

# coop deals®

APR 30 - MAY 20, 2025

## INCLUSIVE TRADE PARTNER

South of France is a women-owned company. Our soap is kettle cooked in small batches and follows a traditional Marseille recipe.



**2/\$6**

South of France  
Bar Soap  
6 oz., selected varieties  
**SAVE 33%**

*blend it up* →



Warm weather and smoothies go together perfectly. Throw your favorite ingredients into the blender and pour in some of Evolutions Fresh's Organic Pure Orange Juice. Cold-pressed and delicious — find it on sale at the co-op!



**7.99**

Evolution Fresh  
Citrus Juice  
59 fl. oz., selected varieties  
**SAVE 27%**



**2/\$3**

Justin's  
Organic Nut  
Butter Cups  
1.32-1.4 oz., selected  
varieties  
**SAVE 40%**



**2/\$7**

Annie's  
Organic Ketchup  
24 oz.  
092325-222250  
**SAVE 34%**



**2/\$8**

Cascadian Farm  
Organic Frozen  
Potatoes  
12-16 oz., selected  
varieties  
**SAVE 30%**



Community  
**FOOD CO-OP**  
good local food

**50**  
YEARS





4/\$5

Chobani  
Greek Yogurts  
*SPECIAL ORDERS ONLY*  
5.3 oz. each, case of 12  
894700-010069

*crafted with high-quality protein*

Thick, creamy and rich in protein, skyr is the traditional yogurt of Iceland. siggi's skyr is made with simple ingredients and not a lot of sugar.

4/\$5

Siggi's  
Skyr Yogurts  
4.4-5.3 oz., selected varieties  
**SAVE 30%**



6.99  
Cocojune  
Organic Coconut  
Cultured Yogurt  
16 oz., selected varieties

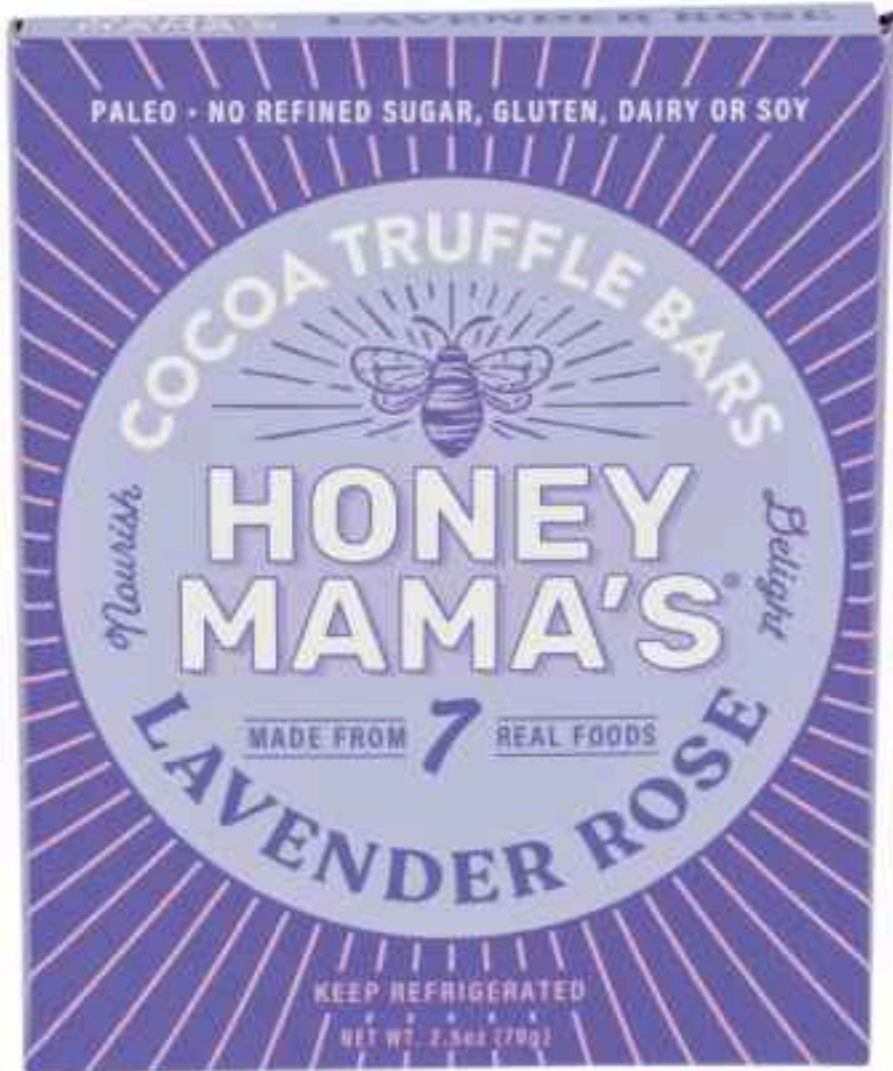


*the original  
cream-top yogurt*

Brown Cow yogurt is sweetened with cane sugar and maple syrup, and it's made without the use of artificial growth hormones, artificial flavors or artificial sweeteners.

3.99

Brown Cow  
Cream Top Yogurt  
32 oz., selected varieties



3.99

Honey Mama's  
Truffle Bar  
2.5 oz., selected varieties  
**SAVE 33%**

Dairy and nondairy options are at the co-op.

Some items may not be available at all stores or on the same days





**5.29**  
Califia Farms  
Original Oatmilk  
48 fl. oz.  
813636-023349

*dabble in dairy free*

For plant-curious foodies seeking delicious and kinder food choices, Miyoko's Creamery is an organic plant milk creamery that crafts the world's finest vegan cheese and butter, empowering people to choose good food that nurtures good in our world.



**Miyoko's Creamery  
Organic Plant Milk  
Cream Cheese**  
8 oz.  
857554-005704  
**SAVE 31%**

COOPERATIVELY OWNED



**4.69**  
Organic Valley  
Oat Creamer  
SPECIAL ORDERS ONLY  
32 each, case of 6  
093966-010527



**4.99**  
Malk  
Organic Plant-based Milk  
SPECIAL ORDERS ONLY  
28 each, case of 6  
861029-000118



**5.99**  
Alexandre Family Farm  
Regenerative Organic  
A2/A2 Milk  
59 fl. oz.  
860414-000115, 860414-000122



*your brew-ed awakening*

Organic, sustainably sourced beans, expertly roasted and brewed for a smooth, irresistibly sippable coffee. It's the perfect kick in the glass to fuel your adventures.

**6.49**  
Chameleon Cold Brew  
Organic Coffee Concentrate  
32 fl. oz., selected varieties  
**SAVE 32%**

COOPERATIVELY OWNED



**5.99**  
Organic Valley  
Stringles Mozzarella  
Cheese Sticks  
8 oz.  
093966-009545

**The co-op has refreshing beverages.**

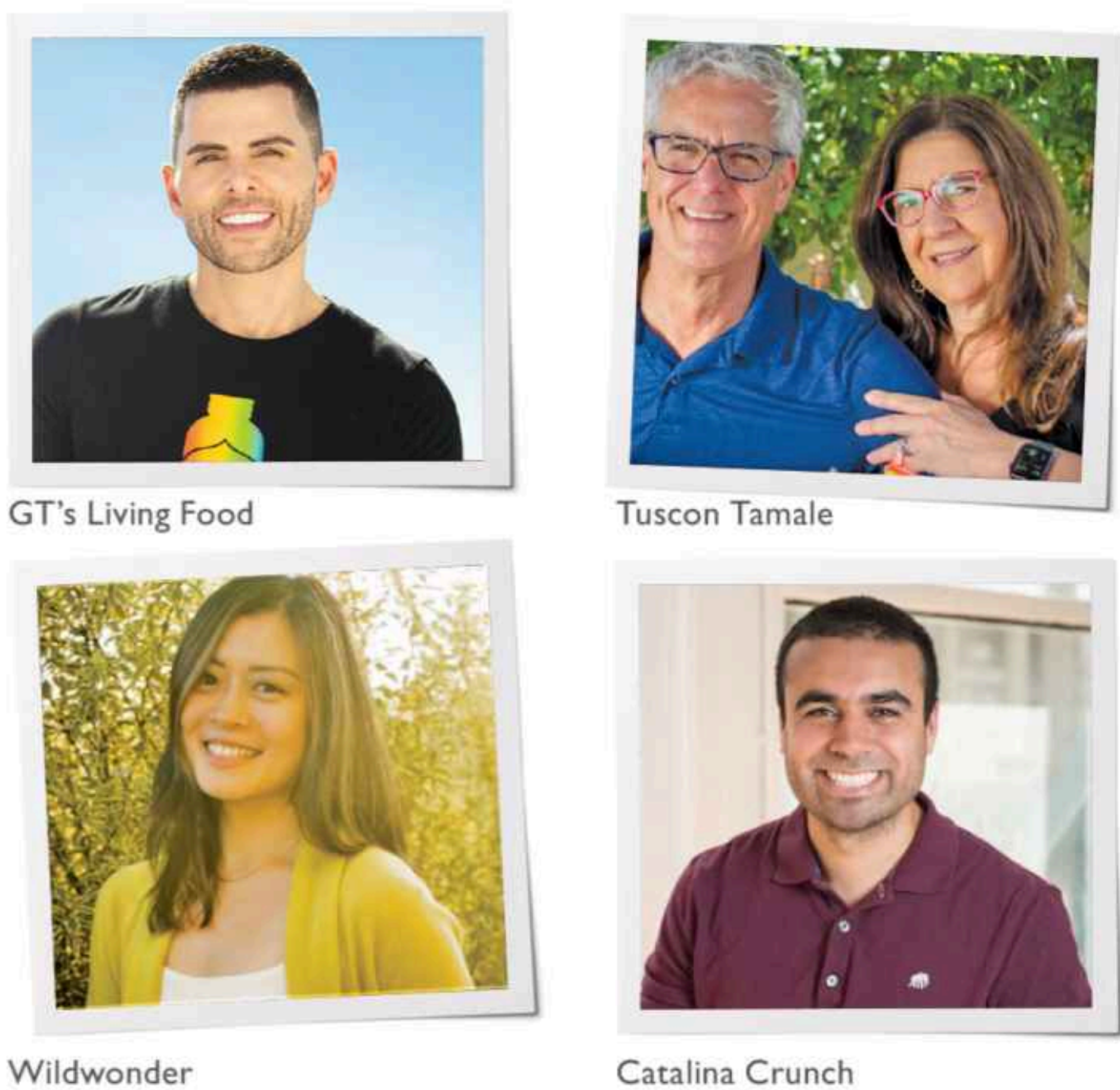
Some items may not be available at all stores or on the same days



inclusive trade

strength in diversity

**INCLUSIVE TRADE**  
Co-ops are committed to creating a more just society by cultivating partnerships with businesses owned by people who identify as women, Black, Indigenous, people of color (POC), LGBTQIA+, persons with disabilities and veterans. Let's celebrate the strength that comes from diversity! Learn about some of our Inclusive Trade brand partners, and find Inclusive Trade products throughout the co-op.



3.29

Nature's Path  
Organic  
Frozen Waffles  
7.4 oz., selected varieties  
*SUBJECT TO  
AVAILABILITY*



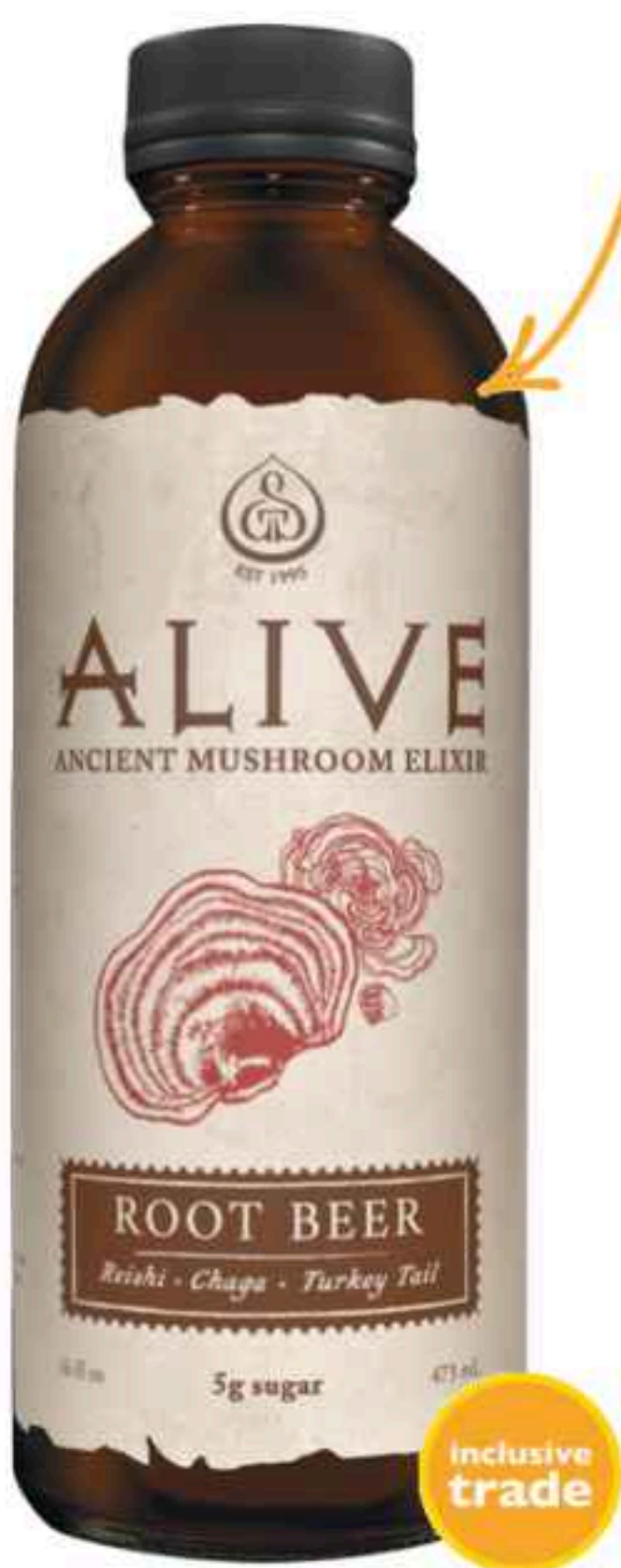
4.49

Harmless Harvest  
Organic Coconut  
Water  
16 fl. oz.  
859078-002153



6.49

Health-Ade  
Organic Kombucha  
*SPECIAL ORDERS ONLY*  
48 oz. each, case of 6  
811184-030918



experience a natural awakening

**INCLUSIVE TRADE PARTNER**  
GT's Living Foods is LGBTQIA+-owned and a leader in fermented foods. Feel clear minded, balanced, energized and, most importantly, **ALIVE** with the potent trio of chaga, reishi and turkey tail mushrooms.

2/\$6

GT's  
Alive Ancient Mushroom Elixirs  
16 fl. oz.

**INCLUSIVE TRADE PARTNER**  
Wildwonder is an Asian- and woman-owned company. We reimagine beverages using gut-healing superfoods, and 5% of our profits go toward empowering women and marginalized communities.

2/\$5

Wildwonder  
Sparkling Prebiotic &  
Probiotic Drinks  
12 fl. oz., selected varieties



Find Inclusive Trade brands throughout the co-op.

Some items may not be available at all stores or on the same days



COOPERATIVELY OWNED



**4.29**  
Organic Valley  
Shredded Cheese  
6 oz., selected varieties  
**SAVE 32%**



**3.99**  
Silver Hills  
Sprouted Bread  
15-22 oz., selected  
varieties



**2/\$8**  
Cascadian Farm  
Organic Fruits  
8-10 oz., selected  
varieties  
**SAVE 41%**



**4.49**  
Oatly  
Non-dairy Frozen  
Dessert  
1 pt., selected varieties



Easy meals and desserts are at the co-op.  
**Have your favorites ready.**



**4.99**  
So Delicious  
Dairy-free Frozen  
Dessert  
1 pt., selected varieties



**5.99**  
Amy's  
Frozen Meals  
8.5-10 oz., selected  
varieties

**INCLUSIVE TRADE PARTNER**  
Tucson Tamale started with a large  
Mexican-American family tradition that  
now makes award-winning tamales.



**5.49** Tucson Tamale  
Tamales  
10-11 oz., selected varieties



**6.99**  
Caulipower  
Cauliflower Crust  
Pizza  
*SPECIAL ORDERS ONLY*  
10.9 oz. each, case of 8  
862871-000325



**6.99**  
Feel Good Foods  
Gluten-free  
Chicken  
Dumplings  
10 oz.  
899039-002037

**Fixings for family meals are at the co-op.**

Some items may not be available at all stores or on the same days





*baked goods baked better*



Udi's Bakery —  
surprisingly gluten free!

**4.39**

**Udi's Gluten Free  
Hamburger or  
Hot Dog Buns**  
10.4-14.3 oz., selected varieties



Make backyard celebrations easy.

**Grilling season is here!**



**4.99**

**JonnyPops  
Frozen Novelties**  
8.25-14.8 fl. oz., selected varieties



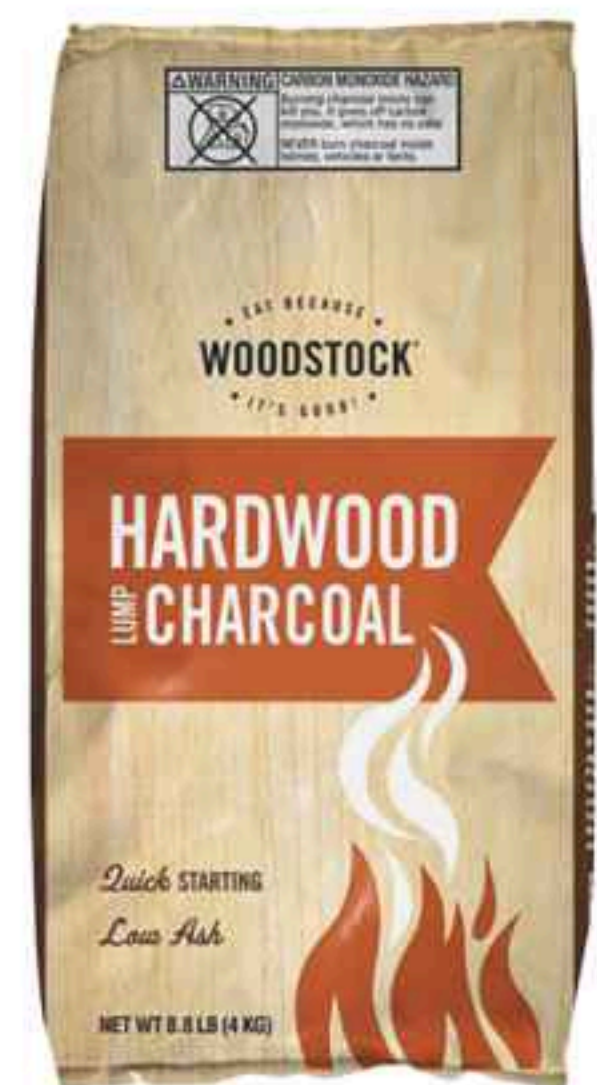
**4.99**

**Dr. Praeger's  
Veggie Burgers**  
10 oz.  
(pictured variety not  
available in stores)  
080868-008004,  
080868-008011



**7.99**

**Beyond Meat  
Plant-based  
Ground Beef**  
16 oz.  
850004-207093



**9.99**

**Woodstock  
Lump Hardwood  
Charcoal**  
8.8 lbs.  
042563-015787  
**SAVE 38%**

**Shop the co-op for outdoor meal ideas.**





**14.99**

**Dr. Bronner's  
Organic Whole Kernel  
Virgin Coconut Oil**  
30 fl. oz.

*a classic Italian staple*

Made with organic, non-GMO corn, Ancient Harvest's Traditional Polenta is the perfect addition to your dinner. Serve as a creamy side dish or slice and pan-fry for crispy polenta cakes.



**2.49**

**Ancient Harvest  
Organic Polenta**  
18 oz., selected varieties

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**2/\$3**

**Simply Organic  
Seasonings**  
.7-1.3 oz., selected  
varieties



**3/\$7**

**Near East  
Couscous Mixes  
or Rice Pilafs**  
5.2-10 oz., selected  
varieties



**2/\$6**

**Wild Planet  
Skipjack Tuna**  
5 oz., selected varieties

*authentic Italian goodness*

Bionaturae tomatoes are harvested at peak ripeness from small family farms in Italy and packed the same day to preserve fresh, authentic flavor. 100% organic, with no additives or preservatives.

**2/\$7**

**Bionaturae  
Organic Tomatoes**

*SPECIAL ORDERS ONLY*  
28.2 oz. each, case of 12  
799210-980027, 799210-980034



**3.69**

**Tasty Bite  
Organic Entrees**  
*SPECIAL ORDERS ONLY*  
10 oz. each, case of 6  
782733-000266



**10.99**

**Cobram Estate  
California Select  
Extra Virgin Olive Oil**  
12.7 oz  
852696-002369

**The co-op helps make dinner easy.**



backyard  
asada season!

Celebrate togetherness, gathered around the grill, with **Siete's** heritage-inspired products. Made with thoughtfully selected ingredients like avocado oil and organic beans, Siete's products invite more people to the table because Juntos es Mejor!



2/\$4

Siete Beans  
15.5-16 oz., selected varieties

SAVE 33%



3.69

Siete Tortilla Chips  
5-7.5 oz., selected varieties

SAVE 38%



3.99

Siete Salsa  
10.5 oz., selected varieties

SAVE 33%



7.99

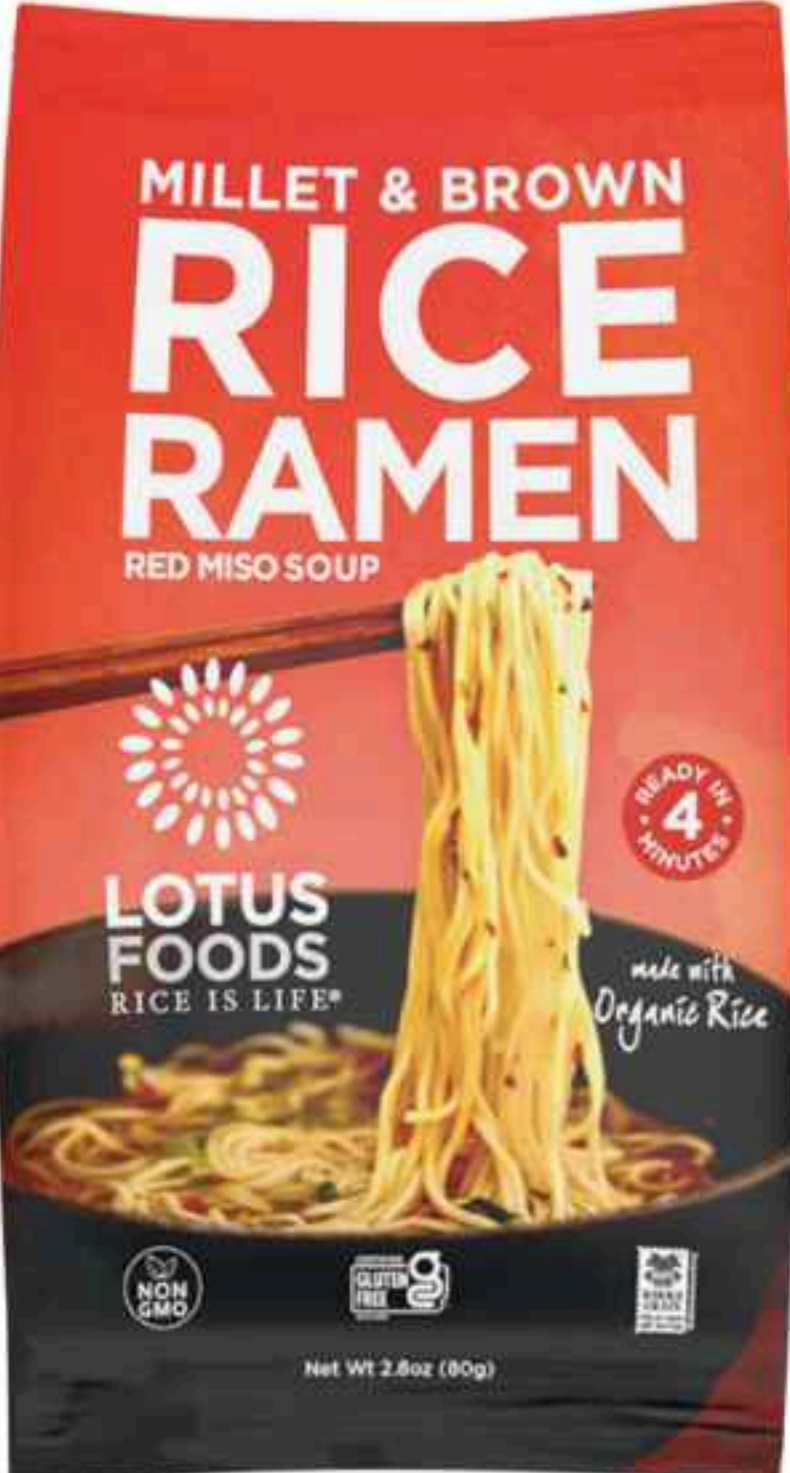
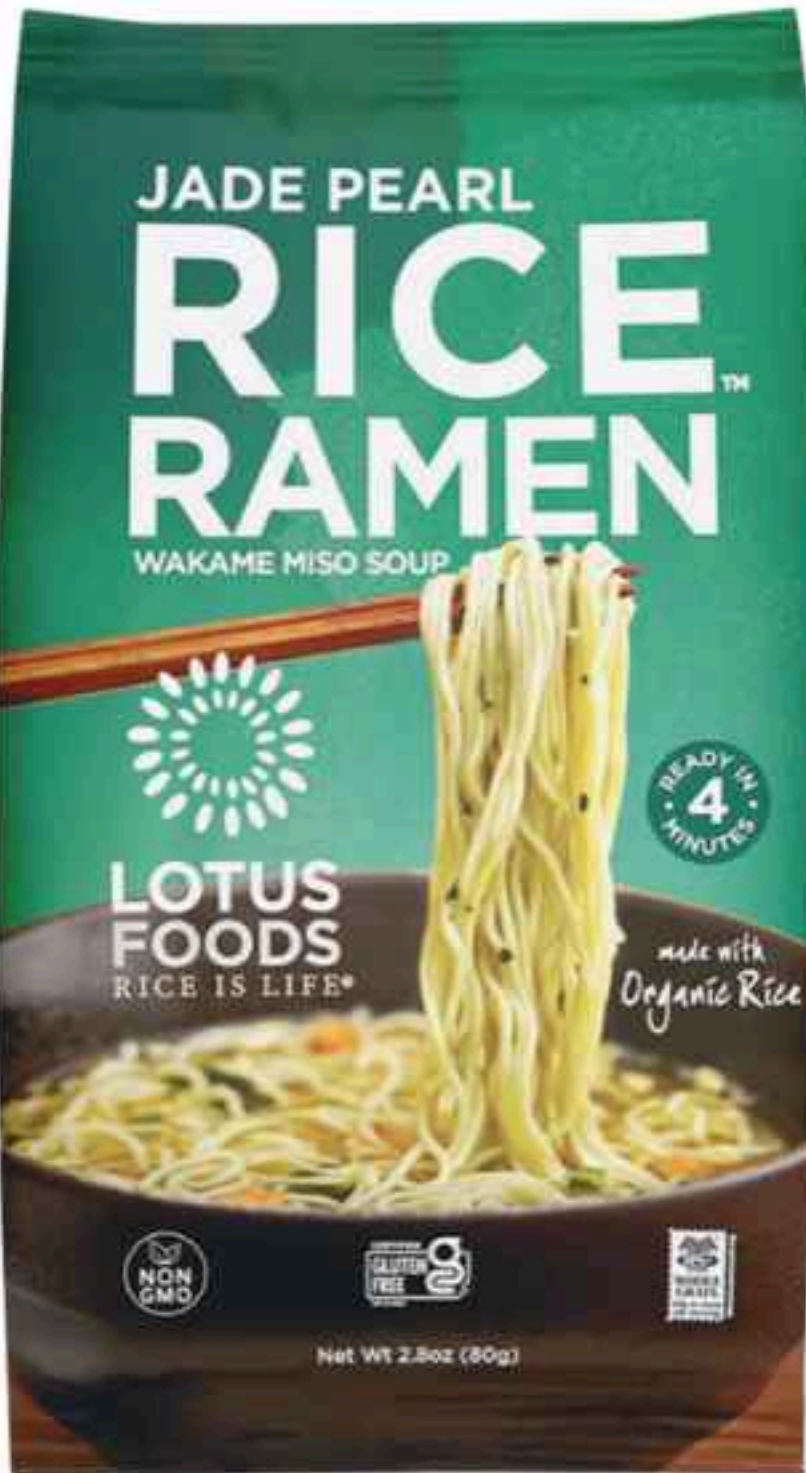
Siete Grain-free Tortillas  
7 oz., selected varieties

better-for-you ramen

Lotus Foods Rice Ramen is a quick and delicious meal! Naturally gluten-free and made with never-fried organic noodles and a savory miso broth.

3/\$5

Lotus Foods Rice Ramens  
2.8 oz., selected varieties



2/\$4

Muir Glen Organic Tomatoes  
14.5-15 oz., selected varieties

SAVE 40%



2/\$7

Jeff's Garden Organic Non-pareil Capers  
6 oz.

073214-007509



7.99

Lucini Italia Organic Pasta Sauce  
SPECIAL ORDERS ONLY  
24 oz. each, case of 6  
648505-507206

Tasty recipe ingredients are at the co-op.

Some items may not be available at all stores or on the same days



INCLUSIVE TRADE PARTNER

Fillo's is a Hispanic-owned company. We offer a range of reimagined Latin staples that are packed with flavor and nutrients.

2.19

Fillo's  
Walking Tamales  
4 oz., selected varieties



2/\$6

Annie's  
Organic Mac & Cheese  
5.5-6 oz., selected varieties

SAVE 30%



2/\$7

Heyday Canning Co.  
Canned Beans  
15 oz., selected varieties



2/\$7

Muir Glen  
Organic Pasta  
Sauces  
23.5 oz., selected varieties



3.99

Garden of Eatin'  
Taco Shells  
5.5 oz., selected varieties



Stock the pantry with your favorites.  
**Eat well, live well.**



3.99

Tinkyada  
Organic Brown  
Rice Pasta  
10-12 oz., selected varieties



7.99

Artisana  
Organic Raw Tahini  
or Coconut Butter  
14 oz., selected varieties  
870001-002583  
870001-002590



17.99

Spectrum  
Organic Extra Virgin  
Olive Oil  
25.4 fl. oz.  
022506-421752



9.99

Fly by Jing  
Sichuan Chili Crisp  
6 oz., selected varieties



Find quick meal solutions at [grocery.coop](https://www.grocery.coop)



*nutritious and delicious*

**KIND** has always been committed to bringing you snacks that harness the power of nutritious ingredients deliciously combined — something that your stomach and brain can agree on.



**2/\$3**  
Kind  
Bars  
1.4 oz., selected varieties  
**SAVE 40%**



**5.49**  
Kind  
Breakfast Bars  
6-1.76 oz. bars, selected varieties  
**SAVE 38%**



**4.99**  
Kind  
Healthy Grain  
Clusters  
*SPECIAL ORDERS ONLY*  
11 oz. each, case of 6  
602652-171826



**2.49**  
Blue Diamond  
Almondmilk  
32 fl. oz., selected varieties



**INCLUSIVE TRADE PARTNER**  
Catalina Crunch is a diverse-owned brand. Our products satisfy your sweet tooth but aren't loaded with sugar and empty carbs.



**6.99**  
Catalina Crunch  
Keto Cereal  
8-9 oz., selected varieties

*scoop up the savings in bulk!*



**2.69**  
Organic Black  
Beans  
*SPECIAL ORDERS ONLY*  
25 pounds in bulk  
026938-326296



**3.49**  
Organic  
Sunflower Seeds  
per pound in bulk



**7.99**  
Organic Mission  
Figs  
per pound in bulk

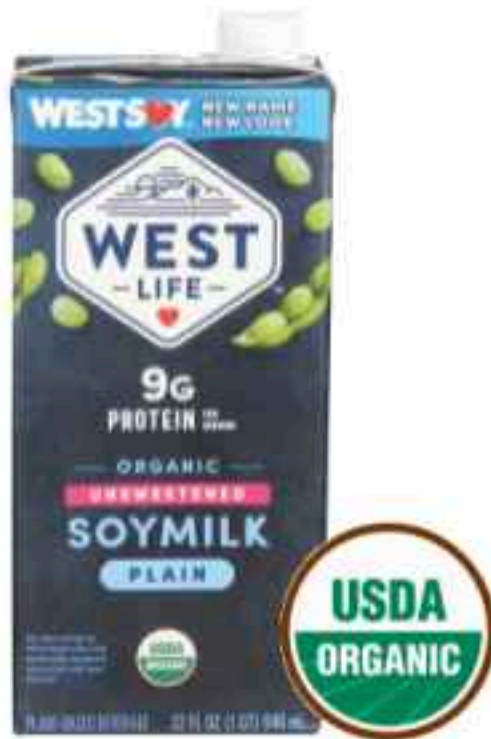
**The co-op helps you start the day.**

Some items may not be available at all stores or on the same days





**2/\$7**  
Earth's Best  
Organic Veggie Puffs  
1.55 oz.  
023923-236028



**3.79**  
West Life  
Organic Soymilk  
32 fl. oz., selected  
varieties



**2/\$7**  
Celestial Seasonings  
Herbal Teas  
20 ct., selected varieties



**5.99**  
Clif  
Organic Zbar  
5pk/6pk.-1.27 oz.  
bars, selected  
varieties



**6.99**  
R.W. Knudsen  
Organic Juice  
32 fl. oz., selected  
varieties

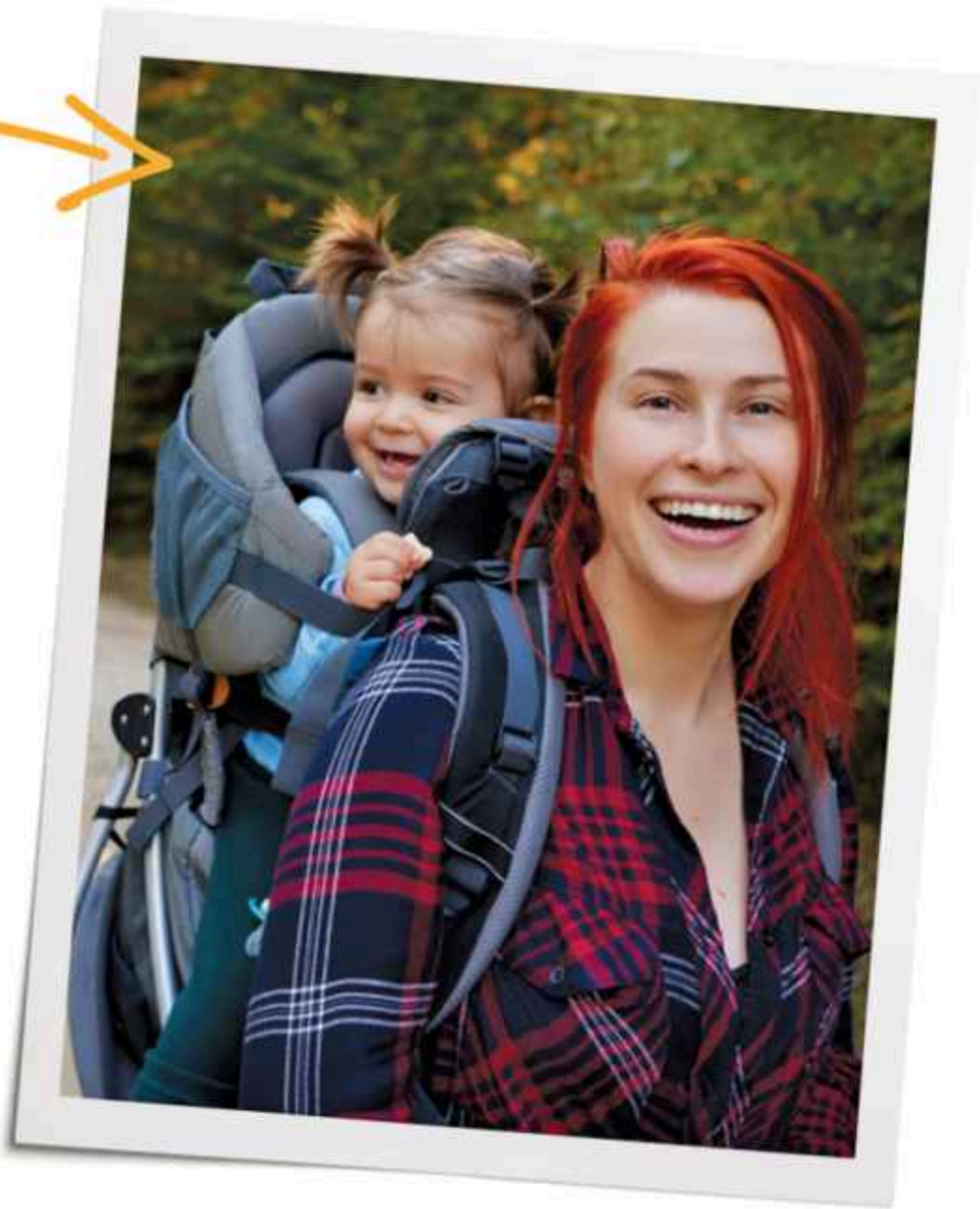
COOPERATIVELY OWNED



**11.99**  
Equal Exchange  
Organic Mind, Body  
& Soul Coffee  
per pound in bulk

## hit the trail

Spending time outside in the fresh air is a great way to enjoy time together. The co-op's got snacks for kids of all ages, so shop for an assortment of options and then lace up those hiking boots!



**4.99**  
Crofter's  
Organic Premium  
Fruit Spread  
16.5 oz., selected varieties

**Great options for outdoor snacks are at the co-op.**

Some items may not be available at all stores or on the same days





**2/\$6**  
The Good Crisp  
Potato Crisps  
5.6 oz., selected varieties



**1.79**  
Gimme  
Organic Seaweed  
Snacks  
.32-.35 oz., selected  
varieties



**2/\$6**  
Good Health  
Potato Chips  
*SPECIAL ORDERS ONLY*  
5 oz. each, case of 12  
755355-008309



**2/\$7**  
From the Ground Up  
Cauliflower Crackers  
*SPECIAL ORDERS ONLY*  
4 oz. each, case of 6  
810571-030050



**2/\$7**  
Unique Snacks  
Pretzels  
*SPECIAL ORDERS ONLY*  
11 oz. each, case of 12  
079927-110116



**4.49**  
Mi-del  
Snaps  
8-10 oz., selected varieties



**4.99**  
Newman's Own  
Sandwich Cookies  
13 oz., selected varieties

Never miss your  
**favorite deals**



Already an app user? Be sure to update  
to the latest version on the Apple App or  
Google Play store.



**5.49**  
Zevia  
Zero Sugar Soda  
6 pk.-12 fl. oz. cans, selected varieties  
**SAVE 30%**

**Download the Co+op Deals app today.**

Some items may not be available at all stores or on the same days





# sparkling mocktails

## SCAN FOR RECIPE

Sweeten your summer days with this Pineapple-Lime Mocktail recipe. Find more summer mocktail ideas on [grocery.coop](https://grocery.coop).



**2.19**  
Essentia  
Ionized Water  
50.7 fl. oz.  
657227-000506



**3.29**  
Theo  
Organic  
Chocolate Bar  
3 oz., selected varieties

**3/\$5**  
Vermont  
Smoke &  
Cure  
Meat Sticks  
1 oz, selected  
varieties



**3.79**  
Dr. Bronner's  
Organic Chocolate  
Bar  
*SPECIAL ORDERS ONLY*  
3 oz. each, case of 12  
018787-505694



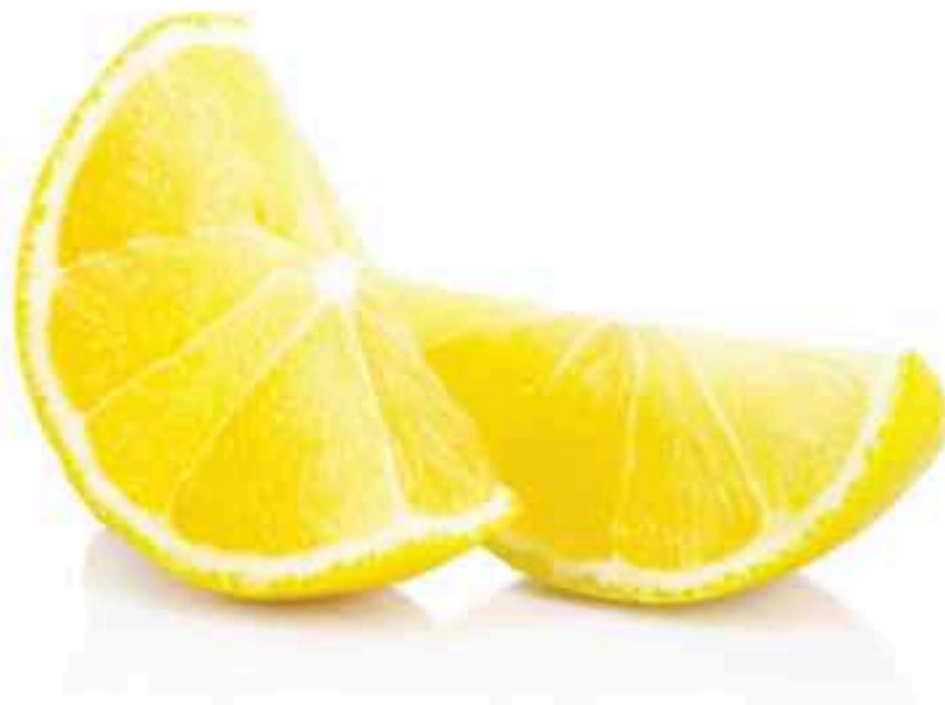
*everyday low price*  
**4.49**  
Field Day  
Coconut Water  
33.8 fluid ounces



**4.49**  
Reed's  
Ginger Ales  
4 pk.-12 fl. oz. cans  
008274-665000  
**SAVE 36%**



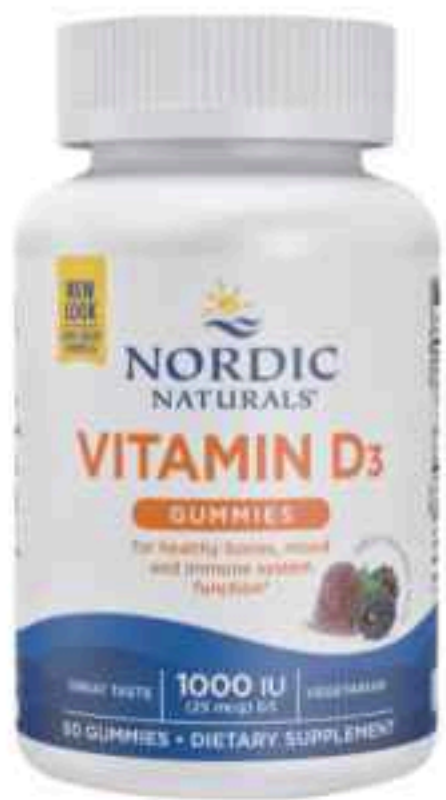
**2/\$8** Waterloo  
Sparkling Water  
8 pk.-12 fl. oz. cans, selected  
varieties



Find fun seasonal recipes at [grocery.coop](https://grocery.coop).

Some items may not be available at all stores or on the same days





**10.99**  
Nordic Naturals  
Vitamin D3 Gummies  
60 ct.  
768990-311406



*ethical sourcing*

ORGANIC INDIA is committed to elevating environmental stewardship beyond “sustainable” — incorporating bio-regenerative farming practices that improve the environment with every crop cycle.

**11.99**  
Organic India  
Whole Husk Psyllium Fiber  
12 oz.  
801541-107612  
**SAVE 48%**



Scoop up the savings at the co-op.  
**Find the best supplements.**

*organic goodness for women*



Whatever stage of life you're in, Garden of Life has delicious organic gummies to meet your needs. Packed with whole food vitamins and minerals, the choice is simple.

**22.99**  
Garden of Life  
Organics Women's Multi  
Gummies  
120 ct., selected varieties  
**SAVE 40%**



**22.99**  
Garden of Life  
Mykind  
Organics Multi  
Gummies  
120 ct., selected  
varieties  
**SAVE 40%**

**Your trusted supplements are at the co-op.**

Some items may not be available at all stores or on the same days



pure plants,  
true benefits

COOPERATIVELY OWNED

Fresh Faced Toner

- 1 oz. distilled water or hydrosol
- 1 oz. witch hazel
- 12 drops Lavender Oil
- 8 drops Frankincense Oil
- 1 tsp. Grapeseed Oil

Directions: In a mist bottle, combine ingredients. To use, shake and mist face, avoiding eyes.



3.49

Aura Cacia  
Grapeseed Oil  
4 fl. oz.

SAVE 34%



7.99

Aura Cacia  
Lavender  
Essential Oil  
.5 fl. oz.

SAVE 30%



14.99

Aura Cacia  
Frankincense  
Essential Oil  
.5 fl. oz.

SAVE 33%



2/\$5

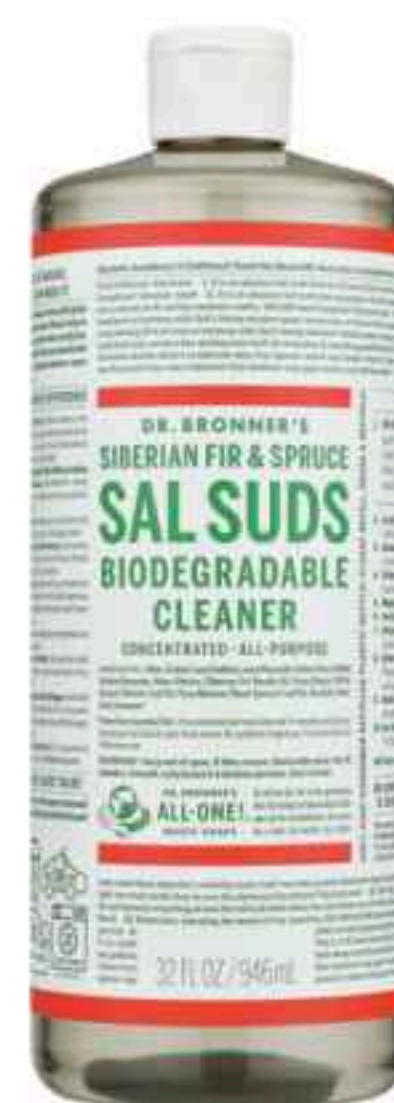
Aura Cacia  
Foam or Mineral Baths  
2.5 oz., selected varieties



7.99

Avalon Organics  
Shampoo or Conditioner  
11 fl. oz., selected varieties

SAVE 30%



10.99

Dr. Bronner's  
Sal Suds  
32 fl. oz.  
018787-766323

INCLUSIVE TRADE PARTNER

Badger is a woman-owned company. We create organic body care products with nourishing nutrients.



11.99

Badger  
Mineral Sunscreen  
Cream  
2.9 fl. oz., selected varieties



15.99

Derma E  
Vitamin C  
Concentrated  
Serum  
2 fl. oz.  
030985-003659

SAVE 30%



27.99

Evanhealy  
Organic Rosehip  
Treatment Facial  
Serum  
SPECIAL ORDERS ONLY  
.5 fl. oz.  
817835-010339

The co-op has gentle products for home and self.



# Community FOOD CO-OP

## Downtown

1220 N. Forest Street  
7 am to 9 pm

## Cordata

315 Westerly Road  
7 am to 9 pm

## Shop Online

communityfood.coop

360-734-8158



let the good times roll

Late July's restaurant-style tortilla chips are made with whole ground corn and seasoned with sea salt. They're organic and Non-GMO Project Verified.

# 2/\$7

Late July

Organic Tortilla Chips

7.4-10.1 oz., selected varieties

**SAVE 30%**



# 2/\$8

C2O

Coconut Waters

33.8 fl. oz.

853883-003114



# 4.99

Green Mountain

Gringo

Salsa

SPECIAL ORDERS ONLY

16 oz. each, case of 12

053852-004009



Scan the QR code to learn more about the quality and values represented by these symbols.



PWNW0525A



Some items may not be available at all stores or on the same days.