32 fl. oz., selected varieties
SAVE 25%



2/\$4

Little Secrets
Crispy Wafers
1.4 oz., selected
varieties
SAVE 20%



2/\$6

Cascadian Farm
Organic Frozen
Vegetables
10 oz., selected varieties
SAVE 30%



19.99

California Olive Ranch
Global Blend Extra
Virgin Olive Oil
25.4 fl. oz.
850687-104009
SAVE 26%



Buy One, Get One

FREE

special offers inside!



Buy One, Get One

FREE

Deals at the Co-op!

Welcome to BOGO (buy one, get one FREE) deals!
You'll find savings on products you love from brands you trust in departments across the co-op. Look for the BOGO deals signs throughout the store.

INCLUSIVE TRADE PARTNER

Giovanni is a veteran-owned company. We make cutting-edge, fashion-forward natural hair care a reality.

BO GO **inclusive trade**

Buy One, Get One

FREE

Giovanni
Shampoo or Conditioner
8.5 fl. oz., selected varieties

BO GO

Buy One, Get One

FREE

Preserve
Adult Toothbrush
each, selected varieties

BO GO

Buy One, Get One

FREE

Sappo Hill
Glycerine Creme Soap
3.5 oz., selected varieties
LIMIT 3 per customer

Find amazing BOGO deals at the co-op!

Some items may not be available at all stores or on the same days



Buy One, Get One
FREE

Country Life
Coenzyme B-Complex
120 ct.
015794-064190



Buy One, Get One
FREE

The Humble Co.
Mint Floss Picks
50 ct.
857035-007418



Buy One, Get One
FREE

Sukin
Shampoo or Conditioner
16.9 fl. oz., selected varieties



Buy One, Get One
FREE

Liquid I.V.
Sugar Free Electrolytes
SUBJECT TO AVAILABILITY
10 ct.
810125-970733, 850039-286667
(pictured varieties not avail in stores)



Buy One, Get One
FREE

Orgain
Nutritional or Protein
Shakes
11 fl. oz., selected varieties



Buy One, Get One
FREE

Whole Earth & Sea
Men's or Women's
Multivitamin & Mineral
60 ct., selected varieties

Find buy one, get one free deals at the co-op!

Some items may not be available at all stores or on the same days



2/\$6
Goodbelly
Probiotic Drinks
32 fl. oz., selected
varieties
SAVE 33%



3.79
Good Karma
Flaxmilk
64 fl. oz.
829462-001178

INCLUSIVE TRADE PARTNER

Pop & Bottle is a woman-owned company. We make pure, delicious coffee and tea lattes. Our lattes are plant-based, free of refined sugar, and thoughtfully crafted to nourish and delight.



3/\$10
Pop & Bottle
Organic Almond Latte
11 fl. oz.



INCLUSIVE TRADE PARTNER

Three Trees is a woman-owned company with a passion for creating nutritious, plant-based beverages using the wonders of the forest to provide clean ingredients.



5.99
Three Trees
Organic Plant-based Milk
28 fl. oz., selected varieties



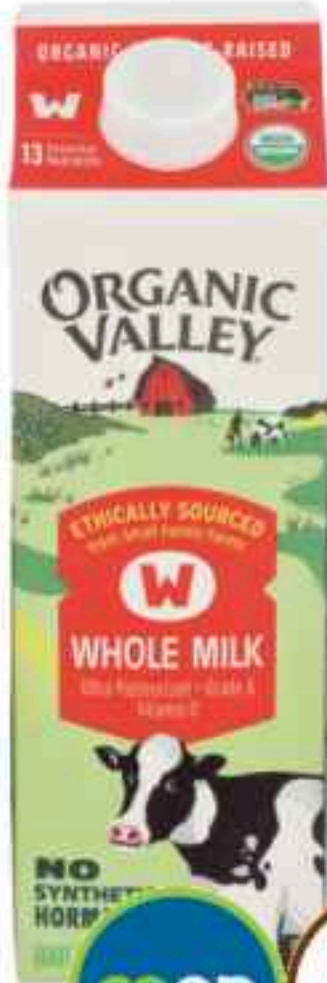
4.49
Ripple
Unsweetened
Pea Milk
48 fl. oz.



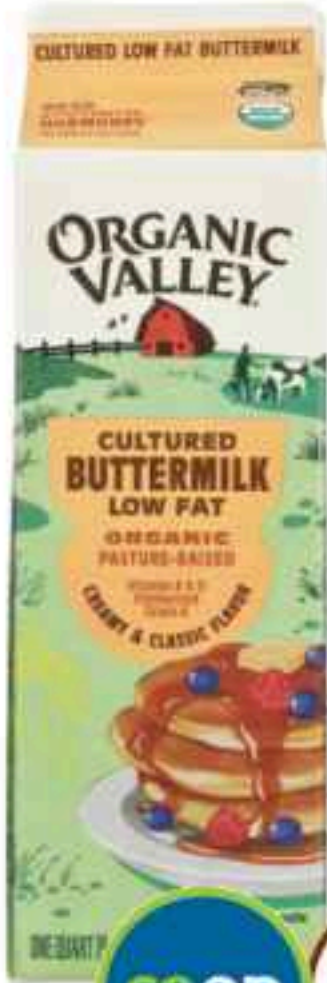
4.49
Silk
Plant-based Milks
64 fl. oz.
025293-600232



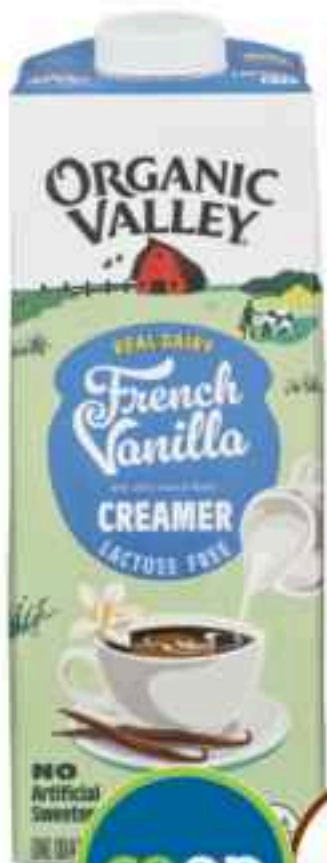
4.99
Laird Superfood
Superfood
Creamers
25.4 oz., selected
varieties



2.99
Organic Valley
Milk
32 fl. oz.,
selected varieties



3.99
Organic Valley
Cultured Lowfat
Buttermilk
32 fl. oz.
093966-000856



4.99
Organic Valley
Creamer
32 fl. oz.



4.99
Organic Valley
Large Free-range
Brown Eggs
1 doz.
093966-811209



*good organic
morning*

COOPERATIVELY OWNED

Start your day off on the right foot with **Organic Valley** milk, pasture-raised eggs and flavored creamers. Incredibly delicious organic food from small family farms where cows and chickens roam on wide open pastures in the fresh air and sunshine.

Your breakfast favorites are at the co-op.

Some items may not be available at all stores or on the same days



3.49
Wildwood
Organic Super Firm
Sprouted Tofu
16 oz.
030871-000021

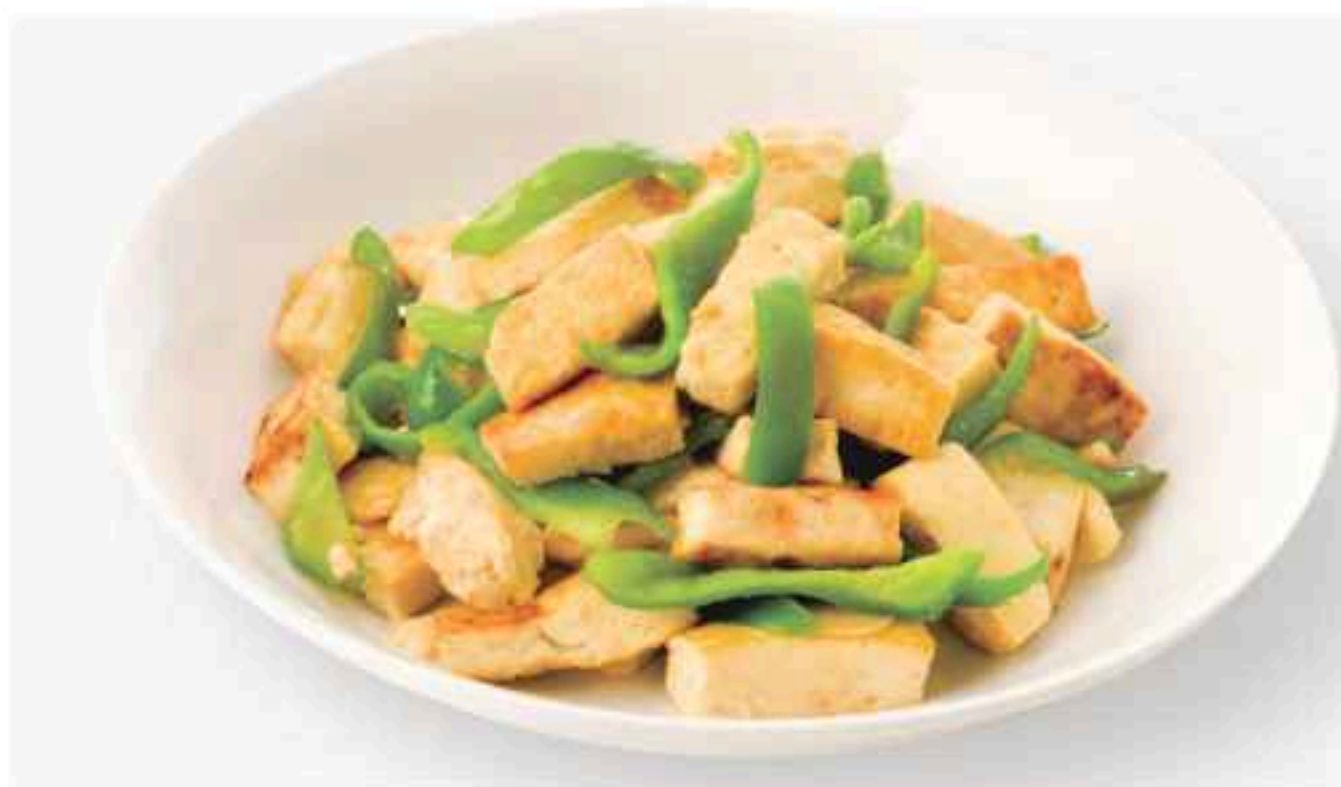
unbelievably thick and creamy



Fage Total 5% Plain Greek Yogurt — deliciously rich and creamy, made with only milk and live active yogurt cultures. The possibilities are as endless as your imagination.

5.99

Fage
Greek Yogurt
SPECIAL ORDERS ONLY
32 oz. each, case of 6
689544-083009



Find delicious recipes on [grocery.coop](https://www.grocery.coop).

Great ingredients you'll love.



5.99
Grillo's
Pickles
32 fl. oz., selected
varieties



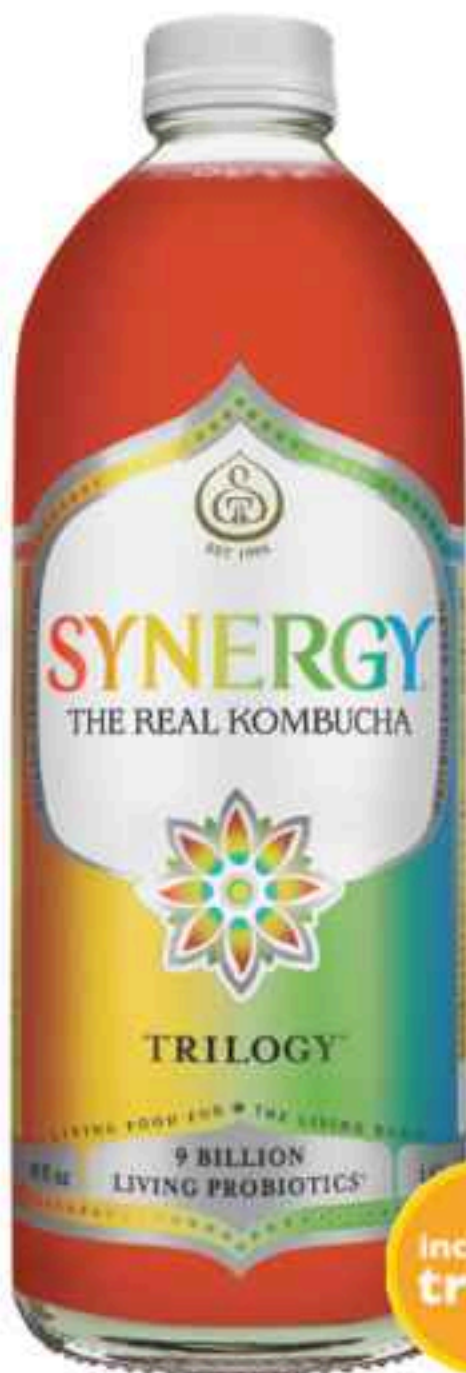
3.39
Lightlife
Organic Tempeh
8 oz., selected varieties

INCLUSIVE TRADE PARTNER

GT's Living Foods is LGBTQIA+-owned and a leader in fermented foods. We are proud to remain a family-owned and operated company.

6.99

GT's
Kombucha
48 fl. oz., selected varieties



6.49
Miyoko's
Creamery
Organic Plant Milk
Mozzarella
8 oz.
857554-005322
SAVE 32%

Try something new at the co-op.



3.99
Petit Pot
French Dessert
2 pk.-4 oz., selected varieties
SAVE 31%

always lactose-free



Organic, real dairy cream cheese, with all the richness and versatility but none of the lactose! Perfect for Easter baking or simply slathered on a bagel.

3.79
Green Valley
Organic Lactose-free
Cream Cheese
8 oz.
081312-610002



2.79
Hail Merry
Snack Cups
1.5 oz., selected varieties



4.99
Lifeway
Organic Kefir
SPECIAL ORDERS ONLY
32 oz. each, case of 6
017077-072328



4.99
Bellwether Farms
Sheep Milk Yogurt
16 oz.
705118-500601

crafted with less



At siggi's, we make delicious yogurt products with simple ingredients and not a lot of sugar. Our products are based on Scandinavian dairy traditions, such as skyr, the traditional Icelandic yogurt.

4.99
Siggi's
Skyr Yogurt
24 oz., selected varieties



2/\$8
Rebbl
Organic Beverages
12 fl. oz., selected varieties

Stock the fridge with favorites from the co-op.

Some items may not be available at all stores or on the same days



2/\$6
Nature's Path
Organic
Frozen Waffles
7.4 oz.
SAVE 30%



3.79
Hodo
Organic Tofu
8 oz.
850565-007521
(pictured variety not
available in stores)
SAVE 32%



4.99
Talenti
Gelato or Sorbetto
1 pt., selected varieties



4.49
Beyond Meat
Plant-based
Breakfast Sausage
7.4 oz., selected varieties



4.99
Bubbies
Mochi Ice Cream
7.5 oz., selected varieties
(pictured variety not
available in stores)



Look for this symbol and find Inclusive Trade brands.
Co-ops support Inclusive Trade.

welcome to India

INCLUSIVE TRADE PARTNER
Deep Indian Kitchen is owned by a third-generation Indian American family. Our Spinach Paneer and Potato & Pea Samosas deliver vibrant, made-from-scratch flavors, bringing the taste of restaurant-quality Indian cuisine to your table in minutes.



2/\$10 Deep Indian Kitchen
Entrées or Samosas
7.5-12 oz., selected varieties



4.99
Applegate
Breakfast Sausage
7 oz., selected varieties



The co-op has something for everyone.

Some items may not be available at all stores or on the same days



Never miss your favorite deals

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



2.69
Woodstock
Organic Frozen
Vegetables
10 oz., selected
varieties



4.99
Just
Folded Plant-based
Eggs
8 oz.



4.99
Alexia
Frozen Potatoes
15-19 oz., selected varieties



5.99
Field Roast
Plant-based
Corn Dogs
10 oz.
638031-612383

always organic, never ordinary



Bursting with flavor and packed with nutrients, this organic fruit makes a delightful addition to smoothies, desserts or even enjoyed straight from the bag.



10.99
Against the Grain
Gluten & Grain-free Pizzas
22.4-24 oz., selected
varieties

12.99

Cascadian Farm
Organic Frozen Fruit
28-32 oz., selected varieties

Download the Co+op Deals app today.



2.79

Let's Do Organic
Shredded or
Flaked Coconut
7-8.8 oz., selected
varieties



6.49

King Arthur Baking Company
Unbleached All-
purpose Flour
5 lbs.
071012-010509



sweet spring baking

For decadent desserts and weekend brunch favorites, add sweetness with Wholesome. Our high-quality organic sugars are sustainably sourced, while also supporting farmers and their communities through fair trade.

4.69

Wholesome
Organic Sugar
24-26 oz., selected varieties



5.49

If You Care
Parchment Baking Paper
70 sq. ft.
770009-010200



exceptional flavor, responsibly sourced

COOPERATIVELY OWNED

Frontier Co-op® is an ethically committed herb and spice brand with a broad culinary and wellness portfolio. We are united by our mission to put people and planet before profits.

15.99

Frontier Co-op
Organic Vanilla Extract
4 fl.oz.
089836-231833



INCLUSIVE TRADE PARTNER

Miss Jones Baking Co. is a woman-owned company. We make baking mixes and frostings that are responsibly sourced and made without artificial flavors or hydrogenated oils.



5.69 **Miss Jones Baking Co.**
Organic Frosting
11.29 oz., selected varieties

Find all your baking ingredients at the co-op.



2/\$3
Steaz
Organic Teas
16 fl. oz., selected
varieties
SAVE 35%



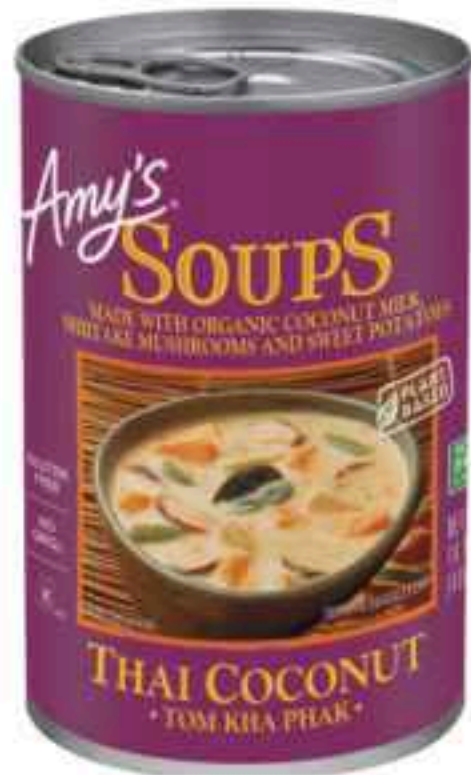
5.49
San Pellegrino
Mineral Sparkling
Water
6/250 ml
041508-800358
SAVE 31%



2/\$4
Just Ice Tea
Organic Teas
16 fl. oz., selected
varieties



2/\$7
Maya Kaimal
Organic Everyday
Entrees
10 oz., selected varieties



3.99
Amy's
Soups
14-14.7 oz., selected
varieties



4.99
Maille
Mustard
7.3-8 oz., selected varieties



6.99
Lundberg Family Farms
Organic Rice
32 oz., selected varieties



scoop up the savings in bulk!



2.69
Organic White
Quinoa
per pound in bulk



2.99
Organic
Shredded
Coconut
per pound in bulk



11.99
Organic Pecan
Halves
per pound in bulk

Stock up on bulk items at the co-op.

Some items may not be available at all stores or on the same days



2/\$3
Take Root Organics
Tomato Paste
SPECIAL ORDERS ONLY
6 oz. each, case of 12
024000-256052



2/\$7
Jovial
Organic Brown
Rice Pasta
12 oz., selected varieties
SAVE 30%



3.69
Woodstock
Organic Olives
8.4-8.5 oz., selected
varieties



3.99
Kitchen Basics
Organic Stocks
SPECIAL ORDERS ONLY
32 oz. each, case of 12
611443-010787



5.49
Patagonia
Provisions
Tinned Seafood
4.2 oz., selected varieties



5.69
Sky Valley
Sriracha Sauce
18.5 oz.
896859-000885



6.99
Primal Kitchen
No Dairy Garlic
Alfredo Sauce
15 oz.
850004-639054



9.99
4th & Heart
Grass-fed Ghee
9 oz.
861555-000118



10.99
Nutiva
Organic Fair Trade
Virgin Coconut Oil
SPECIAL ORDERS ONLY
23 oz. each, case of 6
692752-103520



keep it
stocked

RELIABLE AND READY
The co-op has excellent options for every culinary adventure. Make sure to have your favorite items stocked in the pantry so you can always make quick meals with the flavors you love.



5.39
Elmhurst
Plant-based
Milk
SPECIAL ORDERS ONLY
32 oz. each, case of 6
018944-001021

Enhance meals with ingredients from the co-op.

Some items may not be available at all stores or on the same days



2/\$3
Epic
Snack Strips
.8 oz., selected varieties



2/\$5 Epic
Meat Bars
1.3-1.5 oz., selected varieties



3.79
Repurpose
Compostable
Plates or Bowls
20 ct., selected varieties



2/\$8
Cascadian Farm
Organic Cereals,
Granolas or Granola
Bars
6-14.6 oz., selected varieties



4.49
Annie's
Organic Fruit
Snacks
7 oz., selected varieties



4.99
Lakewood
Organic Juice
32 fl. oz., selected varieties



4.49
Nature's Path
Organic Gluten
Free Homestyle
Oatmeal 8pk
11.3 oz
058449-450573



5.99
Grandy Organics
Coconola
9 oz., selected varieties



7.49
R.W. Knudsen
Organic Juice
32 fl. oz., selected varieties

cocoa co-op
spotlight

COOPERATIVELY OWNED

CONACADO, Dominican Republic, has over 9,000 members with an average farm size of three hectares. It was the first cocoa cooperative that **Equal Exchange** began working with in 2002 and has re-invested fair trade premiums in community projects including education, infrastructure, health and eco-tourism.



7.99
Equal Exchange
Organic Baking or
Hot Cocoa
8-12 oz., selected varieties



3.79
Equal Exchange
Organic
Chocolate Bar
2.8-3.5 oz., selected varieties



2/\$7
Equal Exchange
Organic Teas
20 ct., selected varieties



9.99
Equal Exchange
Organic Coffee
10-12 oz., selected varieties

Find the brands you trust at the co-op.

Some items may not be available at all stores or on the same days



1.99

**San Pellegrino
Sparkling
Mineral Water**

33.8 fl. oz.

041508-800006

041508-802185

SAVE 33%



*energize, sustain
and nourish*

Baked with delicious, wholesome ingredients and purposefully crafted with a blend of protein, fat and carbs to keep you moving.

2/\$3

**Clif or Luna
Nutrition Bars**

1.69-2.4 oz., selected varieties

SAVE up to 32%



3/\$5

**Nixie
Organic Zero
Sugar Sodas**
SPECIAL ORDERS ONLY
12 oz. each, case of 12
810013-080339



2.29

**C2O
Coconut Water**
17.5 fl. oz., selected
varieties



2/\$6

**Vive Organic
Wellness Shots**
2 fl. oz., selected varieties

indulgent. simple. chocolate.



Hu unites simple ingredients with unbeatable taste. Dive into delicious chocolate that tastes as good as it makes you feel.

2/\$8

**Hu
Organic
Chocolate Bars**
2.1 oz., selected varieties



3.39

**Sky Valley
Salsa Verde Sauce**
6/12.5 oz.
858867-005641



3.79

**LaCroix
Sparkling Water**
8 pk-12 oz. cans,
selected varieties
(pictured variety may
not be avail. in stores)

The co-op has all your favorite snacks.



2/\$6

**Good Health
Potato Chips**
SPECIAL ORDERS ONLY
5 oz. each, case of 12
755355-008309

decadence with purpose

Alter Eco offers organic, fair-trade and eco-friendly chocolate crafted with premium ingredients, emphasizing sustainability, ethical sourcing and indulgence with a purpose to support people and the planet.



2/\$6

**Alter Eco
Organic Chocolate Bars**
2.65-2.96 oz., selected varieties
SAVE 37%



2/\$6

**Angie's
Boomchickapop
Popcorns**
4.5-7 oz., selected varieties
SAVE 33%



2/\$6

**Kettle Brand
Potato Chips**
4.25-5 oz., selected varieties
SAVE 30%



2/\$8

**Quinn
Filled Pretzel
Nuggets**
5-7 oz., selected varieties
SAVE 36%

surprise and delight in every bite



Discover the exquisite flavors of Chocolove — from delightfully tart raspberries to savory almonds, each bar is bursting with flavor. Crafted with carefully selected ingredients for an indulgence you deserve.

2/\$6

**Chocolove
Chocolate Bars**
3-3.2 oz., selected varieties
SAVE 30%



4.49

**Annie's
Organic Graham
Crackers**
14.4 oz.
SAVE 36%

COOPERATIVELY OWNED



2/\$7

**Blue Diamond
Nut Thins**
4.25 oz., selected varieties

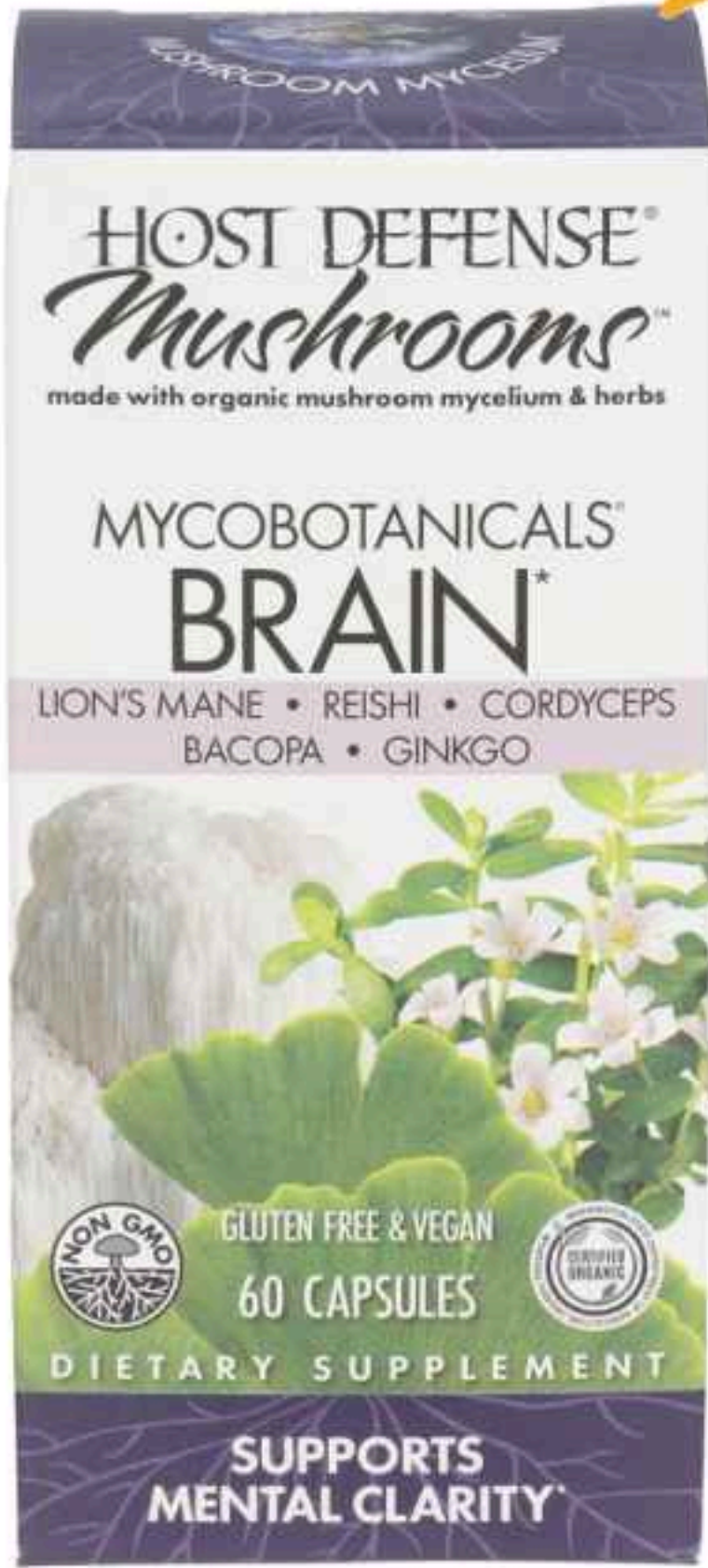
Find something sweet or savory at the co-op.



7.99
Xlear
Nasal Spray
1.5 fl. oz.
700596-000001
SAVE 34%



11.99
T-Relief
Extra Strength
Arnica Cream or Gel
3 oz., selected varieties



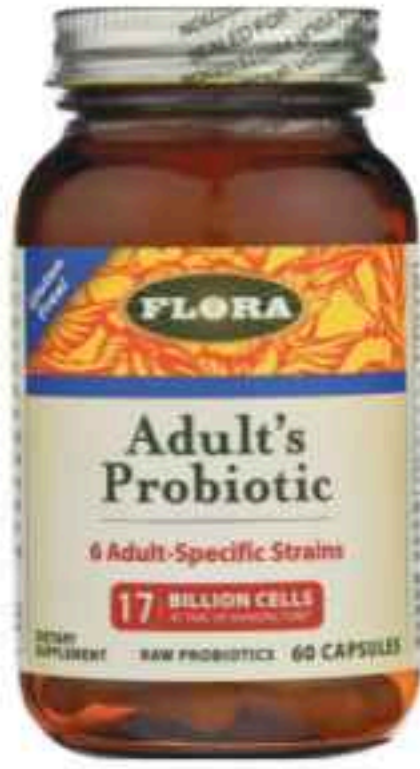
clear out the cobwebs

Feeling sluggish ... mentally? This smart blend of organic mushroom mycelium and herbs is designed for targeted brain support to kick-start your cognition and promote memory and nervous system health.

23.99
Host Defense
MycoBotanicals Brain Supplement
60 ct.
633422-038629



19.99
Barlean's
Organic Flax Oil
16 fl. oz., selected varieties



21.99
Flora
Adult's Probiotic
60 ct.
061998-619605



36.99
Ancient Nutrition
Multi Collagen
Protein Powder
450-472.5 g, selected varieties
SAVE 30%



8.49
Alaffia
Beautiful Curls
Defining Gel
8 fl. oz.
841320-106078
SAVE 32%



8.49
Alaffia
Beautiful Curls
Shampoo or
Conditioner
12 fl. oz., selected varieties
SAVE 32%



9.99
Alaffia
Everyday Coconut
Shampoo or
Conditioner
32 fl. oz.,
selected varieties
SAVE 31%



9.99
Alaffia
Everyday Shea
Shampoo or
Conditioner
32 fl. oz., selected varieties
SAVE 31%

*naturally beautiful,
empowering
communities*

INCLUSIVE TRADE PARTNER

Alaffia is a Black-owned company, and our success is measured by empowerment. Alaffia empowers you to nourish your hair and enhance your curls with clean, effective, natural beauty products while empowering West African communities through environmental sustainability, maternal health and education-based projects.

Find sustainable products at the co-op.

Some items may not be available at all stores or on the same days

Community FOOD CO-OP

Downtown
1220 N. Forest Street
7 am to 9 pm

Cordata
315 Westerly Road
7 am to 9 pm

Shop Online
communityfood.coop

360-734-8158



*making
sustainable
living
commonplace*

This Earth Month, take a small step for tomorrow. Explore sustainable home essentials from **Seventh Generation**.

8.99	2/\$7	4.99	13.99
Seventh Generation 100% Recycled Bath Tissue 12 ct. 732913-137336	Seventh Generation Liquid Dish Soaps 19 fl. oz., selected varieties SAVE 30%	Seventh Generation Disinfecting Cleaner 26 fl. oz. 732913-228102	Seventh Generation Liquid Laundry Detergent 50-90 oz., selected varieties
SAVE 33%			



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



PWNW0425B